

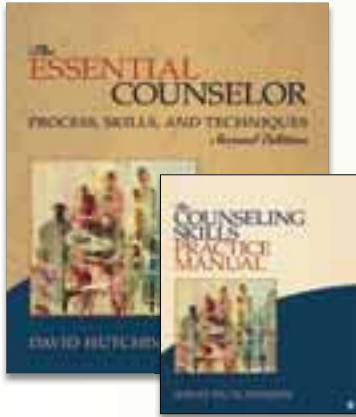
Counseling

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The **ESSENTIAL** **COUNSELOR**

PROCESS, SKILLS, AND TECHNIQUES

Second Edition

David Hutchinson

Johnson State College, Vermont

Practical and inspirational, this comprehensive and affordable course package demonstrates the process of becoming a counselor from start to finish. The text covers all the key topics learned in a skills/methods course, including skills for engaging a client, tools for engagement, lab practice activities, listening skills, developing empathy, and more advanced skills such as assessment, goal setting, and action planning. Author David Hutchinson offers a warm and passionate writing style, combined with real world examples and reflection activities, to help students feel less intimidated.

Paperback & DVD

Price: \$89.95

ISBN: 978-1-4522-0504-5

September 2011, 384 pages

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NEW AND KEY FEATURES

- The accompanying DVD demonstrates six client sessions featuring the author's introduction, an overview of the skills demonstrated, and a post-session review.
- The companion *Counseling Skills Practice Manual* offers a discussion of each skill set, along with examples and practice exercises.
- Personal stories and case examples serve to illustrate and humanize many of the skills discussions.
- Intervention skills taken from a variety of theoretical traditions are matched with appropriate levels of client developmental function.
- Personal reflection exercises and lab practice experiences allow for considerable structured practice of skills.



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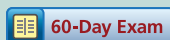
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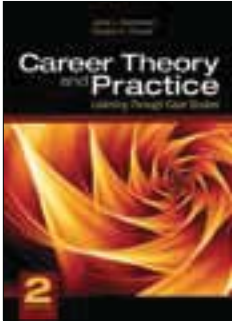
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Career Counseling




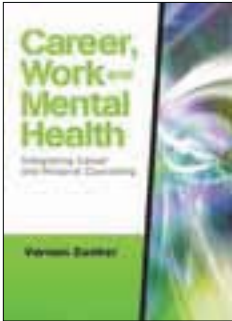
CAREER THEORY AND PRACTICE: Learning Through Case Studies SECOND EDITION

Jane L. Swanson, *Southern Illinois University Carbondale* • Nadya A. Fouad, *University of Wisconsin - Milwaukee*

This text provides students with hands-on, practical examples of how to apply career development theories to career counseling clients. This book serves as that bridge between theory and practice.

CONTENTS 1. Career Counseling: An Overview / 2. The Use of Assessment in Career Counseling / 3. The Case of Leslie / 4. Gender-Aware and Feminist Approaches / 5. Culturally Appropriate Career Counseling / 6. Holland's Theory of Vocational Personalities and Work Environments / 7. The Theory of Work Adjustment / 8. Developmental Theories / 9. Gottfredson's Theory of Circumscription and Compromise / 10. Social Cognitive Career Theory / 11. Summary and Integration

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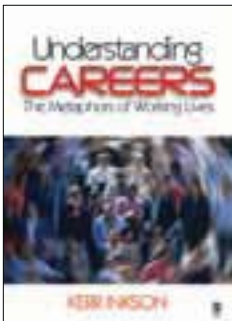
CAREER, WORK, AND MENTAL HEALTH: Integrating Career and Personal Counseling

Vernon Zunker, *Texas State University*

Examining the tightly woven connection between mental health issues and career development, this graduate-level text offers practical, step-by-step procedures for delivering effective intervention strategies. The author includes tactics that are meaningful and relevant to career choice, career development, and the interconnectedness of personal problems.

CONTENTS PART I: CAREER COUNSELING PERSPECTIVES / 1. Introduction / 2. Career Development theories - An Overview / 3. Career Counseling Practices / 4. Constraints Effecting Career Choice and Development / 5. Career Choice and Development and the Changing Nature of Work / **PART II: MENTAL HEALTH ISSUES AND SOLUTIONS** / 6. Depression and its Impact on Career Development / 7. Other Mental Health and Career Concerns / 8. Cultural Diversity Dimensions / 9. Personality Development, Disorders and its Impact on Career / 10. Assessing Personality Development Through Personality Inventories / 11. Work Stress / 12. Interventions and Case Studies

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UNDERSTANDING CAREERS: The Metaphors of Working Lives

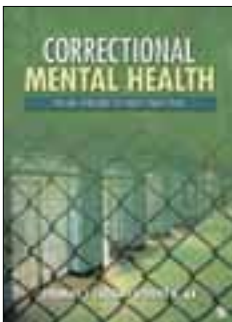
Kerr Inkson

This valuable text uses a unique framework of nine archetypal metaphors to encapsulate the field of career studies. Using an easy-to-read style, author Kerr Inkson examines key concepts, illustrating them with over 50 authentic career cases, to build an excellent bridge between theory and "real life."

CONTENTS 1. Careers and Metaphors / 2. Careers as Inheritances / 3. Careers as Cycles / 4. Careers as Action / 5. Careers as Fit / 6. Careers as Journeys / 7. Careers as Roles / 8. Careers as Relationships / 9. Careers as Resources / 10. Careers as Stories / 11. Careers in Practice / 12. Career Counselling and Metaphor

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Corrections



CORRECTIONAL MENTAL HEALTH: From Theory to Best Practice

Thomas J. Fagan, *Nova Southeastern University, FL* • Robert K. Ax, *Midlothian, Virginia*

This contributed book provides a broad-based, practical guide to treating criminal offenders in a correctional mental health practice. By virtue of a wide selection of readings, this book will offer a solid grounding in theory, current research, and professional literature. In addition, it highlights aspects of clinical experience as presented by current practitioners.

CONTENTS SECTION ONE: CORRECTIONAL PRACTICE: INTRODUCTION AND FOUNDATION / 1. Criminal Justice and Mental Health Systems: The New Continuum of Care System / 2. Comparison of Correctional and Community Mental Health Service Delivery Models / 3. Managing the Mentally Ill from a Correctional Administrator's Perspective / **SECTION TWO: ENTERING CORRECTIONAL PRACTICE** / 4. Clinical Assessment in Correctional Settings / 5. Correctional Treatment / 6. Issues in Multicultural Correctional Assessment and Treatment / 7. Clinical Psychopharmacology in Correctional Settings / 8. Interdisciplinary Collaboration in Correctional Practice / **SECTION THREE: WORKING WITH SPECIAL POPULATIONS** / 9. Offenders with Severe and Persistent Mental Illness / 10. Mental Health Needs of Female Offenders / 11. Substance Abuse and Co-occurring Disorders among Criminal Offenders / 12. Assessment and Treatment of Incarcerated Sex Offenders / 13. Juvenile Offenders / 14. Managing Disruptive Offenders: A Behavioral Perspective / 15. Understanding the Broad Corrections Environment: Responding to the Needs of Diverse Inmates / **SECTION FOUR: THE FUTURE OF CORRECTIONAL MENTAL HEALTH PRACTICE** / 16. Correctional Mental Health: A Best Practices Future

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COUNSELING CRIMINAL JUSTICE OFFENDERS SECOND EDITION

Ruth E. Masters, *California State University, Fresno*

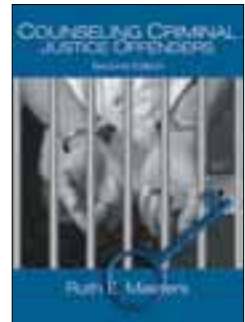
"Excellent book, the best I have read."

—John McCullogh, *South Hills Business School*

This **Second Edition** text takes a practical view of offenders, their problems, and the difficulties counselors face working with them in criminal justice settings. Designed to provide readers with a clear understanding of the counseling process, the book explores practical knowledge of legal principles, appropriate and effective counselor attitudes, and the past and present protocols of American corrections.

CONTENTS 1. Understanding Criminal Justice Counseling / 2. Criminal Justice Counseling Process / 3. The Role and Importance of Emotions in Counseling Criminal / 4. Counseling and the Criminal Justice Offender / 5. Counseling Differences in Male and Female Criminal Justice Offenders / 6. Treating the Criminal Psychopath By Candice Skrapec / 7. Trauma, the Addiction Model, and Repetitive Criminal Behavior / 8. Ethical and Legal Concerns in Counseling Criminal Justice Offenders By Lester P. Pincus / 9. Criminal Justice Counseling Modalities / 10. Effectiveness of Criminal Justice Counseling

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Counseling Skills

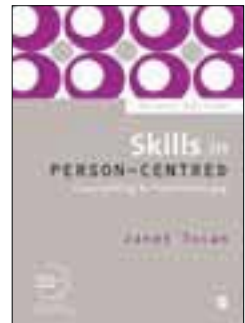
SKILLS IN PERSON-CENTRED COUNSELLING & PSYCHOTHERAPY SECOND EDITION

Janet Tolan, *Consultant, Private Practice*

This book has already helped thousands of beginning practitioners understand the subtleties of the person-centred approach and develop skills in person-centred counselling practice. Now in its second edition, this step-by-step guide takes the reader through the counselling process, providing advice on how to structure and manage therapeutic work in ways which are thoroughly grounded in person-centred principles.

CONTENTS The Theoretical Framework / Empathy / Empathic Understanding / Congruence / Congruence in Practice / Unconditional Positive Regard / Psychological Contact - Basic and Cognitive Contact / Psychological Contact - Emotional and Subtle Contact / The Therapeutic Process / Beginnings and Endings / Professional Issues / Managing the Work in an Organization / Ethical Practice / Debates and Developments in Practice

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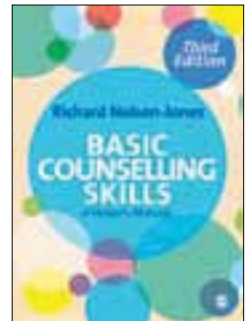
BASIC COUNSELLING SKILLS: A Helper's Manual THIRD EDITION

Richard Nelson-Jones, *Fellow of the British Psychological Society and of the British Association for Counselling and Psychotherapy*

Packed full of exercises and activities, this is a practical introduction to counseling skills for those working, or training to work, in the helping professions, from best-selling author Richard Nelson-Jones.

CONTENTS PART I: INTRODUCTION / Who Are Counsellors and Helpers? / What Are Basic Counselling Skills? / Helpers and Clients as Diverse Persons / What You Bring to Counselling and Helping / The Helping Relationship / The Helping Process / **PART II: SPECIFIC COUNSELLING SKILLS** / Understanding the Internal Frame of Reference / Showing Attention and Interest / Paraphrasing and Reflecting Feelings / Starting, Structuring and Summarizing / Asking Questions / Monitoring / Offering Challenges and Feedback / Self-Disclosing / Managing Resistances and Making Referrals / Facilitating Problem-Solving / Coaching, Demonstrating and Rehearsing / Training Clients in Relaxation / Improving Clients' Self-Talk / Improving Clients' Rules / Improving Clients' Perceptions / Negotiating Homework / Conducting Middle Sessions / Terminating Helping / **PART III: FURTHER CONSIDERATIONS** / Ethical Issues and Dilemmas / Multicultural and Gender-Aware Helping / Getting Support and Being Supervised / Becoming More Skilled

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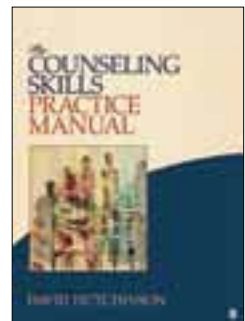
THE COUNSELING SKILLS PRACTICE MANUAL

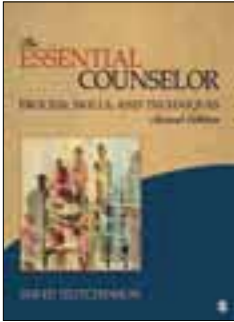
David Hutchinson, *Johnson State College, Vermont*

The **Counseling Skills Practice Manual** is a practical guide for students who are working on improving their counseling skills. Designed as a companion to **The Essential Counselor** (next page) and its accompanying DVD of professionally demonstrated skills, this manual works directly with the student, offering a discussion of each skill set along with examples and practice exercises. It features 12 practice sessions, each of which focuses on a specific counseling skill set.

CONTENTS 1. Getting Started: Using Your Natural Interest and Curiosity About People / 2. Giving and Receiving Feedback / 3. Getting Started With a New Client: Nonverbal Behavior / 4. Using Questions to Engage and Fact-Find / 5. Using Reflections for Engagement and for the Exploration of Feeling / 6. Using Little Tools With Big Effect: Silence and Simple Prompts / 7. Hunches, Challenges, and the Use of Paradox / 8. Making It Personal: Affirming and Promoting Immediacy / 9. Ethical and Cultural Issues / 10. Dealing With Crisis / 11. Working With a Reluctant Client / 12. Putting It All Together: Using Natural and Learned Skills

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THE ESSENTIAL COUNSELOR: Process, Skills, and Techniques **SECOND EDITION**

David Hutchinson, *Johnson State College, Vermont*

The **Second Edition of The Essential Counselor** is a practical and inspirational text. With a warm and passionate writing style, David Hutchinson demonstrates the process of becoming a counselor and developing key skills from start to finish. The author gains credibility through his real world examples and reflection activities, helping students feel less intimidated. The book covers all the key counseling skills learned in a skills/methods course, including skills for engaging a client, tools for engagement, lab practice activities, listening skills, developing empathy, and more advanced skills such as assessment, goal setting and action planning. Additionally, many of the skills described in The Essential Counselor are exemplified with an accompanying DVD that demonstrates skills used with six different client groups.

CONTENTS 1. An Invitation to Counseling Work / 2. Getting Started: Skills and Tasks for Engaging a New Client / 3. Skills for Developing the Relationship / 4. Skills for Deepening the Relationship / 5. Assessment, Goal Setting, and Action Planning / 6. Developing Ethical and Cultural Competency / 7. Essential Action Skills: Working Toward Goals / 8. Skills for Managing Crisis Situations / 9. Advanced Action Skills: Moving Beyond Stability / 10. Exceptional Counseling Challenges / 11. Skills for Ending / 12. The Whole Counselor: Maintaining Health and Perspective

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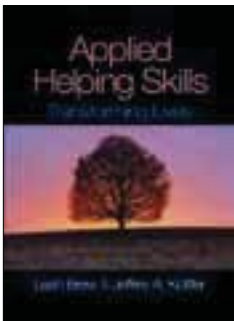
CASE CONCEPTUALIZATION AND TREATMENT PLANNING: Integrating Theory With Clinical Practice **SECOND EDITION**

Pearl S. Berman, *Indiana University of Pennsylvania*

Using compelling client interviews and skill-building exercises, this text shows students how to develop effective case conceptualizations and treatment plans. This new edition has been thoroughly revised and expanded, including the addition of two new theoretical orientations: feminist perspective and constructivist perspective.

/ 1. Developing Case Conceptualizations and Treatment Plans / 2. The Complexity of Human Experience / 3. Behavioral Case Conceptualizations and Treatment Plans / 4. Cognitive Case Conceptualizations and Treatment Plans / 6. Emotion-Focused Case Conceptualizations and Treatment Plans / 7. Dynamic Case Conceptualizations and Treatment Plans / 8. Family Systems Case Conceptualizations and Treatment Plans / 9. Constructivist Case Conceptualizations and Treatment Plans / 10. Transtheoretical Case Conceptualizations and Treatment Plans / 11. Discussion and Extension of the Model

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APPLIED HELPING SKILLS: Transforming Lives

Leah Brew, *California State University, Fullerton* • Jeffrey A. Kottler, *California State University, Fullerton*

Highly practical and student centered, this book is an experiential text focusing on basic skills and core interventions. Although it has a consistent a big-picture perspective, this book emphasizes the role of counselors to make contact with their individual clients, to help them feel understood, and to clarify the major issues that trouble them.

CONTENTS PART I: FOUNDATIONS FOR SKILLS / 1. The Process Revealed / 2. Clients in Need: Individual, Social, and Cultural Factors / 3. Models of Helping / **PART II: SKILLS TO USE WITH INDIVIDUALS** / 4. Skills for Building Collaborative Relationships / 5. Skills of Assessment and Diagnosis / 6. Exploration Skills / 7. Promoting Understanding and Insight / 8. Facilitating Action / 9. Maintaining Progress and Evaluating Results / **PART III: SKILLS TO USE WITH MULTIPLE CLIENTS** / 10. Skills for Family Therapy and Other Roles for Therapists / 11. Group Leadership Skills / 12. Where to Go Next

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THERAPEUTIC COMMUNICATION: Developing Professional Skills

Herschel Knapp, *Mental Health Clinician and Health Science Researcher*

Written in a clear and concise style, this jargon-free text provides student clinicians with the practice principles and fundamental communication skills used to facilitate effective therapeutic communication with clients. Organized into discrete sections to highlight one skill at a time, each chapter follows a unified format including an overview of the skill (e.g., empathy, reflection, validation, etc.); rationale for use; exemplary dialogue between therapist and client demonstrating actual usage of the skill; tutorial commentary embedded in the dialogue example; dialogue debriefing; and suggestions for variations.

CONTENTS 1. Defining the Therapeutic Relationship / 2. Getting Started / 3. Following / 4. Emotional Communication / 5. Leading

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Cross-Cultural & Multicultural Counseling

COUNSELING LGBTI CLIENTS

Kevin Alderson, *University of Calgary*

Counseling LGBTI Clients is a comprehensive, practical, easy-to-read guide for both emerging practitioners and current practitioners, LGBTI individuals, and those who know them. It combines theory, research and practice with a framework that focuses on challenging and changing beliefs and attitudes toward each LGBTI subgroup, gaining current knowledge about the subgroup, and empathetically developing skills to work effectively with the subgroup in a LGBTI-affirmative manner. *Counseling LGBTI Clients* is designed to increase the student's and practitioner's readiness to provide sensitive, informed, and effective affirmative counseling to this largely misunderstood population.

CONTENTS 1. Introduction / 2. Historical and Contemporary Perspectives Regarding LGBTI Individuals / 3. Gay Boys and Men / 4. Lesbian Girls and Women / 5. Bisexual Boys and Men / 6. Bisexual Girls and Women / 7. Fetishistic Crossdressing Children and Adults / 8. Transsexual Boys and Transwomen / 9. Transsexual Girls and Transmen / 10. Intersex Children and Adults / 11. Conclusions

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EXPERIENTIAL APPROACH FOR DEVELOPING MULTICULTURAL COUNSELING COMPETENCE

Mary Fawcett, *Winona State University* • Kathy M. Evans, *University of South Carolina*

Experiential Approach for Developing Multicultural Counseling Competence is an ideal companion text for students preparing for a career in counseling or mental health. Mental health workers-in-training need to learn to work effectively with clients from diverse backgrounds, and this text helps them develop these key skills by providing a ready-made resource of multicultural and diversity activities that instructors can assign to enhance student learning in class. It is applicable to all of the core courses in the counseling curriculum and it is developmentally designed to help students build multicultural and diversity competencies from the beginning level to an advanced level.

CONTENTS 1. Introduction / 2. The Multicultural Counseling Competencies / 3. Dimensions of Personal Identity and Racial Identity Models / 4. Counselor Awareness of Own Cultural Value and Biases, Attitudes and Beliefs / 5. Counselor Awareness of Own Cultural Values and Biases, Knowledge / 6. Counselor Awareness of Own Cultural Values and Biases, Skills / 7. Counselor Awareness of Client's Worldview, Attitudes and Beliefs / 8. Counselor Awareness of Client's Worldview, Knowledge / 9. Counselor Awareness of Client's Worldview, Skills / 10. Culturally Appropriate Intervention Strategies, Beliefs and Attitudes / 11. Culturally Appropriate Intervention Strategies, Knowledge / 12. Culturally Appropriate Intervention Strategies, Skills / 13. Goals and Plans for the Future

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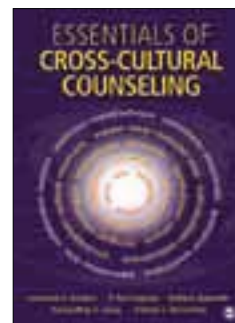
ESSENTIALS OF CROSS-CULTURAL COUNSELING

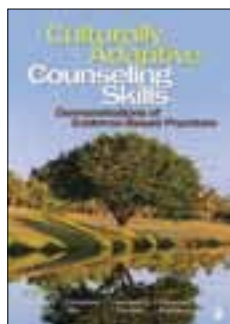
Lawrence H. Gerstein, *Ball State University* • P. Paul Heppner, *University of Missouri, Columbia* • Stefania Aegisdottir, *Ball State University* • Seung-Ming A. Leung, *The Chinese University of Hong Kong* • Kathryn L. Norsworthy, *Rollins College*

Essentials of Cross-Cultural Counseling is a brief, supplemental book derived from the International Handbook of Cross-Cultural Counseling. Edited by a high-profile team with international expertise, the book focuses on the history, issues, challenges, and opportunities for the counseling profession worldwide. It includes nine chapters discussing topics such as cultural, cross-cultural, and cross-national counseling; the counseling profession both domestically and internationally; the theoretical and methodological issues when studying culture; the challenges and opportunities of cross-cultural and cross-national collaboration; and the future of cross-cultural counseling.

CONTENTS 1. Cross-Cultural Counseling By Lawrence H. Gerstein, P. Paul Heppner, Stefania Aegisdottir, Seung-Ming Alvin Leung, and Kathryn L. Norsworthy / 2. The Intersection of Multicultural and Cross-National Movements in the United States By P. Paul Heppner, Stefania Aegisdottir, Seung-Ming Alvin Leung, Changming Duan, Janet E. Helms, Lawrence H. Gerstein, and Paul B. Pedersen / 3. The Counseling Profession In and Outside the United States By Lawrence H. Gerstein, P. Paul Heppner, Rex Stockton, Frederick T. L. Leong, and Stefania Aegisdottir / 4. Exportation of U.S.-Based Models of Counseling and Counseling Psychology By Kathryn L. Norsworthy, P. Paul Heppner, Stefania Aegisdottir, Lawrence H. Gerstein, and Paul B. Pedersen / 5. Theoretical and Methodological Issues When Studying Culture By Stefania Aegisdottir, Lawrence H. Gerstein, Seung-Ming Alvin Leung, Kwong-Liem Karl Kwan, and Walter J. Lonner / 6. Internationalization of the Counseling Profession By Seung-Ming Alvin Leung, Thomas Clawson, Kathryn L. Norsworthy, Antonio Tena, Andreea Szilagyi, and Jennifer Rogers / 7. Crossing Borders in Collaboration By Kathryn L. Norsworthy, Seung-Ming Alvin Leung, P. Paul Heppner, and Li-fei Wang / 8. Cross-Cultural Collaboration By Li-fei Wang and P. Paul Heppner / 9. A Global Vision for the Future of Cross-Cultural Counseling By Lawrence H. Gerstein, P. Paul Heppner, Stefania Aegisdottir, Seung-Ming Alvin Leung, and Kathryn L. Norsworthy

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CULTURALLY ADAPTIVE COUNSELING SKILLS: Demonstrations of Evidence-Based Practices

Miguel E. Gallardo, *Pepperdine University* • Christine J. Yeh, *University of San Francisco* • Joseph E. Trimble, *Western Washington University* • Thomas A. Parham, *University of California, Irvine*

A key supplement for courses on multicultural counseling, this book is a practical volume that will help faculty and students see demonstrations of multicultural counseling in practice. The text covers evidence-based practices for working with five major ethnic groups, while weaving in other factors such as gender, disability, sexuality, and more. Each chapter has two case studies by an invited expert who also provides commentary and lessons drawing upon each case.

CONTENTS 1. Introduction and Overview By Authors / **PART I: - AFRICAN CENTERED APPLICATIONS OF THE SISIM** / 2. Delivering Culturally Competent Therapeutic Services to African American Clients By Thomas A. Parham / 3. Case Illustration: Reflections on the Culturally Adaptive Model of Counseling for Persons of African Descent By Cheryl Tawede Grills / 4. Case Illustration: Exploring African American Case with the AA-SISIM By Anderson J. Franklin / **PART II: - SOCIOCULTURAL SPECIFIC THERAPEUTIC SKILLS FOR LATINA/OS: EXPANDING OUR EVIDENCE-BASED PRACTICE PERSPECTIVES** / 5. Therapists as Cultural Architects and Systemic Advocates By Miguel E. Gallardo / 6. Case Illustration: Evidence-based Practice with Latina/o Adolescents and Families By I. David Acevedo-Polakovich, PhD & Cheryl Gering, MA / 7. Case Illustration: Implementation and Application of Latina/o Values in Practice By Susana O. Salgado / **PART III: - CULTURALLY ADAPTED COUNSELING SKILLS FOR ASIAN AMERICANS AND PACIFIC ISLANDERS** / 8. Working with Asian American and Pacific Islander Clients By Christine J. Yeh / 9. Case Illustration: Culturally Adaptive Model of Counseling By Nita Tewari & Arpana Inman / 10. Case Illustration: A Culturally Adaptive Conceptualization for 1.5 Generation of Southeast Asian Americans By Jorge Wong & Kao Chiu Saechao, M.S.W. / **PART IV: - NORTH AMERICAN INDIAN AND ALASKA NATIVE COMMUNITIES: MOVING BEYOND THE SURFACE LEVEL** / 11. Working with North American Indian and Alaska Native Clients By Joseph E. Trimble / 12. Case Illustration: The Treatment of PTSD with a Laguna Pueblo Woman By Jeff King / 13. Case Illustration: The Throw Away Boy: The Case of an Eastern Woodlands American Indian Adolescent By Gayle Skawennio Morse & Angela M. Enno / **PART V: - CHALLENGING MISPERCEPTIONS AND WIDENING THE LENS: MIDDLE EASTERN AMERICANS** / 14. Middle Eastern Americans (MEA) in Therapy: An Application of the Skills Identification Stage Model By Maryam Sayyedi, Noha Alshugairi & Metra Azar Salem / 15. Case Illustration: The Case of Kian: Application of the MEA-SISIM By Maryam Sayyedi, Noha Alshugairi & Metra Azar Salem / 16. Case Illustration: The Case of Mena and Ahmad: Application of the MEA-SISIM By Maryam Sayyedi, Noha Alshugairi & Metra Azar Salem / **PART VI: - WHERE DO WE GO FROM HERE: EDUCATION, TRAINING, PRACTICE AND RESEARCH IMPLICATIONS** / 17. "So what should I actually do?" Developing Skills for Greater Multicultural Competence By Rebecca L. Toporek / 18. Multicultural Counseling in a Multitheoretical Context: New Applications for Practice By Jeff E. Harris / 19. Ecological and Culturally Responsive Directions for the Skills Identification Stage Model By Yeh et al.


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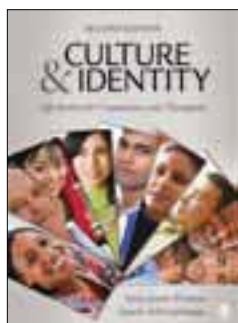
CULTURE AND IDENTITY: Life Stories for Counselors and Therapists SECOND EDITION

Anita Jones Thomas, *Loyola University, Chicago* • Sara E. Schwarzbaum, *Northeastern Illinois University*

Combining compelling real-life autobiographies with sound theoretical formulations that explore race, ethnicity, gender, class, religion, sexual orientation, and disability, this multicultural counseling text uniquely prepares students for real-life clinical situations and helps them to understand the influence of culture on identity development, sense of self, family, and interpersonal relationships. Each chapter includes theoretical content tied to a story, with a comprehensive and varied array of themes that current and future clinicians are likely to encounter in their own clients' histories.

CONTENTS 1. Self in Context / **SECTION I: RACE/ETHNICITY** / 2. Julie's Story / 3. Butch's Story / 4. Betsie's Story / 5. Maribel's Story / **SECTION II: IMMIGRATION** / 6. Vu's Story / 7. Esteban's Story / 8. Maria Luz's Story / 9. Teresa's Story / **SECTION III: RELIGION** / 10. Frank's Story / 11. Bob's Story / 12. Katie's Story / **SECTION IV: SOCIAL CLASS** / 13. Carla's Story / 14. Anthony's Story / **SECTION V: SEXUAL ORIENTATION** / 15. Karen's Story / **SECTION VI: DISABILITY** / 16. David's Story

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UPDATED EDITION OF BESTSELLER

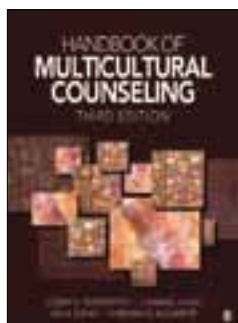
HANDBOOK OF MULTICULTURAL COUNSELING THIRD EDITION

Joseph G. Ponterotto, *Fordham University* • J. Manuel Casas, *University of California, Santa Barbara* • Lisa A. Suzuki, *New York University* • Charlene M. Alexander, *Ball State University*

Widely respected as the classic text in the field, the **Handbook of Multicultural Counseling** is the world's most cited work on multicultural counseling. The new Third Edition is completely updated and expanded, with 53 brand new chapters covering state-of-the-art advances in theory, ethics, research, measurement, and clinical practice and assessment in multicultural counseling and therapy.

CONTENTS PART I: HONORING OUR ELDERS: LIFESTORIES OF PIONEERS IN MULTICULTURAL COUNSELING AND PSYCHOLOGY / PART II: ETHICS IN MULTICULTURAL COUNSELING / PART III: EMERGING AND INTERNATIONAL ISSUES IN MULTICULTURAL COUNSELING / PART IV: RACIAL, ETHNIC, AND GAY/LESBIAN/BISEXUAL IDENTITY DEVELOPMENT: UPDATES ON THEORY, MEASUREMENT, AND COUNSELING IMPLICATIONS / PART V: ACCULTURATION / PART VI: MULTICULTURAL COUNSELING RESEARCH / PART VII: SPIRITUAL AND RELIGIOUS ISSUES IN COUNSELING / PART VIII: MULTICULTURAL HEALTH COUNSELING: THE INTERSECTION OF PHYSICAL AND MENTAL HEALTH / PART IX: COUNSELOR SOCIAL JUSTICE IN ACTION: LESSONS FROM THE FIELD / PART X: MULTICULTURAL CAREER COUNSELING AND DEVELOPMENT: UPDATES ON THEORY AND PRACTICE

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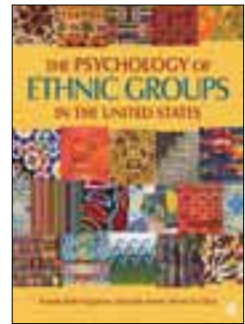
THE PSYCHOLOGY OF ETHNIC GROUPS IN THE UNITED STATES

Pamela Balls Organista, *University of San Francisco* • Gerardo Marin, *University of San Francisco* • Kevin M. Chun, *University of San Francisco*

This comprehensive, research-based text allows undergraduate psychology students to explore fundamental issues and methods that distinguish the field of ethnic psychology within mainstream psychology. Combining theory with practical examples, it examines ethnic identities, acculturation, and biculturalism, while aiming to increase readers' sensitivity, awareness, and knowledge regarding the role of ethnicity and culture in human behavior.

CONTENTS 1. ETHNIC DIVERSITY AND PSYCHOLOGY / 2. BASIC THEORETICAL CONCEPTS / 3. METHODOLOGICAL ISSUES IN ETHNIC PSYCHOLOGY RESEARCH / 4. ACCULTURATION / 5. INTERSECTING IDENTITIES: ETHNIC, RACIAL, GENDER, SEXUAL, AND CLASS DIMENSIONS / 6. FAMILY STRUCTURE, RELATIONS, AND SOCIALIZATION / 7. SOCIAL BEHAVIOR IN AN ETHNICALLY DIVERSE SOCIETY / 8. PHYSICAL HEALTH / 9. PSYCHOLOGICAL DISTRESS AND TREATMENT ISSUES / 10. AN EPILOGUE ON THE FUTURE OF ETHNIC PSYCHOLOGY

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DIMENSIONS OF MULTICULTURAL COUNSELING: A Life Story Approach

Sara E. Schwarzbaum, *Northeastern Illinois University* • Anita Jones Thomas, *Loyola University, Chicago*

This collection of life stories offers compelling narratives by individuals from different ethnic groups, religions, sexual orientations, and social classes. By weaving these engaging stories with relevant theoretical topics, this textbook provides deeper levels of understanding on how cultural factors influence identity, personality, worldview, and mental health.

CONTENTS SECTION I. CONCEPTUAL FRAMEWORKS / 1. Multiculturalism, Theory and Competence / 2. Oppression and Resilience / 3. Self in Context / SECTION II. DIMENSIONS OF RACE AND ETHNICITY / 4. Julie's Story: So What if I'm a Black Woman? / 5. Butch's Story: Who Am I? / 6. Betsie's Story: I Am / 10. Percent Jewish / 7. Maribel's Story: When Are You Going to Have Kids? / SECTION III: DIMENSIONS OF IMMIGRATION AND ACCULTURATION / 8. Vu's Story: I Am an American / 9. Esteban's Story: Still Uprooted / 10. Maria Luz's Story: Here We Are Not Free / 11. Teresa's Story: I Didn't Want to Go to Church on Sunday / SECTION IV: DIMENSIONS OF RELIGION AND SPIRITUALITY / 12. Frank's Story: Hearing God's Voice / 13. Bob's Story: The Good Christian Son / 14. Katie's Story: Catholic and Jewish? How Can It Be? / SECTION V: DIMENSIONS OF SOCIAL CLASS / 15. Carla's Story: One More Mile / 16. Anthony's Story: From Radical to Bohemian to Suit Me / SECTION VI: DIMENSIONS OF SEXUAL ORIENTATION / 17. Karen's Story: Midlife Growing Pains / 18. Transgender and Intersex Sexuality / 19. Rachel's Story: Nurturing the Spirit

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CULTURALLY ALERT COUNSELING: A Comprehensive Introduction SECOND EDITION

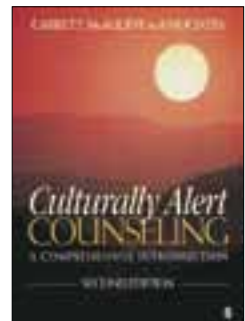
Garrett McAuliffe and Associates, *Old Dominion University*

A comprehensive, readable introduction to the cultural dimensions of counseling and psychotherapy is now available. National leaders in each topic have been selected to provide an accessible, yet thorough, presentation of culturally alert counseling. An introduction to the nature of counseling and culture begins the book, followed by chapters on Social Inequality, Race, and Ethnicity. The succeeding chapters reveal the characteristics, histories, mental health issues, and appropriate counseling strategies for each of eleven cultural groupings. The book ends with a thorough presentation of actual culturally alert counseling practice. Seven dimensions combine to make the book unique, namely thoroughness, inclusiveness, theoretical foundations, practicality, readability, activity, and modeling. In the first case, this book broadens the discussion of culture from ethnicity and race to include social class, religion, gender, and sexual orientation. Finally, culturally alert counseling skills are modeled in an accessible, vital demonstration video that accompanies the book. Ultimately, readers will leave informed, moved, and changed by the encounters with culture that lie in these pages. They will also be ready to begin practice equipped with both a vision of the work and practical skills in implementing it.

New to this Edition: Updated DVD content and interviews / New chapters on Disability and Arab Americans / Streamlined content for less overlap between chapters

CONTENTS PART I: INTRODUCTION / What Is Culturally Alert Counseling? / Social Inequality and Social Justice / Ethnicity / Race / PART II: MAJOR ETHNIC GROUPINGS / African Americans / East and Southeast Asian Americans / Native Americans / European Americans / Middle Eastern Americans / Latino/Latina Americans / South Asian Americans / PART III: SOCIAL GROUPS / Social Class / Gender / Lesbian, Gay, Bisexual, and Transgendered Clients / Religion and Spirituality / PART IV: IMPLICATIONS FOR PRACTICE / The Practice of Culturally Alert Counseling

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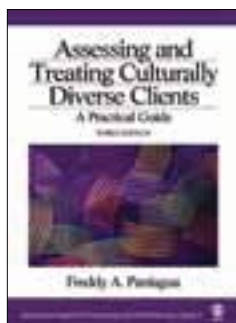
COUNSELING ACROSS CULTURES SIXTH EDITION

Paul B. Pedersen, *Syracuse University (Emeritus); University of Hawaii (Visiting)* • Walter J. Lonner, *Western Washington University, USA (Emeritus)* • Juris G. Draguns, *Pennsylvania State University* • Joseph E. Trimble, *Western Washington University*

The **Sixth Edition** of this text contains various perspectives on counseling individuals from a substantial number of diverse cultural contexts. The contributors examine the cultural context of accurate assessment and appropriate interventions in counseling, highlighting work with groups including African Americans, Asian Americans, Hispanics, American Indians, refugees, and international students.

CONTENTS PART I: BASIC ISSUES IN CROSS-CULTURAL COUNSELING / 1. Ethics, Competence, and Professional Issues in Cross-Cultural Counseling By Paul B. Pedersen / **2.** Universal and Cultural Threads in Counseling Individuals By Juris G. Draguns / **3.** Appraisal and Assessment in Cross-Cultural Counseling By Walter J. Lonner and Farah A. Abraham / **4.** Guidelines and Competencies for Research in Cross-Cultural Counseling Research By Joseph G. Ponterotto and Ingrid Grieger / **PART II: COUNSELING IN ETHNOCULTURAL CONTEXTS / 5.** Cultural Considerations and Perspectives for Providing Psychological Counseling for Native American Indians By Joseph E. Trimble and John Gonzalez / **6.** The Big Picture: Theorizing Self-Concept Structure and Construal By William E. Cross and Tuere Binta Cross / **7.** Counseling Asian Americans: Client and Therapist Variables By Frederick T. L. Leong, Szu-Hui Lee, and Dorsi Chang / **8.** ¡Adelante! Counseling Latina/os From Guiding Theory to Practice By J. Manuel Casa, Jason Duque Raley, and Melba J.T. Vasquez / **9.** Counseling Arab and Muslim Clients By Marwan Dwairy / **10.** Counseling Persons of Black African Ancestry By Ivory Achebe Toldson / **PART III: COUNSELING BROADLY-DEFINED CULTURAL POPULATIONS / 11.** Updating Gender Issues in Multicultural Counseling By Amy Harkins, Sunny S. Hansen, and Elizabeth M. P. Gama / **12.** Culturally-Appropriate Counseling Considerations for Lesbian and Gay Clients By Mark Pope / **13.** Counseling the Marginalized By Melanie Domenech Rodriguez, Charleas T. McNeal, and Ana Marie Cauze / **14.** Cross-Cultural Gerontological Counseling: Current Models and Common Issues By Carrie L. Hill and Susan J. Eklund / **15.** School Counselors: Professional Origins in Cross-Cultural Counseling By Susanna A. Hayes and Arleen C. Lewis / **PART IV: COUNSELING INDIVIDUALS IN TRANSITIONAL, TRAUMATIC, OR EMERGENT SITUATIONS / 16.** Counseling International Students By Nancy Arthur / **17.** The ABCs of Acculturation: Implications for Counselors By Colleen M. Ward / **18.** Counseling Refugees and Migrants By Fred Bemak and Rita Chi-Ying Chung / **19.** Counseling Disaster Survivors: Implications for Cross-Cultural Mental Health By Fred Bemak and Rita Chi-Ying Chung / **PART V: COUNSELING IN THE CONTEXT OF SOME COMMON CULTURE-MEDIATED CIRCUMSTANCES / 20.** Spirituality in Counseling Across Cultures: Many Rivers to the Sea By Mary A. Fukuyama, Todd Sevig, and Johanna Soet / **21.** Health Psychology in Multiethnic Perspective By Frances E. Aboud / **22.** Cultural Confrontation: A Skill of Advanced Cultural Empathy By Charels R. Ridley, Lanaya L. Ethington, and P. Paul Heppner / **23.** Drug and Alcohol Abuse in Cross-Cultural Counseling By Gerald Mohatt, James Allen, and Lisa Rey Thomas / **24.** Family and Counseling With Ethnic Groups By James Georgas

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ASSESSING AND TREATING CULTURALLY DIVERSE CLIENTS: A Practical Guide THIRD EDITION

Edited by Freddy A. Paniagua, *US Army Center for Health Promotion and Preventive Medicine*

A best-seller in its previous edition, this **Third Edition** quickly summarizes key practical guidelines that all clinicians can apply when assessing, diagnosing, or treating culturally diverse clients. The author also addresses clinical work with African American, Hispanic, American Indian, and Asian clients.

CONTENTS 1. Minority, Multicultural, Race, and Ethnicity Concepts / **2.** General Guidelines for the Assessment and Treatment of Culturally Diverse Clients / **3.** Guidelines for the Assessment and Treatment of African American Clients / **4.** Guidelines for the Assessment and Treatment of Hispanic Clients / **5.** Guidelines for the Assessment and Treatment of Asian Clients / **6.** Guidelines for the Assessment and Treatment of American Indian Clients / **7.** Guidelines for the Prevention of Attrition with African American, American Indian, Asian, and Hispanic Clients / **8.** Guidelines for Evaluating and Using the Epidemiological Mental Health Literature with Culturally Diverse Groups / **9.** Using Culturally Biased Instruments / **10.** Using Cultural Variables in the Diagnostic and Statistical Manual of Mental Disorders

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Ethics

ETHICS IN COUNSELING AND THERAPY: Developing an Ethical Identity

Rick A. Houser, *University of Alabama at Birmingham* • Stephen Thoma, *The University of Alabama*

Ethics in Counseling and Therapy develops students' ethical competence through an understanding of theory. Houser and Thoma help the counselor form his or her own ethical identity and reflect on his or her own values and issues by presenting a theoretical framework that draws on theories from disciplines such as philosophy, sociology, and moral psychology.

CONTENTS SECTION 1. INTRODUCTION AND FOUNDATION OF ETHICAL REASONING AND DECISION-MAKING / 1. Introduction / 2. Professional Identity and Ethics / 3. Awareness and Sensitivity to Ethical Issues and Motivation to Act Ethically / 4. Cognitions and Reasoning/Hermeneutics / **SECTION 2. ETHICAL ISSUES IN COUNSELING** / 5. Client Autonomy and Client Rights / 6. Dual Relationship-Boundary Issues / 7. Counselor Competence / 8. Multicultural Competence / 9. The Use of Technology and Ethics / 10. Supervision and Ethics / 11. Ethical Use of Research in Counseling Practice / 12. Professional Codes of Ethics and the Law / **SECTION 3. ETHICAL THEORIES AND CASES** / 13. Western Theories of Ethics / 14. Eastern Theories of Ethics / 15. Middle Eastern Theories of Ethics / 16. Native American, Latino and Pan African Ethics

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DECODING THE ETHICS CODE: A Practical Guide for Psychologists, Updated SECOND EDITION

Celia B. Fisher, *Center for Ethics Education, Fordham University*

This special Updated **Second Edition** of **Decoding the Ethics Code** includes the latest 2010 Amendments to the American Psychological Association's (APA) Ethical Principles of Psychologists and Code of Conduct. Geared toward students enrolled in ethics courses in psychology, counseling, and social work, as well as to professionals in the field, this highly praised book demystifies the APA Ethics Code. Author Celia B. Fisher, who chaired the APA Ethics Code Task Force, offers this insider's guide on how students and seasoned professionals can effectively and ethically conduct themselves in the practice and science of psychology, avoid ethical violations of the Code, and, most important, preserve and protect the fundamental rights and welfare of those with whom they work.

CONTENTS PART I: INTRODUCTION AND BACKGROUND / 1. A Code of Ethics for Psychology: How Did We Get Here? / 2. The Introduction and Applicability Section, Preamble, and General Principles: What Do They Mean? / 3. The APA Ethics Code and Ethical Decision Making / **PART II: ENFORCEABLE STANDARDS** / 4. Standards for Resolving Ethical Issues / 5. Standards on Competence / 6. Standards on Human Relations / 7. Standards on Privacy and Confidentiality / 8. Standards on Advertising and Other Public Statements / 9. Standards on Record Keeping and Fees / 10. Standards on Education and Training / 11. Standards on Research and Publication / 12. Standards on Assessment / 13. Standards on Therapy

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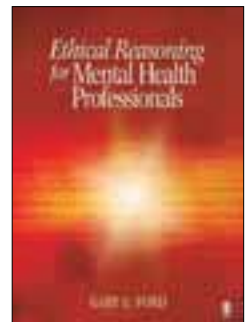
ETHICAL REASONING FOR MENTAL HEALTH PROFESSIONALS

Gary G. Ford, *Stephen F. Austin State University*

This must-have text addresses a fundamental need of ethics training in psychology and counseling: the development of reasoning skills to resolve the complex professional ethical issues that arise. Author Gary G. Ford provides readers with a background in ethical reasoning and introduces them to an easy-to-follow eight step model of ethical decision-making.

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Family Therapy



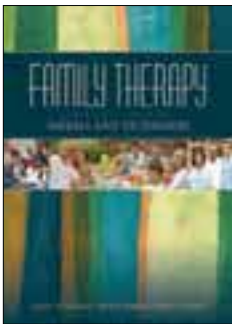
INDIVIDUAL AND FAMILY STRESS AND CRISES

Janice Gauthier Weber

Organized by stress model, this book helps readers understand the relationships among models, research, crisis prevention, and crisis management with individuals and families. Providing a balance of theory, research, hands-on applications, and intervention strategies, this innovative text presents a comprehensive overview of the field.

CONTENTS PART I: HISTORY AND DEFINITION OF STRESS THEORY / 1. History of Stress Theory / 2. Definitions / **PART II: INDIVIDUAL AND FAMILY STRESS MODELS** / 3. The Profile of Trouble, the Truncated Roller Coaster Profile of Adjustment, and the Family Ecosystemic Model of Stress / 4. The ABCX Formula and the Double ABCX Model / 5. The Natural History of Individual Reactions to Disaster, the Components of an Emotional Crisis, the Four Phases of Crisis Development, and the Crisis Paradigm / 6. The Family Adjustment and Adaptation Response Model / 7. The Typology Model of Family Adjustment and Adaptation / 8. The Resiliency Model of Family Stress, Adjustment, and Adaptation / 9. The Family Distress Model and the Contextual Model of Family Stress / **PART III: FLUENCY OF STRESS THEORY APPLIED TO FORMAL CRISIS MANAGEMENT** / 10. The History of Formal Crisis Management / 11. The Practice of Formal Crisis Management

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FAMILY THERAPY: Models and Techniques

Janice M. Rasheed, *Loyola University Chicago* • Mikal N. Rasheed, *Chicago State University* • James A. Marley, *Loyola University Chicago*

This text provides students with a comprehensive overview of traditional and evolving theoretical models of family therapy and intervention techniques. It enables students to gain beginning proficiency as a family therapist along with understanding the impact of a client's race, ethnicity, religion, sexual orientation, disability, gender issues, age, socioeconomic status, disability, and differences from the "traditional" family on family assessment and intervention.

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CHILD AND ADOLESCENT PSYCHOPATHOLOGY: A Casebook SECOND EDITION

Linda Wilmschurst, *Elon University*

This text provides an abundance of real-life cases that illustrate issues in assessing, diagnosing, and treating child psychopathologies. The helpful casebook approach involves students in case formulation and diagnosis.

CONTENTS PART I: - CASE FORMULATION: THE CASE OF TERRY HOGAN / Case Formulation From Five Different Perspectives / Integrating Theoretical Perspectives: A Transactional Ecological Bio-Psycho-Social Framework / **PART II: CASE STUDIES** / The Early Years / 1. Jeremy Jones: "Mommy and Me and Grandma Makes Three" / 2. Winnie Kent: "Silence is not Golden" / 3. Dylan Bach: "The World According to Dylan" / 4. Bradley Hunter: "Not Yet diagnosed" / Middle Childhood / 5. Scott Michaels: "Boys will be Boys?" / 6. Sandy Smith: "Marching to the Tune of a Different Drummer" / 7. Brian Williams: "My Name is Williams, too" / 8. Jordan Neeson: "Let Me Count the Ways" / 9. Shirley Yong: "Worried to Perfection" / 10. Matthew Morgan: "Out of Control and In Control" / 11. Neesha Wilson: "Phoenix Rising" / 12. Ericka White: "Not Yet Diagnosed" / Adolescence / 13. Colby Tyler: "Attentional Problems or Distracted by Life?" / 14. Arthur Watson: "Won't or Can't; A Case of Mistaken Identity" / 15. Jenny Sloan: "The All American Girl" / 16. David Steele: "Hopelessness and Despair" / 17. Sarah Burke: "Food for Thought" / 18. Jason Coleman: "Disconnected connections" / 19. Victoria Benson: "Skin Deep: Cutting Through the Pain" / 20. Juan Hernandez: "The Crash" / 21. Tyrone Wilson: "The Gang's All Here"


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FAMILY RESOURCE MANAGEMENT

Tami James Moore, *University of Nebraska at Kearney* • Sylvia M. Asay, *University of Nebraska at Kearney*

This text unlocks the complexity of family decision-making for students, enabling them to grasp both the concepts and the underlying explanations of family behavior. The authors provide a strong theoretical base to facilitate both understanding and retention and have organized the text to parallel the decision-making process employed by professionals.

CONTENTS Unit One: The Study of Family Resource Management / The Complexity of Managing Family Resources / Understanding Families / The Management Process Unit Two: Discovering Family Needs / Categorization of Family Needs / Values, Attitudes, and Behaviors: Understanding Family Choices Unit Three: Understanding Resources / Identification of Family Resources / Families Within the Economic Environment / The Impact of Society on Family Decisions Unit Four: Making Choices / Managing the Future / Communication Within the Decision-Making Process / The Individual Within Family Decision-Making Unit Five: Implementing and Evaluating Decisions / Making It Happen / Defining Success / Current and Future Challenges / Student Casebook

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Feminist Counseling

INTRODUCTION TO FEMINIST THERAPY: Strategies for Social and Individual Change

Kathy M. Evans, *University of South Carolina* • Elizabeth Ann Kincade, *Indiana University of Pennsylvania*
• Susan Rachael Seem, *The College at Brockport, State University of New York*

Focusing on the practical application of feminist theory to clinical experience, **Introduction to Feminist Therapy** provides guidelines to help therapists master social action and empowerment techniques, feminist diagnostic and assessment strategies, and gender-role and power analyses to foster individual and social change. This guide is ideal for graduate students enrolled in a techniques of counseling course and practitioners who wish to incorporate feminist therapy into their current approach, including how to apply feminist therapy to both women and men and how to deal with the gender issues of both sexes.

CONTENTS 1. Feminist Therapy: Roots and Branches / 2. Feminist Therapy: A Social and Individual Change Model / 3. Ethics and Values in Feminist Counseling and Psychology / 4. The Importance of Gender / 5. Mental Health and Diagnosis in the Context of Feminist Therapy / 6. Feminist Conceptualization / 7. Establishing and Maintaining the Egalitarian Relationship / 8. Gender Role and Power Analysis / 9. Social Change and Empowerment / 10. Feminist Therapy in Practice / 11. Critical Cases Studies

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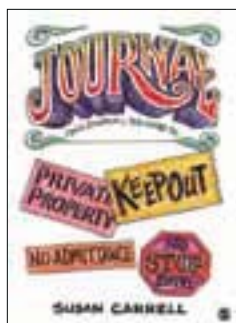
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Group Therapy



JOURNAL: A Guide to Self-Discovery and Growth

Susan E. Carrell, *Carrell Counseling*

Embark on a voyage of self-discovery and growth. Paired with **Group Exercises for Adolescents**, this resource enhances experiences in group work as participants discover the art of journaling. They'll find these helpful tools: 21 structured writing exercises for personal reflection and group discussions; Cartoons and drawings; Blank, lined pages to record thoughts, feelings, and ideas; "My Doodles" pages to encourage artistic self-expression; Teens Journal Too! Journaling isn't just for adults. Many teens and pre-teens chronicle their lives and express themselves through journaling. They lament relationships gone wrong, fume about unjust treatment at the hands of parents and other authority figures, and celebrate victories both in and out of school. In the language of teens, they "get their feelings out," a proven benefit to emotional well-being. Unlike the ordinary blank-paged journals found in book stores and gift shops everywhere, this teen journal is carefully crafted by an expert in adolescent therapy. In addition to plenty of blank pages for self-expression, there are questions to ponder and answer that promote self-discovery and growth. Appealing cartoons and "Doodle Pages" make the journal come alive. The savvy eleven-year-old, defiant fourteen-year-old and shy sixteen-year-old will be intrigued and challenged. "Journal: A Guide to Self-Discovery and Growth" may be an adolescent's best friend. Parents, aunts, cousins, friends and others who are looking for a present for graduation (from elementary or middle school), birthdays, religious rites of passage, Christmas and other religious holidays, as well as occasional gifts of encouragement or celebration will be delighted to find and purchase the Journal. And of course, teens will buy it themselves, for themselves!

CONTENTS Gratitude List / My Poem / Favorite Childhood Memory / My "Ideal" Boyfriend/Girlfriend / My Balance Sheet / My Friends / A Day in My Life / My Dream Job / My Special Day / My Favorite Teacher / My Family Portrait / My Holidays / Unfinished Sentences / My Biggest Worry / My Priorities / \$\$\$\$ Me and Money \$\$\$\$ / My Clothes / Exercise/Physical Fitness / Story Telling/Creative Writing / Favorite Subject / You and God / My Peace and Comfort


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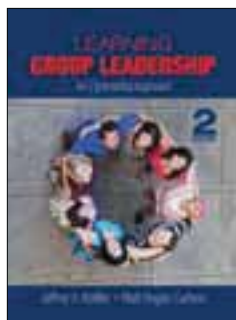
LEARNING GROUP LEADERSHIP: An Experiential Approach SECOND EDITION

Jeffrey A. Kottler, *California State University, Fullerton* • Matt Englar-Carlson, *California State University, Fullerton* • Matt Englar-Carlson, *University of Washington, USA*

Focusing on how to conduct and lead groups in a variety of therapeutic settings, this text covers theory, process, leadership, techniques, ethics, special populations, and challenges as they relate to group work. Its focus is on an experiential approach, which encourages students to think and apply what they learn via various exercises and activities interwoven throughout the text.

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RACIAL AND CULTURAL DYNAMICS IN GROUP AND ORGANIZATIONAL LIFE:

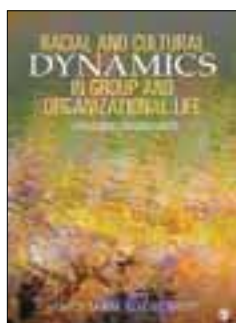
Crossing Boundaries

Mary B. McRae, *New York University* • Ellen L. Short, *Long Island University*

This book presents a theoretical framework for understanding leadership and authority in group and organizational life. Using relational psychoanalytic and systems theory, the authors examine conscious and unconscious processes as they relate to racial and cultural issues in the formation and maintenance of groups. Unique among group dynamics texts, the book explores aspects of racial and cultural influences in every chapter. Readers will enhance their analytic and practice skills in addressing factors that impact diverse groups and organizations, including ethical considerations, social roles, strategies for leadership, dynamics of entering and joining, and termination.

CONTENTS 1. Understanding Groups as Psychodynamic Systems in the Context of Racial-Cultural Factors / 2. Working With Differences in Groups: Ethical Considerations / 3. Group Formation: Racial-Cultural Dynamics of Entering and Joining / 4. Group Development: The Impact of Racial-Cultural Factors / 5. Group Dynamics in Racially and Culturally Mixed Groups / 6. Social Roles in Groups / 7. Leadership, Authority, and Power in Racially and Culturally Mixed Groups / 8. Strategies for Leadership in Multicultural Groups / 9. The Mature Work Group / 10. Termination

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Interpersonal Violence

CHILD MALTREATMENT: An Introduction **THIRD EDITION**

Cindy L. Miller-Perrin, *Pepperdine University* • Robin D. Perrin, *Pepperdine University*

Child Maltreatment, Third Edition, by Cindy Miller-Perrin and Robin Perrin, is a thoroughly updated new edition of the first textbook for undergraduate students and beginning graduate students in this field. The text is designed to provide a comprehensive introduction to child maltreatment by disseminating current knowledge about the various types of violence against children. By helping students understand more fully the etiology, prevalence, treatment, policy issues, and prevention of child maltreatment, the authors hope to further our understanding of how to treat child maltreatment victims and how to prevent future child maltreatment.

CONTENTS 1. History and Definitions of Child Maltreatment / 2. The Study of Child Maltreatment: Theoretical and Methodological Issues / 3. Child Physical Abuse / 4. Child Sexual Abuse / 5. Child Neglect / 6. Child Psychological Maltreatment / 7. Additional Forms of Child Maltreatment / 8. Key Issues in Responding to Child Maltreatment / 9. Controversial Issues in the Study of Child Maltreatment / 10. What You Can Do to Help

PAPERBACK ISBN: 978-1-4522-0579-3 • MAY 2012 • 432 PAGES • 

UPDATED EDITION OF BESTSELLER

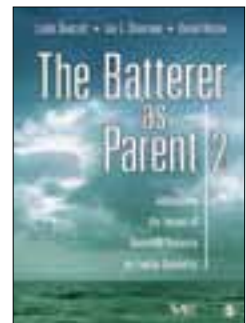
THE BATTERER AS PARENT: Addressing the Impact of Domestic Violence on Family Dynamics **SECOND EDITION**

Lundy Bancroft, *Independent* • Jay G. Silverman, *Harvard School of Public Health* • Daniel Ritchie

Moving beyond the narrow clinical perspective sometimes applied to viewing the emotional and developmental risks to battered children, this text offers a view that takes into account the complex ways in which a batterer's abusive and controlling behaviors are woven into the fabric of daily life. This book is a guide for therapists, child protective workers, family and juvenile court personnel, and other human service providers in addressing the complex impact that batterers—specifically, male batterers of a domestic partner when there are children in the household—have on family functioning. In addition to providing an understanding of batterers as parents and family members, the book also supplies clearly delineated approaches to such practice issues as assessing risk to children (including perpetrating incest), parenting issues in child custody and visitation evaluation, and impact on children's therapeutic process and family functioning in child protective practice.

CONTENTS 1. The Battering Problem / 2. Power Parenting: The Batterer's Style With Children / 3. Shock Waves: The Batterer's Impact on the Home / 4. The Batterer as Incest Perpetrator / 5. Impeding Recovery: The Batterer as Parent Postseparation / 6. The Mismeasure of Batterers as Parents: A Critique of Prevailing Theories and Assessment / 7. Supporting Recovery: Assessing Risk to Children From Batterers and Structuring Visitation / 8. Is It Real? Assessing and Fostering Change in Batterers as Parents / 9. Improving Community Responses to the Parenting of Batterers

PAPERBACK ISBN: 978-1-4129-7205-5 • SEPTEMBER 2011 • 352 PAGES



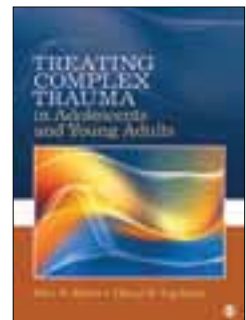
TREATING COMPLEX TRAUMA IN ADOLESCENTS AND YOUNG ADULTS

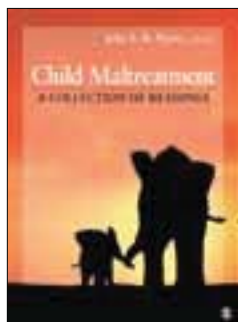
John N. Briere, *University of Southern California* • Cheryl B. Lanktree, *Private Practice*

Treating Complex Trauma in Adolescents and Young Adults is the first empirically-validated, multi-component manual to guide practitioners and students in the treatment of multi-traumatized adolescents and young adults. Best-selling author, John Briere, and renowned clinician, Cheryl Lanktree, outline a hands-on, culturally-sensitive approach to the most challenging of young clients: those suffering from complex trauma histories, multiple symptoms, and, in many cases, involvement in a range of problematic behaviors. This model, Integrated Treatment of Complex Trauma for Adolescents (ITCT-A), integrates a series of approaches and techniques, which are adapted according to the youth's specific symptoms, culture, and age. Components include relationship-building, psychoeducation, affect regulation training, trigger identification, cognitive processing, titrated emotional processing, mindfulness training, collateral treatments with parents and families, group therapy, and system-level advocacy.

CONTENTS 1. Introduction / **Section I:** Complex Trauma Outcomes and Assessment / 2. Complex Trauma in Adolescence and Young Adulthood / 3. Assessment / 4. Completing and Using the Assessment-Treatment Flowchart for Adolescents (ATF-A) / **Section II:** Overview of Treatment / 5. Central Aspects of ITCT-A / 6. From Assessment to Intervention: The Problems-to-Components Grid (PCG) / 7. Sequence and Session-Level Structure of ITCT-A / **Section III:** Treatment Components / 8. Relationship Building and Support / 9. Safety Interventions / 10. Psychoeducation / 11. Distress Reduction and Affect Regulation Training / 12. Cognitive Processing / 13. Trigger Identification and Intervention / 14. Titrated Exposure / 15. Relational Processing / 16. Interventions for Identity Issues / 17. Family Therapy / 18. Interventions With Caretakers / 19. Group Sessions / 20. Three Case Examples / 21. Treatment Outcome Results / 22. Summary

PAPERBACK ISBN: 978-1-4129-8144-6 • AUGUST 2011 • 272 PAGES





CHILD MALTREATMENT: A Collection of Readings

John E.B. Myers, *University of the Pacific*

Specifically created to complement the **Third Edition** of the **APSAC Handbook on Child Maltreatment**, this collection of 23 carefully selected articles on child abuse and neglect parallels the structure of the Handbook. It is also a great companion to other Sage books, such as Barnett's *Family Violence Across the Lifespan* and Miller and Perrin's *Child Maltreatment*.

CONTENTS PART I: THE CHILD PROTECTION SYSTEM IN THE UNITED STATES / 1. The Prevention of Child Abuse and Neglect: Pipe Dreams or Possibilities? / 2. Strengthening Social Worker-Client Relationships in Child Protective Services: Addressing Power Imbalances and "Ruptured" Relationships / 3. Kinship Care for African American Children: Disproportionate and Disadvantageous / 4. Mothers, Men, and Child Protective Services Involvement / 5. Is the Adoption and Safe Families Act Influencing Child Welfare Outcomes for Families With Substance Abuse Issues? / 6. Pathways to Collaboration: Exploring Values and Collaborative Practice Between Child Welfare and Substance Abuse Treatment Fields / 7. Depression Among Alumni of Foster Care: Decreasing Rates Through Improvement of Experiences in Care / 8. Fostering Futures: A Preventive Intervention Program for School-Age Children in Foster Care / 9. The Transition From Infertility to Adoption: Perceptions of Lesbian and Heterosexual Couples / **PART II: NEGLECT** / 10. Measurement of Three Major Subtypes of Child Neglect / 11. Understanding the Risks of Child Neglect: An Exploration of Poverty and Parenting Characteristics / 12. The Potential for Child Neglect: The Case of Adolescent Mothers and Their Children / 13. Parental Substance Abuse and Child Well-Being: A Consideration of Parents' Gender and Coresidence / 14. Child Maltreatment Trends in the 1990s: Why Does Neglect Differ From Sexual and Physical Abuse? / 15. Preventing Child Abuse: A Meta-Analysis of Parent Training Programs / 16. Recognizing and Treating Uncommon Behavioral and Emotional Disorders in Children and Adolescents Who Have Been Severely Maltreated: Reactive Attachment Disorder / 17. The Co-occurrence of Child Maltreatment and Domestic Violence: Examining Both Neglect and Child Physical Abuse / **PART III: PHYSICAL ABUSE** / 18. Child Physical Abuse: Prevalence, Characteristics, Predictors, and Beliefs About Parent-Child Violence in South Asian, Middle Eastern, East Asian, and Latina Women in the United States / **PART IV: CHILD SEXUAL ABUSE** / 19. An Exploratory Study of Victim Resistance in Child Sexual Abuse: Offender Modus Operandi and Victim Characteristics / **PART V: INVESTIGATION AND SUBSTANTIATION OF NEGLECT AND ABUSE** / 20. Socioemotional Factors in Child Sexual Abuse Investigations

PAPERBACK ISBN: 978-1-4129-9506-1 • MAY 2011 • 384 PAGES



COMPANION READER ON VIOLENCE AGAINST WOMEN

Claire M. Renzetti, *University of Kentucky* • Jeffrey L. Edleson, *University of Minnesota* • Raquel Kennedy Bergen, *Saint Joseph's University*

Designed to advance knowledge about violence against women and to serve as an inspiration to those studying or working in the field, this companion reader's 20 original articles focus first on theoretical and methodological issues, then on types of violence against women, and finally on prevention and direct intervention. Readers will find a wide range of articles that draw attention to the global dimensions of violence against women and the importance of taking into account political, economic, and cultural differences across diverse groups of people. While the book's articles are designed as companion pieces to the chapters in the Second Edition of the Sourcebook, this reader may also be used as a stand-alone text by those researching specific topics, such as diversity issues, conducting trainings, or teaching advanced courses, such as international social work.

CONTENTS PART I: THEORETICAL AND METHODOLOGICAL ISSUES IN RESEARCHING VIOLENCE AGAINST WOMEN / An ecological model of the impact of sexual assault on women's mental health / The capabilities approach and violence against women: Implications for social development / Collecting reliable information about violence against women safely in household interviews: Experience from a large-scale national survey in South Asia / Development of the Scale of Economic Abuse / **PART II: TYPES OF VIOLENCE AGAINST WOMEN** / The extensive sexual violation and sexual abuse histories of incarcerated women / Gendered war and gendered peace: Truth commissions and post-conflict gender violence: Lessons from South Africa / (2010). Violence against women and natural disasters: Findings from post-tsunami Sri Lanka / Understanding human trafficking in the United States / "You just give them what they want and pray they don't kill you": Street-level sex workers' reports of victimization, personal resources, and coping strategies / Attitudes toward wife beating: A cross-country study in Asia / Intersections of immigration and domestic violence: Voices of battered immigrant women / Invisible or pathologized? Racial statistics and violence against women of color / When crises collide: How intimate partner violence and poverty intersect to shape women's mental health and coping / Adult domestic violence in cases of international parental abduction / Domestic violence between same-gender partners: Recent findings and future research / **PART III: PREVENTION AND DIRECT INTERVENTION** / Sexual assault support services and community systems: Understanding critical issues and needs in the LGBTQ community / Normative misperceptions of abuse among perpetrators of IPV / Danger zone: Battered mothers and their families in supervised visitation / Factors associated with engagement in a police-advocacy home-visit intervention to prevent domestic violence / Partnering with community-based organizations to reduce intimate partner violence / The violence against women campaigns in Latin America

PAPERBACK ISBN: 978-1-4129-9649-5 • APRIL 2011 • 424 PAGES

UPDATED EDITION OF BESTSELLER!


FAMILY VIOLENCE ACROSS THE LIFESPAN: An Introduction **THIRD EDITION**

Ola W. Barnett, *Pepperdine University, Malibu, CA* • Cindy L. Miller-Perrin, *Pepperdine University* • Robin D. Perrin, *Pepperdine University*

Streamlined and updated throughout with state-of-the-art information, this **Third Edition** of the authors' bestselling book gives readers an accessible introduction to the methodology, etiology, prevalence, treatment, and prevention of family violence. Research from experts in the fields of psychology, sociology, criminology, and social welfare informs the book's broad coverage of current viewpoints and debates within the field. Organized chronologically, chapters cover child physical, sexual, and emotional abuse; abused and abusive adolescents; courtship violence and date rape; spouse abuse, battered women, and batterers; and elder abuse.



CONTENTS 1. History and Definitions of Family Violence / 2. Research Methodology, Assessment, and Theories of Family Violence / 3. Child Neglect and Child Psychological Maltreatment / 4. Child Physical Abuse / 5. Child Sexual Abuse / 6. Abused and Abusive Adolescents / 7. Dating Aggression, Sexual Assault, and Stalking: Primarily Unmarried, College-Age Individuals / 8. Abused Heterosexual / PARTners: Primarily Women / 9. Abusive Heterosexual / PARTners: Primarily Men / 10. Abused and Abusive / PARTners in Understudied Populations: Cross-Cultural, Immigrant/ Ethnic/Racial, Rural, Same-Sex, and Military Groups / 11. Adult Intimate / PARTner Violence: Practice, Policy, and Prevention / 12. Abuse of Elderly and Disabled Persons

PAPERBACK ISBN: 978-1-4129-8178-1 • ©2011 • 896 PAGES • CourseSmart • 

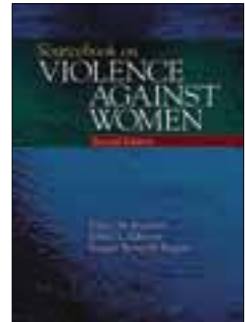
SOURCEBOOK ON VIOLENCE AGAINST WOMEN SECOND EDITION

Claire M. Renzetti, *University of Kentucky* • Claire M. Renzetti, *University of Kentucky, USA* • Jeffrey L. Edleson, *University of Minnesota* • Raquel Kennedy Bergen, *Saint Joseph's University*

The new edition of this vital resource provides extensive coverage on the current state of research, theory, prevention, and intervention regarding violence against women. The editors and contributing authors have crafted their work to encourage discussion and debate and also to address issues of diversity and social justice.

CONTENTS PART I: THEORETICAL AND METHODOLOGICAL ISSUES IN RESEARCHING VIOLENCE AGAINST WOMEN / 1. Theoretical and Definitional Issues in Violence Against Women / 2. Research Methods, Measures, and Ethics / 3. Assessing Violence Against Women in Practice Settings: Processes and Tools Practitioners Can Use / **PART II: TYPES OF VIOLENCE AGAINST WOMEN** / 4. Sexual Harassment: Violence Against Women at Work and in Schools / 5. Defining the Scope of Sexual Violence Against Women / 6. Intimate / PARTner Violence Against Women / 7. Pornography / 8. Cultural Issues in Violence Against Women / 9. Economic Issues and Intimate / PARTner Violence / **PART III: PREVENTION AND DIRECT INTERVENTION** / 10. State, National, and International Legal Initiatives to Address Violence Against Women: A Survey / 11. Primary Prevention / 12. Sexual Assault Services / 13. An Overview of Community-Based Services for Battered Women / 14. Violence Against Women and the Criminal Justice Response / 15. Health Care for Survivors of / PARTner and Sexual Violence / 16. Faith-Based Programs and Interventions / 17. School-Based Dating Violence Prevention: From Single Events to Evaluated, Integrated Programming / 18. Intervening With Men for Violence Prevention

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ISSUES FOR DEBATE IN FAMILY VIOLENCE: Selections From CQ Researcher CQ Researcher

This book covers timely issues such as women's rights, domestic violence, sex offenders, prostitution, and cyber bullying. Each article is engaging and reader-friendly, and the chapter-opening human interest stories will spark the interest of students. **Issues for Debate in Family Violence** is an ideal supplementary textbook for upper-division undergraduate and graduate courses on family and child violence.

CONTENTS 1. Women's Rights: Are Violence and Discrimination Against Women Declining? By Karen Foerstel / 2. Domestic Violence: Do Teenagers Need More Protection? By Pamela M. Prah / 3. Sex Offenders: Will Tough, New Laws Do More Harm Than Good? By Alan Greenblatt / 4. Hate Groups: Is Extremism on the Rise in the United States? By Peter Katel / 5. Cyberbullying: Are New Laws Needed to Curb Online Aggression? By Thomas J. Billitteri / 6. Prostitution Debate: Should the United States Legalize Sex Work? By Marcia Clemmitt / 7. Child Welfare Reform: Will Recent Changes Make At-Risk Children Safer?

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FAMILY VIOLENCE IN THE UNITED STATES: Defining, Understanding, and Combating Abuse

Denise A. Hines, *University of New Hampshire* • Kathleen Malley-Morrison, *Boston University - School of Medicine*

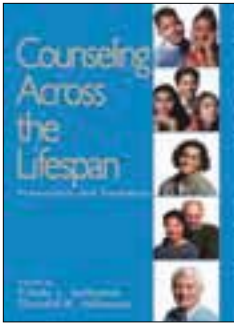
Rich in scholarly references and case materials, this thought-provoking book encourages students to question assumptions, evaluate information, formulate hypotheses, and to design solutions to problems of family violence in the United States. Using an ecological framework, the authors provide an informative discussion of not only of the most well-recognized forms of maltreatment in families, but also of less understood and more controversial issues such as husband abuse, parent abuse, and gay/lesbian abuse.

CONTENTS 1. Issues in the Definition of Family Violence and Abuse / 2. Cultural Contexts of Family Violence / 3. Cultural Contexts: Religion / 4. Child Physical Abuse / 5. Child Sexual Abuse / 6. Child Neglect and Psychological Maltreatment / 7. Wife Abuse / 8. Husband Abuse / 9. Abuse in Gay/Lesbian/Bisexual/Transgender Relationships / 10. Elder Abuse / 11. Hidden Types of Family Violence: Abuse of Siblings, Parents, and People With Disabilities / 12. Responding Effectively to Family Violence

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Lifespan Development



COUNSELING ACROSS THE LIFESPAN: Prevention and Treatment

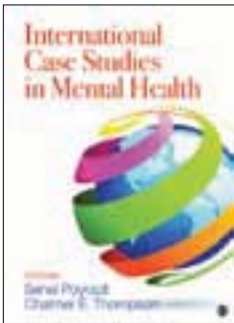
Cindy L. Juntunen, *University of North Dakota* • Donald R. Atkinson, *Department of Sociology, University of California, Santa Barbara*

Expanding the perimeters of counseling, this cogent work focuses on counseling intervention strategies from the unique perspective of an individual's lifespan, placing techniques in the proper development context. Unlike other counseling texts, this book's orientation around developmental stages and preventive measures makes it a landmark contribution to its field of study.

CONTENTS PART I: INTRODUCTION / 1. Counseling in the 21st Century: A Mental Health Profession Comes of Age / 2. Development, Developmental Concerns, and Counseling / **PART II: CHILDHOOD** / 3. Fostering Resilience in Children / 4. Promoting Social Competencies in School-Age Children / 5. Prevention and Treatment of Behavior Problems for Children of Divorce / **PART III: ADOLESCENCE** / 6. Promoting Healthy Lifestyles Among Adolescents / 7. Fostering Positive Identity in Adolescents: Perspectives on Teens in the United States / 8. Promoting Success Pathways for Middle and High School Students: Introducing the Adaptive Success Identity Plan for School Counselors / 9. Promoting a Healthy Body Image Among Adolescent Women / 10. The Challenges of Preventing Adolescent Suicide: A Guide for Practitioners / **PART IV: YOUNG ADULTHOOD** / 11. Promoting Healthy Decision Making in Relationships: Developmental Interventions with Young Adults on College and University Campus / 12. Promoting Parenting and Child-Rearing Skills / 13. Preventing and Managing Personal and Professional Role Strain / 14. Prevention and Treatment of Violence Against Women: An Examination of Sexual Assault / 15. Prevention and Treatment of Family Violence / **PART V: MIDLIFE** / 16. Supporting Adaptation to New Family Roles in Middle Age / 17. Promoting Positive Career Change in Midlife / **PART VI: OLDER ADULTS** / 18. Promoting Aging Well in Older Adults / 19. Facilitating Transitions in Retirement / 20. Life Review and the Self-Confrontation Method with Older Adults

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Mental Health



INTERNATIONAL CASE STUDIES IN MENTAL HEALTH

Senel Poyrazli, *The Pennsylvania State University* • Chalmer E. Thompson, *Indiana University - Purdue University*

International Case Studies in Mental Health helps prepare both mental health trainees and practicing professionals to be effective in the provision of healing in their work with people in different regions of the world – examining case studies that include people from both inside and outside of the United States. Consequently, this book offers practitioners a glimpse of what can be achieved in these regions by people whose reputations within the respective communities are strong. In addition, readers of the volume will learn not only of the cases themselves, but also about different contextual conditions that may affect an individual's mental health functioning. The work of mental health practitioners in each chapter shows how different factors (racial-ethnic culture, gender, age, sexual orientation, religion/spirituality, socio-economic status, socio-political conditions, etc.) contribute to an individual's functioning. Each chapter shows how these factors may be influencing the counseling and psychotherapy relationship between the client/patient and the mental health practitioner.

CONTENTS Foreword By Michael J. Stevens / Introduction By Senel Poyrazli & Chalmer E. Thompson / The Case Study of Therapy with a Swiss Woman: An Action Theory Perspective By Ladislav Valach & Richard A. Young / Victim or Perpetrator? A Child-Soldier's Journey in Sierra Leone By Ani Kalayjian & Georgiana Sofletea / Bisexual Identity in a Traditional Culture: A Case Study from Turkey By Senel Poyrazli & Mehmet Eskin / Case Study from Lebanon By Brigitte Khoury / College Counseling in China: A Case Study By Changming Duan, Xiaoming Jia, & Yujia Lei / Counseling a Female Client from Korea: Applying the Han Counseling Model By Lawrence H. Gerstein, Young Soon Kim, & TaeSun Kim / A Case Study from Guatemala By Andres J. Consoli, Maria de los Angeles Hernandez Tzaquitza, & Andrea Gonzalez / Disaster and Crisis Intervention: Story of a Haitian Family By Gargi Roysircar-Sodowsky / Mental Health Treatment of a Black Man in the United States By Chalmer E. Thompson & Camille Clay / Working with a Chinese Immigrant with Severe Mental Illness: An Integrative Approach of Cognitive-Behavioral Therapy and Multicultural Case Conceptualization By Mynyi Shea & Frederick T.L. Leong / Case Study from Australia By Angela Ferguson / Case Study from India By Lena Verdelli / Case Study from South Africa By Mark Leach / Case Study from Uganda By Chalmer Thompson / Concluding Remarks By Chalmer E. Thompson & Senel Poyrazli / Case Study from Switzerland By Ladislav Valach, Richard Young / Case Study from U.S.: Black American Case By Chalmer Thompson, Camille Clay / Case Study from Sierra Leone By Ani Kalayjian, Georgiana Sofletea / Case Study from Zimbabwe By Margaret Rukini, Chalmer Thompson, Mmoja Ajabu


PAPERBACK ISBN: 978-1-4129-9035-6 • MARCH 2012 • 200 PAGES

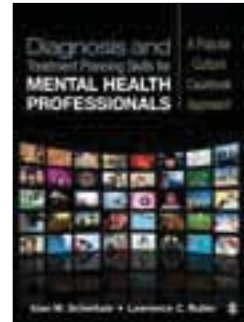
DIAGNOSIS AND TREATMENT PLANNING SKILLS FOR MENTAL HEALTH PROFESSIONALS: A Popular Culture Casebook Approach

Alan M. Schwitzer, *Old Dominion University, Norfolk* • Lawrence C. Rubin, *St. Thomas University*

Diagnosis and Treatment Planning Skills for Mental Health Professionals is a comprehensive textbook addressing all of the clinical thinking skills required in today's professional counseling settings. The text covers diagnosis, case conceptualization, and treatment planning all in one book, and carefully explains how these individual clinical tools are related to one another and are used together in contemporary clinical practice. Students will easily learn the material as it is organized to promote optimal student learning with each skill presented in a step-by-step manner. Engaging and relevant, this book's 30 case examples are drawn from pop culture characters giving students a common background from which to learn.

CONTENTS PART 1. INTRODUCTION AND OVERVIEW / 1. Overview of the Book / 2. Popular Culture as a Learning Tool in Counseling and Psychotherapy / PART 2. DIAGNOSIS, CASE CONCEPTUALIZATION, AND TREATMENT PLANNING / 3. Clinical Thinking Skills / 4. Diagnosis / 5. Case Conceptualization / 6. Treatment Planning / PART 3. DIAGNOSIS, CASE CONCEPTUALIZATION, AND TREATMENT PLANNING: / 3. Case Illustrations / 7. Child and Video Game Characters / 8. Troubled Youth in Film and on Stage / 9. Animated Characters / 10. Adults in Television Sitcoms and Drama / 11. Characters in Music, Musicals, and Advertising / 12. Characters in Literature and Comics / PART 4. EPILOGUE AND MEDIA RESOURCES / 13. Epilogue / 14. Getting to Know the Clients Through Internet Sources, Published Literature, and Film

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Program Development & Evaluation

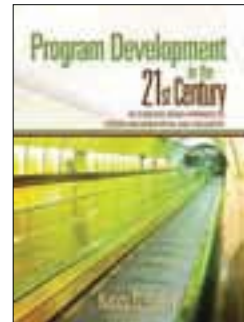
PROGRAM DEVELOPMENT IN THE 21ST CENTURY: An Evidence-Based Approach to Design, Implementation, and Evaluation

Nancy G. Calley, *University of Detroit - Mercy*

Offering practical strategies and tools readers can use on the job, this comprehensive book covers the practices, conditions, and legislative issues that affect program development. Using a unique 14-step model, the author guides readers through every stage of the process, from identifying a need, establishing a research basis, and designing the clinical program through implementing, evaluating, and sustaining the program.

CONTENTS 1. Comprehensive Program Development in the Mental Health Professions / PART I: PROGRAM PLANNING AND IMPLEMENTATION / 2. Establish the Need for Programming: Developing the Rationale / 3. Establish a Research Basis for Program Design / 4. Address Cultural Identity Issues in Program Design / 5. Design the Clinical Program / 6. Develop the Staffing Infrastructure / 7. Identify and Engage Community Resources / 8. Identify and Evaluate Potential Funding Sources / 9. Develop the Financial Management Plan / 10. Develop the Proposal / PART II: PROGRAM IMPLEMENTATION AND SUSTAINABILITY / 11. Implement the Program / 12. Evaluate the Program / 13. Build and Preserve Community Resources / 14. Develop an Advocacy Plan / 15. Develop an Information-Sharing Plan / 16. Attain Program and Organizational Accreditation / 17. Putting It All Together: Comprehensive Program Development in the 21st Century

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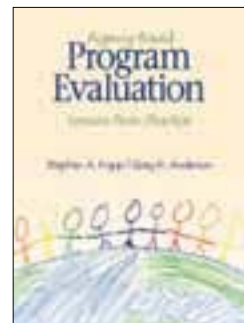
AGENCY-BASED PROGRAM EVALUATION: Lessons From Practice

Stephen A. Kapp, *University of Kansas* • Gary R. Anderson, *Michigan State University*

This text aids both students and practitioners in articulating the elements of program evaluation, deepening their understanding of the contextual issues that surround and shape an evaluation. Authors Stephen A. Kapp and Gary R. Anderson offer readers details on the application of useful and accepted evaluation methods.

CONTENTS 1. Making the Case for Program Evaluation / 2. Steps in Program Evaluation / 3. Ethics and Program Evaluation: Applying a Code of Ethics to Field-Based Research / 4. Ethical Challenges for Evaluators in an Agency Setting: Making Good Choices / 5. Agencies and Academics: The Social and Political Context of Program Evaluation / 6. Cultural Competency and Program Evaluation / 7. Program Definition: Using Program Logic Models to Develop a Common Vision / 8. Program Description: Evaluation Designs Using Available Information / 9. Evaluation Design: Options for Supporting the Use of Information / 10. Evaluation Design: Group Designs and Methods / 11. Evaluation Design: Qualitative Designs and Applications / 12. Consumer Satisfaction / 13. Dissemination: Spreading the News

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Psychotherapy

CHANGE FOR THE BETTER: Self-Help through Practical Psychotherapy FOURTH EDITION

Elizabeth Wilde McCormick

Change for the Better is for anyone interested in making lasting changes in both their inner and outer lives. It uses a conversational style to help readers identify their own learned patterns of thinking and relating that underlie and contribute to emotional suffering such as depression, anxiety, phobia, eating disorders, relationship and psychosomatic problems. Elizabeth Wilde McCormick shows readers how to reflect upon their difficulties, identify problems in relating, and stop and revise attitudes that are out of date. Mindfulness-based experiential exercises are incorporated throughout to help nourish self awareness and change.

CONTENTS PART ONE: WHO ARE WE? WHAT ARE WE MADE OF? WHAT IS IT THAT CAN CHANGE? / PART TWO: THE BUILDING BLOCKS OF WHO WE ARE: FEELINGS, EMOTIONS AND RELATIONSHIPS: WITH OURSELVES AND OTHERS / PART THREE: GETTING OFF THE SYMPTOM HOOK: NAMING THE PROBLEM / PART FOUR: THE TIP OF THE EMOTIONAL ICEBERG: EMOTIONAL STATES, DEPRESSION, AND SYMPTOMS / PART FIVE: THE EMOTIONAL ROLLER COASTER / PART SIX: GATHERING INFORMATION / PART SEVEN: MAKING THE CHANGE / PART EIGHT: CHANGING WITHIN A RELATIONSHIP / PART NINE: HOLDING ONTO CHANGE / PART TEN: RESOURCE DIRECTORY FOR THERAPISTS

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COGNITIVE BEHAVIOUR THERAPIES

Windy Dryden, *Goldsmiths College, University of London, UK*

CBT has become more established as the therapy of choice in recent years, and consequently different voices in the CBT tradition have become prominent. This book brings together these voices by offering its readers a one-stop guide to the major approaches. This book is essential reading for CBT trainees and practitioners as well as those training within the broader field of counselling & psychotherapy.

CONTENTS CBT in Britain: Historical Development and Current Status / Beck's Cognitive Therapy / Mindfulness-based Cognitive Therapy / ACT / Dialectical Behaviour Therapy / Meta-cognitive Therapy / Compassion Focused Therapy / Schema Therapy / REBT / Narrative CBT / Behavioural Activation / The Transdiagnostic Approach to CBT

PAPERBACK ISBN: 978-0-8570-2119-9 • MARCH 2012 • 304 PAGES

SIX KEY APPROACHES TO COUNSELLING AND THERAPY SECOND EDITION

Richard Nelson-Jones, *Fellow of the British Psychological Society and of the British Association for Counselling and Psychotherapy*

An authoritative and accessible textbook by Richard Nelson-Jones for use in introductory and intermediate counselling courses. Each chapter discusses the structure, function and application to practice of theories in six of the most popular therapeutic approaches: cognitive therapy, solution-focused therapy, person-centered therapy, Gestalt, Freud's psychoanalysis and Jung's analytical therapy.

CONTENTS Introducing Counselling and Therapy Approaches / Freud's Psychoanalysis / Jung's Analytical Therapy / Person-Centred Therapy / Gestalt Therapy / Cognitive Therapy / Solution-Focused Therapy / Evaluation, Eclecticism and Integration / Glossary

PAPERBACK ISBN: 978-0-8570-2400-8 • JANUARY 2011 • 216 PAGES

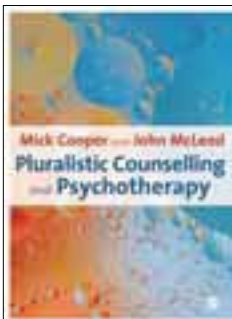
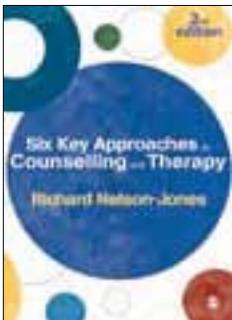
PLURALISTIC COUNSELLING AND PSYCHOTHERAPY

Mick Cooper, *University of Strathclyde* • John McLeod, *University of Abertay Dundee*

Bestselling authors Cooper and McLeod present a groundbreaking new approach to counselling, outlining a flexible framework for practice applicable to all modalities of therapy at all levels.

CONTENTS Introducing the Pluralistic Approach / Foundations for a Pluralistic Approach / Building a Collaborative Therapeutic Relationship / Client Goals: The Starting Point for Therapy / Tasks: Focusing the Therapeutic Work / Methods: Resources for Facilitating Change / Research: Developing Pluralistic Counselling and Psychotherapy / Supervision, Training, CPD and Service Delivery: Pluralistic Perspectives / Discussion: Towards a New Paradigm / References

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CASE STUDY RESEARCH IN COUNSELLING AND PSYCHOTHERAPY

John McLeod, *University of Abertay Dundee*

This BACP co-pub provides the reader with all the necessary theory and practice needed to engage in case study research.

CONTENTS The Role of Case Studies in the Development of Theory and Practice in Counselling and Psychotherapy / The Development of Systematic Methods and Principles for Collecting and Analyzing Case Material / Justifying Case-Based Research: The Role of Systematic Case Studies in Building an Evidence Base for Therapy Policy and Practice / Moral and Ethical Issues in Therapy Case Study Research / Collecting and Analyzing Case Material: A Practitioner and Student Toolkit / Documenting Everyday Therapeutic Practice: Pragmatic Case Studies / Evaluating the Effectiveness of Therapy: N=1 Time-Series Case Studies / Using Multiple Judges in Evaluating the Effectiveness of Therapy: The Hermeneutic Single Case Efficacy Design (HSCED) / Theory-Building Case Studies / Exploring the Meaning of the Therapy Experience: Narrative Case Research / Team-Based Case Study Research for Practitioners and Students

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CLINICAL PSYCHOLOGY: Science, Practice, and Culture SECOND EDITION

Andrew M. Pomerantz, *Southern Illinois University Edwardsville*

In this thoroughly updated text, Andrew M. Pomerantz emphasizes multicultural issues throughout, objectively covers numerous clinical approaches in depth, and creatively uses metaphors and applied clinical examples.

CONTENTS PART I: INTRODUCING CLINICAL PSYCHOLOGY / 1. Defining Clinical Psychology / 2. Evolution of Clinical Psychology / 3. Current Controversies in Clinical Psychology / 4. Cultural Issues in Clinical Psychology / 5. Ethical Issues in Clinical Psychology / 6. Conducting Research in Clinical Psychology / **PART II: ASSESSMENT** / 7. Diagnosis and Classification Issues / 8. The Clinical Interview / 9. Intellectual and Neuropsychological Assessment / 10. Personality Assessment and Behavioral Assessment / **PART III: PSYCHOTHERAPY** / 11. General Issues in Psychotherapy / 12. Psychodynamic Psychotherapy / 13. Humanistic Psychotherapy / 14. Behavioral Psychotherapy / 15. Cognitive Psychotherapy / 16. Group and Family Therapy / **PART IV: SPECIAL TOPICS** / 17. Clinical Child and Adolescent Psychology / 18. Health Psychology / 19. Forensic Psychology

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STRENGTH-CENTERED COUNSELING: Integrating Postmodern Approaches and Skills With Practice

Colin C. Ward, *Antioch University, Seattle* • Teri Reuter, *Strength-Centered Counseling, Orlando FL*

This text provides a framework for the synthesis of postmodern theories of counseling. Authors Colin Ward and Teri Reuter offer a practical and straightforward resource that presents clients with opportunities to look at life not only from a context of problems and adversity; but also of solutions, strengths, and hope.

CONTENTS PART I: FOUNDATIONS OF STRENGTH-CENTERED COUNSELING / 1. The Essence of Strength-Centered Counseling / 2. Emergence of Postmodernism / 3. Postmodern Counseling / 4. Central Role of Language in Strength-Centered Counseling / **PART II: PHASES OF STRENGTH-CENTERED COUNSELING PHASE ONE: SHARED UNDERSTANDING** / 5. The Stance / 6. The Steps Phase Two: Contracted Change / 7. Envisioning a Preferred Life / 8. Understanding Goals Phase Three: Developed Lifestyle / 9. Understanding Personal Wellness / 10. Practicing Personal Preferences / **PART III: RESILIENCE FOR THE STRENGTH-CENTERED COUNSELOR** / 11. Becoming a Competent Strength-Centered Counselor / 12. A Strength-Centered Counselor's Survival Guide

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CONFLICT COACHING: Conflict Management Strategies and Skills for the Individual

Tricia S. Jones, *Temple University* • Ross Brinkert, *The Pennsylvania State University, Abington College*

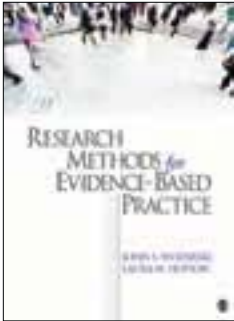
In the field of conflict resolution, conflict coaching is the only process that has emerged which allows resolution methods to work on a one-on-one basis. Rooted in research and theory, the text defines this growing area of conflict resolution and distinguishes conflict coaching as a stand-alone resolution technique.

CONTENTS PART I: INTRODUCING CONFLICT COACHING / 1. Conflict Coaching: Conflict Management Strategies and Skills for the Individual / 2. The Comprehensive Conflict Coaching Model / **PART II: CONDUCTING CONFLICT COACHING** / 3. Stage One - Discovering the Story / 4. Stage Two - The Identity Perspective / 5. The Emotion Perspective / 6. Stage Two - The Power Perspective / 7. Stage Three - Crafting the "Best" Story / 8. Stage Four - Communication Skills: Confrontation, Confirmation and Comprehension / 9. Stage Four - The Conflict Styles Opportunity / 10. Stage Four - The Negotiation Opportunity / 11. Stage Four - Coordinating Coaching with Other Conflict Processes / 12. Learning Assessment in Conflict Coaching: The Parallel Process / **PART III: INTEGRATING CONFLICT COACHING INTO YOUR PRACTICE** / 13. Needs Assessment and Program Evaluation for Conflict Coaching / 14. The Future of Conflict Coaching

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Research Methods



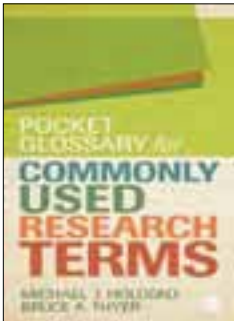
RESEARCH METHODS FOR EVIDENCE-BASED PRACTICE

John S. Wodarski, *The University of Tennessee* • Laura M. Hopson, *The University at Albany, State University of New York*

This practical and student-friendly text teaches social work students the concepts and skills needed to apply research methods in their practice with clients. It offers students an enhanced understanding of the research process, and equips them with the necessary tools and skills to evaluate studies, translate relevant behavioral science knowledge into practice principles, and implement evaluation procedures in their daily practice. Renowned authors Wodarski and Hopson use social work research methods to examine emerging issues in the field as they pertain to evidence-based practice, such as curriculum development and funding. This approach yields a unique analysis that differs from others on the market because it fully integrates evidence-based practice methodology into the heart of the text, rather than in a single chapter.

CONTENTS 1. Evidence-Based Practice: An Introduction / 2. Criteria for Choosing Knowledge and Assessing Evidence-Based Intervention / 3. Transforming Behavioral Science Knowledge into Practice Generalizations / 4. Planning for Conducting Research in Community Agencies / 5. Choice-of-Outcome Measures and Means for Assessment / 6. Traditional Designs / 7. Designs for Daily Practice Evaluation / 8. Application of Statistical Techniques in the Evaluation of Practice / 9. Advanced Statistical Techniques in Social Work Research / 10. Development and Use of Management Information Systems for Human Services: A Practical Guide / 11. Developing and Formulating Quality Proposals / 12. Emerging Trends and Issues Related to Evidence-Based Practice

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POCKET GLOSSARY FOR COMMONLY USED RESEARCH TERMS

Michael J. Holosko, *University of Georgia School of Social Work* • Bruce A. Thyer, *Florida State University College of Social Work*

This book contains over 1500 research and statistical terms, written in jargon-free, easy-to-understand terminology to help students understand difficult concepts in their research courses. This pocket guide is in an ideal supplement to the many discipline-specific texts on research methods and statistics.

CONTENTS SECTION I: / 1. Glossary Terms / 2. Commonly Used Acronyms, Symbols, Abbreviations and Terms Found in Research and Evaluation Studies / 3. Statistical Terms / **SECTION II:** / 4. Some Helpful Research and Evaluation Websites / 5. Core Journals in Various Social and Behavioral Sciences

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QUALITATIVE RESEARCH IN COUNSELLING AND PSYCHOTHERAPY SECOND EDITION

John McLeod, *University of Abertay Dundee*

The need to show how and why counselling works has led to an explosion of research activity, and a growing focus on research in counselling and psychotherapy teaching and practice. Yet this book stands alone in addressing qualitative research in therapy. The author helps readers through each stage of the research process, explaining techniques for gathering data, writing up the study and evaluating the findings. Each qualitative method is clearly described and critically assessed in terms of its own strengths and weaknesses.

CONTENTS Qualitative Research in Counselling and Psychotherapy: Achievement and Potential / The Philosophical Basis of Qualitative Research / Doing Qualitative Research / Phenomenological Research / Ethnographic Approaches to Research in Counselling and Psychotherapy / Using Grounded Theory / Variants of Grounded Theory: Thematic Analysis, Interpretive Phenomenological Analysis, Consensual Qualitative Research and Ideal Type Analysis / Analysis of Conversation and Discourse / Narrative Analysis / Personal Experience Methods: Heuristic Research and Autoethnography / Using / PARTICIPATION in Inquiry to Enhance Practical Knowing: Action Research / Qualitative Case Studies / The Role of Qualitative Methods in Outcome Research / The Concept of Validity in Qualitative Research / Next Steps: Taking the Research Agenda forward

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RESEARCH METHODS IN PSYCHOLOGY: Investigating Human Behavior

Paul G. Nestor • Russell K. Schutt, *both at University of Massachusetts Boston*

Using real-life research stories to illustrate the presentation of research methods in each chapter, **Research Methods in Psychology: Investigating Human Behavior** offers a unique approach to teaching research methods in the behavioral sciences. With the scientific method at its core, the text systematically presents the entire research process within a unifying conceptual framework. The authors' goal is to teach students how to recognize, understand, and appreciate scientific research by casting the scientific method widely, and aligning it not only with the rigorous testing of ideas but also with the generation of new ideas, spawned by imagination and creativity. Students will gain the tools they need to broaden their thinking about research as they are inspired to approach and apply their research in innovative ways.

CONTENTS 1. Uncommon Sense: Scientific Method and Human Reasoning / 2. The Foundations of Psychological Research / 3. Ethics in Behavioral Research / 4. Conceptualization and Measurement / 5. Sampling and Survey Research / 6. True Experiments I: Single-Factorial Designs / 7. True Experiments II: Multifactorial Designs / 8. Quasixperimental and Nonexperimental Designs / 9. Small-N and Single-Subject Designs / 10. Quantitative Data Analysis / 11. Qualitative Methods / 12. Essentials of APA Report Writing


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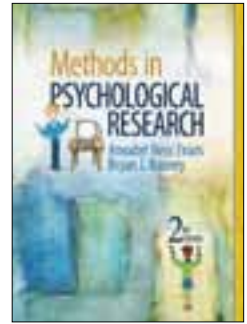
METHODS IN PSYCHOLOGICAL RESEARCH SECOND EDITION

Annabel Ness Evans • Bryan J. Rooney, *both at Concordia University College of Alberta, Canada*

Annabel Ness Evans and Bryan J. Rooney provide an applied approach in this thoroughly updated **Second Edition**. The authors continue to rely on student feedback from their extensive classroom experience to insure both accessibility and relevance. End-of-chapter FAQs and projects complement the in-text exercises and art to develop a refreshingly realistic methodology.

CONTENTS 1. Introduction to Research in Psychology / 2. Understanding the Research Literature / 3. Research in Psychology: An Ethical Enterprise / 4. Hypothesis Testing, Power, and Control: A Review of the Basics / 5. Measuring Variables / 6. Selecting Research / PARTICIPANTS / 7. Experimental Design: Independent Groups Designs / 8. Experimental Design: Dependent Groups and Mixed Groups Designs / 9. Experimental Design: Single- / PARTICIPANT Designs/The Operant Approach / 10. Finding Relationships Among Variables: Nonexperimental Research / 11. Data Collection Methods / 12. Program Evaluation, Archival Research, and Meta-Analytic Designs / 13. Your Research Project: Analyzing, Interpreting, and Presenting Your Research / 14. Communicating in Psychology

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UPDATED EDITION OF BESTSELLER!

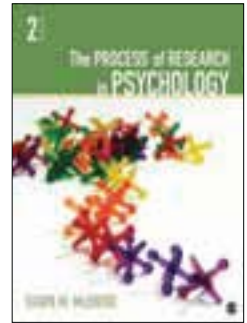
THE PROCESS OF RESEARCH IN PSYCHOLOGY SECOND EDITION

Dawn M. McBride, *Illinois State University*

Utilizing numerous examples from published research and the pedagogical approach of spaced repetition, this introductory text provides a step-by-step explanation of how to design, conduct, and present a research study in psychology. Early chapters introduce important concepts for developing research ideas, subject sampling, ethics, and data collection to help students understand the process of research. Subsequent “Nuts and Bolts” chapters provide more detailed coverage of these topics and examine the various types of research relevant to the field of psychology. This approach creates a logical scaffolding upon which students can build their knowledge and allows for an easy-to-read, concise format that provides students with the appropriate information required to do research in psychology!

CONTENTS PART I: OVERVIEW OF THE RESEARCH PROCESS FROM START TO FINISH / 1. Psychological Research: The Whys and Hows of the Scientific Method / 2. Hypothesis Development: Where Research Questions Come From / 3. How Psychologists Use the Scientific Method: Data Collection Techniques and Research Designs / 4. Measurement Issues in Research / 5. Ethical Guidelines for Psychological Research / 6. Sampling / 7. Summarizing and Interpreting Data: Using Statistics / 8. Reporting Research / **PART II: THE NUTS AND BOLTS OF RESEARCH METHODS AND ANALYSIS** / 9. The Nuts and Bolts of Survey Research / 10. The Nuts and Bolts of Correlational Studies / 11. The Nuts and Bolts of Experiments / 12. The Nuts and Bolts of Quasi-Experiments / 13. The Nuts and Bolts of Other Specialized Designs / 14. The Nuts and Bolts of Using Statistics

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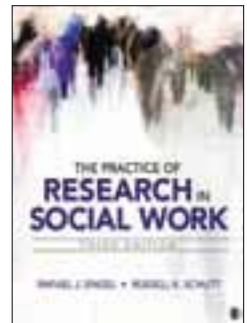
THE PRACTICE OF RESEARCH IN SOCIAL WORK THIRD EDITION

Rafael J. Engel, *University of Pittsburgh* • Russell K. Schutt, *University of Massachusetts Boston*

Designed to help students develop skills in evaluating research and conducting studies, the **Third Edition** of the popular text, **The Practice of Research in Social Work**, makes principles of evidence-based practice come alive through illustrations of actual social work research. It introduces students to the study of research in social work and to the contributions made to our understanding of what is effective social work practice. Additionally, the Third Edition is designed to directly and indirectly help students achieve the six core competencies identified by CSWE as essential to competency-based education, including research (2.1.6), ethical principles (2.1.2), critical thinking (2.1.3), engage diversity (2.1.4), advance human rights (2.1.5), and evaluation (2.1.10(d)).

CONTENTS 1. Science, Society, and Social Work Research / 2. The Process and Problems of Social Work Research / 3. Ethical and Scientific Guidelines for Social Work Research / 4. Measurement / 5. Sampling / 6. Causation and Research Design / 7. Group Experimental Designs / 8. Single-Subject Designs / 9. Survey Research / 10. Qualitative Methods: Observing, Participating, Listening / 11. Qualitative Data Analysis / 12. Mixed Methods / 13. Evaluation Research / 14. Quantitative Data Analysis / 15. Reporting Research

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COUNSELING AND EDUCATIONAL RESEARCH: Evaluation and Application

SECOND EDITION

Rick Houser, *University of Alabama at Birmingham*

Written for research methods courses in counseling and education, this **Second Edition** emphasizes the importance of being a good consumer of research and shows practitioners how to conduct research in practice. The new edition includes new chapters on evidence-based practice statistics, mixed methods, and online literature searches, new articles from the literature, and more.

CONTENTS PART I: INTRODUCTION TO THE RESEARCH PROCESS / 1. Science and the Research Process / 2. Searching Articles in Professional Journals and Online Databases / 3. Basics of Statistical Methods / 4. Quantitative Research and Research Designs / 5. Qualitative Research Methods / 6. Mixed Methods Research / 7. Evidence-Based Research Methods / 8. Ethics and Research / **PART II: EVALUATING ARTICLES IN THE PROFESSIONAL LITERATURE** / 9. Evaluating the Literature Review / 10. Evaluating the Purpose Statement and Hypotheses / 12. Evaluating the Methods Section—Procedures / 13. Evaluating the Methods Section—Instruments / 14. Evaluating the Results Section / 15. Evaluating the Discussion Section / **SECTION III: APPLICATION OF RESEARCH AND EVALUATION** / 16. Developing a Research Proposal and Conducting Research in Practice / 17. Development and Application of Program Evaluation Research / 18. Current and Future Issues in Counseling and Educational Research

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THE PSYCHOLOGY RESEARCH HANDBOOK: A Guide for Graduate Students and Research Assistants SECOND EDITION

Frederick T. L. Leong, *Michigan State University* • James T. Austin, *The Ohio State University*

This Handbook offers a comprehensive guide for understanding and conquering the entire research process. The editors have assembled a distinguished group of expert researchers who share skill sets accumulated as a result of years of practical exposure to the design, development, implementation, and documentation of research in psychology.

CONTENTS PART I: RESEARCH PLANNING / Research as a script / Finding a research topic / Bibliographic research / Reviewing and evaluating a research article / Program evaluation: Concepts and Perspectives / **PART II: DESIGN, INSTRUMENT SELECTION OR DEVELOPMENT, & SAMPLING** / Designing a research study / Evaluating and selecting psychological measures for research purposes / Designing surveys and questionnaires for research / Scale development / Applying sampling procedures / Statistical power / **PART III: DATA COLLECTION** / Applying for approval to conduct research with human / PARTICIPANTS / Conducting mail & Internet surveys / Conducting telephone surveys / Collecting data in groups / **PART IV: DATA ANALYSIS** / Cleaning up data and running preliminary analyses / Qualitative methods / A Basic guide to Statistical research and discovery: Planning and selecting statistical analyses / Basic statistical analyses / Using advanced statistics / Conducting a meta-analysis / Archival data sets: Revisiting issues and considerations / **PART V: RESEARCH WRITING** / Writing in APA style: Why and how / Writing rough drafts / Revising a research manuscript / Dealing with journal editors and reviewers / **PART VI: SPECIAL TOPICS** / Coordinating a research team: Maintaining & developing a good working laboratory / Multilevel research / Computational modeling / Applying for research grants / Cross-cultural research methodology / Applying theories to research: The interplay of theory and research in science / The research script: One researcher's view

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School Counseling

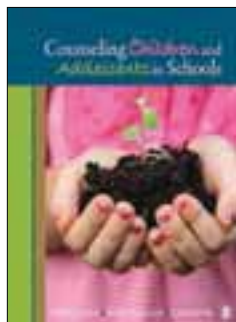
COUNSELING CHILDREN AND ADOLESCENTS IN SCHOOLS

Robyn S. Hess, *University of Northern Colorado* • Sandy Magnuson, *Retired Counselor Educator and Elementary School Counselor* • Linda Beeler, *Capella University*

Counseling Children and Adolescents in Schools is a text and workbook (see next page) designed to help aspiring school psychologists and counselors gain the necessary theoretical background and skill set to work effectively with youth in schools. The dual focus on school counselors and school psychologists provides students a broader view of the different mental health professionals in the schools, with an emphasis on collaboration. This interdisciplinary text can be used across pre-practica, practica, and other school-based field experiences.

CONTENTS 1. What is so Special About Counseling in the Schools? / 2. Working within Family, School, and Community Systems / 3. Understanding the Developmental Worldview of Children and Adolescents / 4. Theory Integration and Case Conceptualization / 5. Adlerian Approaches to Counseling in Schools / 6. Cognitive Behavioral Approaches to Counseling in Schools / 7. Solution-Focused Brief Therapy in Schools / 8. Choice Theory and Reality Therapy Approaches to Counseling in Schools / 9. Play and Art Based Approaches in Counseling in Schools / 10. Working with Groups in Schools / 11. Crisis Response and Intervention in the Schools / 12. Legal and Ethical Issues in School Settings / 13. Accountability in School-based Services / 14. Building Alliances through Consultation and Collaboration / 15. Creating a Continuum of Care

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COUNSELING CHILDREN AND ADOLESCENTS IN SCHOOLS: Practice and Application Guide

Sandy Magnuson, *Retired Counselor Educator and Elementary School Counselor* • Robyn S. Hess, *University of Northern Colorado* • Linda Beeler, *Capella University*

Counseling Children and Adolescents in Schools is a workbook designed to help aspiring school psychologists and counselors gain the necessary theoretical background and skill set to work effectively with youth in schools. The dual focus on school counselors and school psychologists provides students a broader view of the different mental health professionals in the schools, with an emphasis on collaboration. This interdisciplinary text can be used across pre-practica, practica, and other school-based field experiences.

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INTRODUCTION TO SCHOOL COUNSELING

Robert J. Wright, *Widener University*

This comprehensive graduate-level text prepares readers to handle the problems and responsibilities they'll face as professional school counselors, preschool through high school. It covers a wide range of topics in-depth, including: effective interventions for racism and bullying, the continuing score gap between ethnic groups, a school counselor's leadership role in implementing school-based action research, a model for advocating on behalf of, and providing services to children with disabilities. The book is packed with real life examples and case descriptions: it provides strategies for preventing and responding to social and emotional problems, improving educational outcomes, and helping children score at optimum levels on high-stakes tests.

CONTENTS 1. School Counseling, an Evolving Profession / 2. Professional Counseling in the Schools / 3. Counseling With Young Children, Prekindergarten to Grade 5 / 4. School Counseling in the Middle School / 5. Counseling in High Schools / 6. Models and Approaches for School Counseling / 7. Counseling Children With Educational and Special Needs / 8. School Counseling With a Diverse Population of Students / 9. Social Problems and Emergency Counseling in the Schools / 10. School Testing Programs and the School Counselor / 11. Professional School Counselors as Consultants / 12. Professional School Counselors With Parents and the Greater Community / 13. Counselor's Role in Career Development and Planning / 14. Data Management, Action Research, and the Evaluation of School Counseling Programs

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Social Justice Counseling

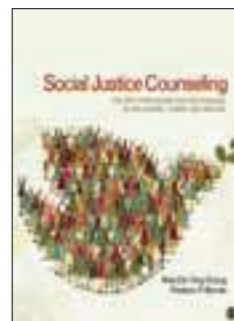
SOCIAL JUSTICE COUNSELING: The Next Steps Beyond Multiculturalism

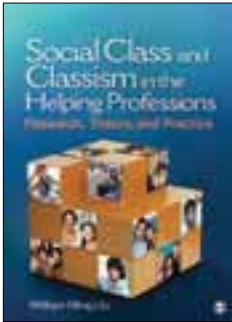
Rita Chi-Ying Chung, *George Mason University* • Frederic P. Bemak, *George Mason University*

Social Justice Counseling develops a new frontier in multicultural social justice work and is the next step toward alleviating the injustices faced by individuals in society. Addressing issues of social class, race and ethnicity, and more, this book reflects the shift in recent years towards social justice counseling for all mental health professionals. It offers new and unique perspectives supplementing important social justice issues and enhancing the content taught in multicultural courses. The authors are leading authorities on multicultural and social justice counseling and have led the way to create a specialization with a nationally recognized program in multicultural social justice counseling.

CONTENTS PART I: INTRODUCTION TO COUNSELING AND SOCIAL JUSTICE / 1. Introduction / 2. Theories of Multicultural Counseling / 3. Theories of Social Justice / **PART II: MULTI-LEVEL MODEL OF PSYCHOTHERAPY, COUNSELING, SOCIAL JUSTICE AND HUMAN RIGHTS** / 4. Development and Rationale for the Multi-Level Model of Psychotherapy, Counseling, Social Justice and Human Rights / 5. Multi-Level Model of Psychotherapy, Counseling, Social Justice and Human Rights / **PART III: SOCIAL JUSTICE JOURNEYS AND PERSONAL APPLICATIONS** / 6. The Journey of an Asian Human Rights and Social Justice Road Warrior: Rita Chi-Ying Chung / 7. Ther Personal Journey of a Social Justice and Human Rights Advocate: Fred Bemak / 8. Social Justice Reflections of Graduate Students / **PART IV: CRITICAL SOCIAL JUSTICE TOOLS** / 9. Change Models / 10. Leadership and Social Justice / 11. Advocacy and Social Justice / 12. Myths and Realities of Empowerment / 13. Interdisciplinary Collaboration as a Means Towards Social Justice / **PART V: SOCIAL JUSTICE APPLICATIONS** / 14. Social Action Research and Social Justice / 15. Model Higher Education Programs in Social Justice / **PART VI: SOCIAL JUSTICE IN A GLOBAL WORLD** / 16. Social Justice in a Global World / 17. Conclusion

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SOCIAL CLASS AND CLASSISM IN THE HELPING PROFESSIONS: Research, Theory, and Practice

William M. Liu, *Counseling Psychology Program, University of Iowa*

In **Social Class and Classism in the Helping Professions**, author William Ming Liu presents theory and research on the impact of classism and social class on mental health. He provides an original framework—the Social Class Worldview Model—for exploring each person’s individual and subjective life experiences. These experiences form a perspective that is unique to the individual. The author then helps the reader integrate this realization into the study of poverty, economic inequality, wealth, and the often overlooked implications of greed, materialism, and consumerism for a more complete understanding of social class and classism.

CONTENTS 1. Introduction / 2. Social Class, Classism, and Mental and Physical Health / 3. Problems in Social Class Measurement and Research / 4. The Social Class Worldview Model / 5. Social Class and Psychotherapy, Counseling, and Career-Related Issues / 6. The Impact of Social Class and Classism on Healthy Psychological Development / 7. Greed, Materialism, and Affluence and Mental Health: The Rich Are Not Immune / 8. Classism, Inequalities, and Poverty / 9. Integrating Social Class and Classism Into Training, Education, and Supervision / 10. Social Class, Classism, Advocacy, and Social Justice

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Social Work Practice

STRENGTHS-BASED SUPERVISION IN CLINICAL PRACTICE

Jeffrey K. Edwards, *Walden University, Northeastern Illinois University*

Moving away from the usual medical-modeled framework of mental health focused on problems, **Strengths-Based Supervision in Clinical Practice** takes a postmodern, social construction approach, looking for and amplifying strengths and encouraging stakeholders to use them. Based on research in brain science, as well as from the Information Age/Connectivity Age thinking, the book reframes the focus of supervision, management, and leadership to one that collaborates and builds on strengths with supervisees as competent stakeholders in their work with their clients. Deconstructing the usual top-down hierarchy, Strengths-Based Supervision leads the reader through the full range of supervision, from the clinical aspects to the administration of all organizations where clinicians are trained, supervised, and encouraged to excel and grow.

CONTENTS PART 1. IN THE BEGINNING / 1. The History and Traditions of Clinical Supervision / 2. Executive Skills of Strengths-Based Supervision / **PART 2. A TIME FOR A CHANGE TO A NEW MODEL** / 3. A Time for Change / 4. Strengths-Based Clinical Supervision Primer: Social Constructivism and Postmodernism / 5. Strengths-Based Clinical Supervision Primer: From the Roots of Psychology / 6. Larger Systems: Strengths-Based Management and Leadership / **PART 3. FACES OF STRENGTH: PUTTING MY CURRENCY WHERE MY MOUTH IS** / 7. Supervision Sessions and Personnel Management: Vantage Point, Point of View, and Perspective / 8. Two Case Studies / **PART 4. MOVING INTO THE FUTURE** / 9. Lessons Learned and Where to from Here? / 10. Epilogue


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THEORY & PRACTICE IN CLINICAL SOCIAL WORK SECOND EDITION

Edited by Jerrold R. Brandell, *Wayne State University*

This thoroughly updated resource is the only comprehensive anthology addressing frameworks for treatment, therapeutic modalities, and specialized clinical issues, themes, and dilemmas encountered in clinical social work practice. Editor Jerrold R. Brandell and other leading figures in the field present carefully devised methods, models, and techniques for responding to the needs of an increasingly diverse clientele.

CONTENTS PART I: FRAMEWORKS FOR CLINICAL PRACTICE / 1. System Theory By Bruce Friedman, Karen M. Neuman / 2. Behavioral and Cognitive Theories By Bruce Thyer, Laura M. Myers / 3. Psychoanalytic Theory By Fredric Perlman, Jerrold R. Brandell / 4. Neurobiology and Clinical Social Work / **PART II: SPECIFIC TREATMENT MODALITIES** / 5. Clinical Practice With Children By Alan J. Levy, Margaret G. Frank / 6. Clinical Social Work With Adolescents By Randolph Lucente, Judith M. Mishne / 7. Family Therapy By Froma Walsh / 8. Cognitive-Behavioral Therapy With Adults By Donald Granvold / 9. Psychoanalytic Psychotherapy With Adults By Fredric T. Perlman / 10. Couples Therapy By Karen Kayser / 11. Group Treatment of Children and Adolescents By Joan Lesser / 12. Group Treatment With Adults By Charles D. Garvin / **PART III: SPECIALIZED CLINICAL ISSUES, THEMES, DILEMMAS** / 13. The Challenge of Clinical Work With Survivors of Trauma By Roberta Graziano / 14. Clinical Social Work in Situations of Disaster and Terrorism By Martha Bragin / 15. Clinical Practice With Older Adults By Harriet Halipam Soares, Madeleine Rose, Renee Feiger / 16. Interpersonal Violence and Clinical Practice By Louise R. Presley / 17. Clinical Social Work With Depressed Clients By Olga Mikhailova, Jo Nol / 18. Dynamic Approaches to Brief and Time-Limited Clinical Social Work By Jerrold R. Brandell / 19. Social Work Interventions With Alcohol and Other Drug Problems By Maryann Amodeo, Lúiz Lopez / 20. Clinical Case Management By Joel Kanter / 21. Clinical Practice With Gay Men By Steve Cadwell / 22. Clinical Practice With Lesbians By Eda G. Goldstein / 23. Treatment of Infants and Their Families By Ramona Rukstele / 24. Mourning and Loss: A Life Cycle Perspective By Margaret O’Kane Brunhofer / 25. Cross-Cultural Clinical Social Work Practice By Marian Bogo, A. Ka Tat Tsang, Eunjung Lee / 26. Researching Clinical Practice By James Drisko / 27. Clinical Social Work in Urban School Settings By Phyllis I. Vroom, Lenora Stanfield, Roxanne Barzone / 28. Psychopharmacology and Clinical Social Work Practice By David Cohen / 29. HIV/AIDS and Gay Men By R. Dennis Shelby, Boris Thomas, James N. Lampe / 30. Clinical Social Work With the Persistently Mentally Ill By Eric OrNSTein

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Substance Abuse

PERSPECTIVES ON ADDICTION: An Integrative Treatment Model with Clinical Case Studies

Margaret Fetting, *University of Southern California*

This book presents a broad overview of addiction for the non-addiction professional. It is a core text for courses offered in departments of counseling, social work, psychology, and other helping professions (nursing). It is intended for students that will come in contact with individuals with chemical dependency. The book has a unique presentation of various profiles of addiction, which are beneficial case studies to help students identify the various forms of addiction and how they might be present in addicted individuals. The book begins with an overview of the sociocultural dimensions of addiction and then will go into various definitions and misconceptions about addiction. It then presents a section on diagnosis, including various profiles of addiction. Then the book presents the common models for understanding and treating addiction, including the moral model, the disease model, the social model, AA model, harm reduction model, and various methods of treatment. The author covers addiction from various angles including the models of treatment and the various theoretical approaches. Finally, the author presents the common methods of treatment including cognitive behavioral treatment, AA (12-step), and various other approaches such as motivational interviewing.

CONTENTS PART I: A PERSPECTIVE ON THE WORLD OF ADDICTION / 1. Cultural Statistics and Stories / 2. Sociocultural Aspects / 3. Definitions / PART II: A PERSPECTIVE ON DIAGNOSIS AND SUBSTANCE CLASSIFICATION / 4. Twelve Profiles of Addiction / 5. Eleven Classes of Psychoactive Substances / PART III: A PERSPECTIVE ON MODELS OF TREATMENT AND THE SUFFERING BEHIND ADDICTION / 6. Ten Models of Treatment / 7. Self-Medication, Psychoanalytic, and Psychodynamic Theories / PART IV: A PERSPECTIVE ON THE TREATMENT PATH OF ADDICTION WITH CLINICAL CASES / 8. Stephanie Brown and an Integrative Treatment Model / 9. Integrative Treatment Model: The Drinking and Usage Stage / 10. Integrative Treatment Model: The Transition Stage / 11. Integrative Treatment Model: The Early Recovery Stage / 12. Integrative Treatment Model: The Ongoing Recovery Stage

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UPDATED EDITION OF BESTSELLER

CHEMICAL DEPENDENCY COUNSELING: A Practical Guide FOURTH EDITION

Robert R. Perkinson, *Keystone Treatment Center, Canton, South Dakota*

Chemical Dependency Counseling is a bestselling comprehensive guide for counselors and front-line professionals who work with the chemically dependent and addicted in a variety of treatment settings. The text shows the counselor how to use the best evidence-based treatments available, including motivational enhancement, cognitive behavioral therapy, skills training, medication and 12 step facilitation. Guiding the counselor step-by-step through treatment, this volume presents state-of-the-art tools, and forms and tests necessary to deliver outstanding treatment and to meet the highest standards demanded by accrediting bodies.

CONTENTS 1. The First Contact / 2. The Drugs / 3. The First Hours of Treatment / 4. The Biopsychosocial Interview / 5. The Treatment Plan / 6. Individual Treatment / 7. Group Therapy / 8. Recovery Skills / 9. The Steps / 10. The Lectures / 11. Special Issues / 12. Adolescent Treatment / 13. The Family Program / 14. The Clinical Staff / 15. Discharge Summary and Continuing Care / 16. The Good Counselor

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ALCOHOL, OTHER DRUGS, AND BEHAVIOR: Psychological Research

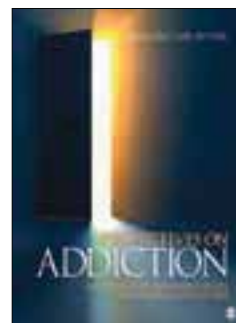
Perspectives SECOND EDITION

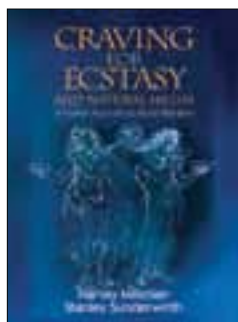
John Jung, *California State University, Long Beach*

Providing a psychological perspective on the use and abuse of alcohol and other psychoactive drugs, this **Second Edition** includes more coverage of the theories of alcohol and other drug use and abuse, as well as broad conceptual issues related to the nature of addiction and recent developments in research methods.

CONTENTS 1. Psychology of Alcohol and Other Drugs / 2. Theories of Alcohol and Other Drug Use / 3. Alcohol and Other Drugs: Use, Abuse, and Dependence / 4. The Extent of Alcohol and Other Drug Use / 5. Neurobiology of Alcohol and Other Drug Use / 6. Heredity and Environment: Alcohol and Other Drug Use / 7. Basic Psychological Processes / 8. Interpersonal Processes / 9. Family Processes / 10. Age and Alcohol and Other Drugs / 11. Gender Differences in Alcohol and Other Drug Use / 12. Minority Groups: Alcohol and Other Drug Use / 13. Recovering From Alcohol and Other Drug Dependencies / 14. Treatment of Alcohol and Other Drug Dependencies / 15. Relapse After Treatment of Alcohol and Other Drug Disorders / 16. Prevention of Alcohol and Other Drug Problems

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CRAVING FOR ECSTASY AND NATURAL HIGHS: A Positive Approach to Mood Alteration

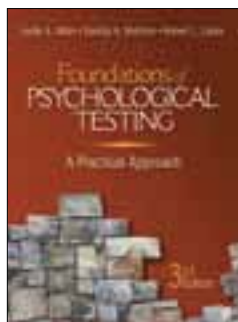
Harvey B. Milkman, *Metropolitan State College of Denver* • Stanley G. Sunderwirth

This latest work by Harvey B. Milkman and Stanley Sunderwirth delves into the human pursuit of counterfeit pleasures and answers the fundamental questions surrounding how that pursuit can lead to compulsion – and ultimately a loss of control. Readers will gain critical insight on how to elevate their own quality of life, as well as learn how to offer support to clients, students, family, and friends whose lives may be compromised by addiction.

CONTENTS PART I: THE UNIVERSAL DESIRE TO FEEL GOOD / 1. Addiction to Experience / 2. Pleasure and the Brain / PART II: FINDING RELIEF AND LETTING GO / 3. Hey, What's in This Stuff, Anyway? / 4. The Great Psychiatric Tavern / 5. Self-Medication / 6. Eating for a Change / PART III: THE THRILL OF EXCITEMENT AND RISK / 7. Stress Hormone Highs / 8. Rock Around the Clock: Methamphetamine, Cocaine, and the Club Scene / PART IV: MENTAL EXCURSIONS / 9. Virtual Reality and Electronic Bogeymen / 10. Fantasy and the Drug Experience / 11. Compelled by Fantasy / PART V: CRAVING FOR INTIMACY / 12. Love or Addiction / 13. Marijuana--Reefer Madness Revisited / 14. Romantic Sex Fantasy / PART VI: JOURNEY TO OBLIVION / 15. The Voyage of Hardship and Suffering / PART VII: NATURAL HIGHS: THE CUTTING EDGE OF MOOD ALTERATION / 16. The Cognitive-Behavioral Revolution: How to Manage Thoughts, Feelings, and Behaviors / 17. Maintaining Close and Intimate Relationships / 18. Relaxation, Mindfulness, and Meditation / 19: Eating Yourself Fit / 20. Exercise: The Magic Bullet / 21. Meaningful Engagement of Talents

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Testing/Assessment



FOUNDATIONS OF PSYCHOLOGICAL TESTING: A Practical Approach **THIRD EDITION**

Leslie A. Miller, *LanneM TM, LLC* • Sandra A. McIntire, *Rollins College* • Robert L. Lovler, *Wilson Learning Corporation*

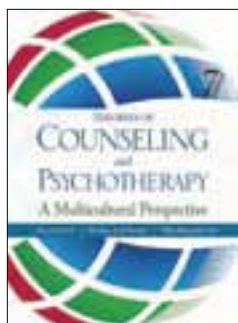
The **Third Edition** of this text offers a straight-forward introduction to the basics of psychological testing as well as to psychometrics and statistics for students new to the field. Primarily concerned with preparing students to become informed consumers and users of tests, the text also features a final section focusing on how tests are utilized in three important settings: education, clinical and counseling practice, and organizations.

CONTENTS SECTION 1. OVERVIEW OF PSYCHOLOGICAL TESTING / 1. What Are Psychological Tests? / 2. Why Is Psychological Testing Important? / 3. Is There a Right or Wrong Way to Use Psychological Tests? / 4. How Does Computerized Testing Work? / SECTION 2. PSYCHOMETRIC PRINCIPLES / 5. How Do Test Users Interpret Test Scores? / 6. What Is Test Reliability? / 7. How Do We Gather Evidence of Validity Based the Content of a Test? / 8. How Do We Gather Evidence of Validity Based a Test's Relationships with External Criteria / 9. How do we Gather Evidence of Validity Based on a Test's Relationship with Constructs? / SECTION 3. DEVELOPING AND PILOTING SURVEYS AND PSYCHOLOGICAL TESTS / 10. How Do We Construct, Administer, and Use Survey Data? / 11. How Do You Develop a Test? / 12. How Do We Assess the Psychometric Quality of a Test? / SECTION 4. USING TESTS IN DIFFERENT SETTINGS / 13. How Are Tests Used in Educational Settings? / 14. How Are Tests Used in Clinical and Counseling Settings? / 15. How Do Organizations Use Psychological Tests?

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Theory




THEORIES OF COUNSELING AND PSYCHOTHERAPY: A Multicultural Perspective **SEVENTH EDITION**

Allen E. Ivey, *University of Massachusetts* • Michael J. D'Andrea, *St. Mary's University* • Michael J. D'Andrea, *Seton Hall University* • Mary Bradford Ivey, *University of South Florida at Tampa*

Theories of Counseling and Psychotherapy provides future mental health practitioners with a solid foundation in the theoretical concepts of the major theories of counseling and psychotherapy, enabling them to take these theories directly into clinical practice and to assist them in examining present-day counseling and therapy from a practical culture-centered perspective while simultaneously respecting traditional individual approaches to the field. The book is unique among other texts in that it fully integrates neuroscience and a multicultural approach, which is demonstrated throughout every chapter and reflects the need for mental health practitioners to have a heightened level of cultural competence and understanding of neuroscience in the future.

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NEW FORCES IN THE EVOLUTION OF COUNSELING AND PSYCHOTHERAPY / 11. Feminist Counseling and Therapy (FCT) / 12. Multicultural Counseling and Therapy / 13. Positive Psychology/Wellness Counseling and Brief/Solution-Focused Therapy / 14. Developmental Counseling and Therapy: Integrative Theory and Practice / 15. Basic Foundations of Family Counseling and Therapy: Theoretical Foundations and Translations to Practice / 16. Identifying Your Own Integrated Approach to Counseling and Therapy


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THEORIES OF COUNSELING AND PSYCHOTHERAPY: An Integrative Approach

Elsie Jones-Smith

This text offers an extensive array of theories, including all the mainstream approaches as well as contemporary ones such as narrative, feminist, and post-modern. The author provides an integrative framework that allows students to assess the various theories with respect to possible clinical application. By comparing and contrasting the theories, as well as analyzing strengths and weaknesses of each, students will learn to apply them more flexibly in practice. The book is divided into four major theoretical forces in psychotherapy, and introductory sections are provided to help students place a particular theory within a major theoretical period.

CONTENTS 1. Introduction: Journey Toward Theory Integration / **PART I: THE FIRST FORCE IN PSYCHOTHERAPY: PSYCHOANALYSIS AND PSYCHODYNAMIC THEORIES** / 2. Psychoanalytic and Psychodynamic Theories / 3. Adlerian Psychotherapy / **PART II: THE SECOND FORCE IN PSYCHOTHERAPY: BEHAVIOR AND COGNITIVE THERAPY** / 4. Behavior Therapy / 5. Cognitive Approaches to Therapy / 6. Reality/Choice Therapy / **PART III: THE THIRD FORCE IN PSYCHOTHERAPY: EXISTENTIAL AND HUMANISTIC WORLDVIEWS** / 7. Existential Therapy / 8. Person-Centered Therapy: Carl Rogers / 9. Gestalt Therapy: Fritz Perls / **PART IV: THE FOURTH FORCE IN PSYCHOTHERAPY: SOCIAL CONSTRUCTIVISM AND POSTMODERNISM** / 10. Multicultural Psychotherapy Theories / 11. Transcultural Psychotherapy: Bridges to Asia, Africa, and the Middle East / 12. Feminist Therapy and Lesbian and Gay Therapy / 13. Solution-Focused Therapy / 14. Narrative Therapy / 15. Integrating Spiritual/Religious Issues During Psychotherapy / 16. Strengths-Based Therapy / 17. Family Therapy Approaches / 18. Comparing and Contrasting the Theories of Psychotherapy / 19. Integrative Psychotherapy: Constructing Your Own Integrative Approach to Therapy

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THEORY AND PRACTICE OF COUNSELLING AND THERAPY

FIFTH EDITION

Richard Nelson-Jones, *Fellow of the British Psychological Society and of the British Association for Counselling and Psychotherapy*

The **Fifth Edition** of Richard Nelson-Jones' **Theory and Practice of Counselling and Therapy** provides an essential introduction to the major theoretical approaches in counselling and psychotherapy today. This comprehensive and accessible book has been substantially revised and updated, and now includes two brand new chapters on solution-focused therapy and narrative therapy by Alasdair Macdonald and Martin Payne.

CONTENTS PART I: INTRODUCTION / Creating Counselling and Therapy Approaches / **PART II: PSYCHODYNAMIC THERAPIES** / Freud's Psychoanalysis / Jung's Analytical Therapy / **PART III: HUMANISTIC-EXISTENTIAL THERAPIES** / Person-Centred Therapy / Gestalt Therapy / Transactional Analysis / Reality Therapy / Existential Therapy / Logotherapy / **PART IV: COGNITIVE-BEHAVIOUR THERAPIES** / Behaviour Therapy / Rational Emotive Behaviour Therapy / Cognitive Therapy / Multimodal Therapy / **PART V: POSTMODERN THERAPIES** / Solution-Focused Therapy By Alasdair Macdonald / Narrative Therapy By Martin Payne / **PART VI: MULTICULTURAL AND GENDER THERAPIES** / Multicultural Therapy / Gender Therapy / **PART VII: CONCLUSION** / Evaluation, Eclecticism and Integration

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THEORIES OF COUNSELING AND THERAPY: An Experiential Approach

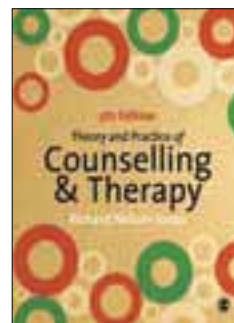
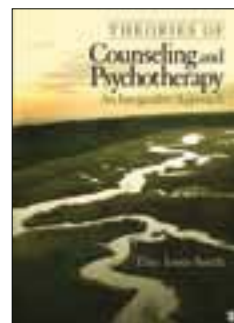
SECOND EDITION

Jeffrey A. Kottler, *California State University, Fullerton* • Marilyn J. Montgomery, *Florida International University*

Through a unique approach that makes understanding theories in counseling and psychotherapy fun, stimulating, and personally meaningful, this fully updated **Second Edition** helps students comprehend the various and complex theories, apply the material to their own lives (through the use of the reflective exercises in every chapter), and internalize the content of the course. The book's three-part structure includes an introductory section that provides the background necessary for understanding the theories, a middle section that discusses the main theory "families," and a final section that focuses on synthesis and application.

CONTENTS 1. A Personal Introduction to Theory / 2. Theory in Context / 3. Theory in a Clinician's Life / 4. Psychodynamic Approaches: Look to the Past to Set You Free / 5. Behavioral Approaches: What Is Learned Can Be Unlearned / 6. Humanistic Approaches: The Primacy of Personal Experience / 7. Cognitive Approaches: Thoughts before Feelings / 8. Systemic Approaches: All in the Family / 9. Brief Approaches: Problems and Solutions / 10. Theories on the Edge / 11. Integrative Approaches to Doing Therapy / 12. Personalizing and Customizing Theory for Clients and Settings

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Training

HANDBOOK OF COUNSELOR PREPARATION: Constructivist, Developmental, and Experiential Approaches

Garrett McAuliffe, *Old Dominion University* • Karen Eriksen, *Radford University & Eriksen Institute for Ethics*

Endorsed by the Association of Counselor Education and Supervision (ACES), this definitive single-volume guide is the first of its kind on teaching and developing counselor educator programs that embrace constructivist and developmental theory.

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Trauma

TREATING COMPLEX TRAUMA IN ADOLESCENTS AND YOUNG ADULTS

John N. Briere, *University of Southern California, Keck School of Medicine, Los Angeles* • Cheryl B. Lanktree, *Private Practice*

"This is a very concise, well-structured and comprehensive guide for the assessment and treatment of complex trauma in adolescents. It provides thorough descriptions of the multiple levels of interventions that are needed in order to facilitate therapeutic progress and re-establish healthy development in adolescents with histories of early traumatization. In addition, the model provides some practical tools that facilitate the implementation of appropriate strategies at different stages of treatment."

—Ana Mercedes Caro, *Chestnut Hill College*

Treating Complex Trauma in Adolescents and Young Adults is the first empirically-validated, multi-component manual to guide practitioners and students in the treatment of multi-traumatized adolescents and young adults. Best-selling author, John Briere, and renowned clinician, Cheryl Lanktree, outline a hands-on, culturally-sensitive approach to the most challenging of young clients: those suffering from complex trauma histories, multiple symptoms, and, in many cases, involvement in a range of problematic behaviors. This model, Integrated Treatment of Complex Trauma for Adolescents (ITCT-A), integrates a series of approaches and techniques, which are adapted according to the youth's specific symptoms, culture, and age. Components include relationship-building, psychoeducation, affect regulation training, trigger identification, cognitive processing, titrated emotional processing, mindfulness training, collateral treatments with parents and families, group therapy, and system-level advocacy.

CONTENTS 1. Introduction / **SECTION I: COMPLEX TRAUMA OUTCOMES AND ASSESSMENT** / 2. Complex Trauma in Adolescence and Young Adulthood / 3. Assessment / 4. Completing and Using the Assessment-Treatment Flowchart for Adolescents (ATF-A) / **SECTION II: OVERVIEW OF TREATMENT** / 5. Central Aspects of ITCT-A / 6. From Assessment to Intervention: The Problems-to-Components Grid (PCG) / 7. Sequence and Session-Level Structure of ITCT-A / **SECTION III: TREATMENT COMPONENTS** / 8. Relationship Building and Support / 9. Safety Interventions / 10. Psychoeducation / 11. Distress Reduction and Affect Regulation Training / 12. Cognitive Processing / 13. Trigger Identification and Intervention / 14. Titrated Exposure / 15. Relational Processing / 16. Interventions for Identity Issues / 17. Family Therapy / 18. Interventions With Caretakers / 19. Group Sessions / 20. Three Case Examples / 21. Treatment Outcome Results / 22. Summary

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PRINCIPLES OF TRAUMA THERAPY: A Guide to Symptoms, Evaluation, and Treatment **SECOND EDITION**

John Briere, *University of Southern California, Keck School of Medicine, Los Angeles* • Catherine Scott, *University of Southern California, Keck School of Medicine, Los Angeles*

This popular text provides a creative synthesis of cognitive-behavioral, relational, affect regulation, mindfulness, and psychopharmacologic approaches to the "real world" treatment of acute and chronic posttraumatic states. Grounded in empirically-supported trauma treatment techniques, and adapted to the complexities of actual clinical practice, it is a hands-on resource for front-line clinicians, those in private practice, and graduate students of public mental health.

CONTENTS Part 1: Trauma, Effects, and Assessment / I. What is trauma? / II. The effects of trauma / III. Assessing trauma and posttraumatic outcomes / Part 2: Clinical Interventions / IV. Central issues in trauma treatment / V. Cognitive interventions / VI. Emotional processing / VII. Increasing relational functioning and other self-capacities / VIII. Treating the effects of acute trauma / IX. Biology and psychopharmacology of trauma / X. Conclusions /

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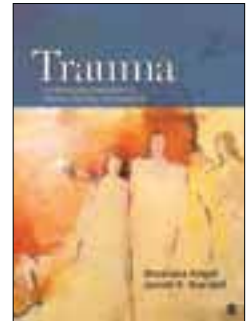
TRAUMA: Contemporary Directions in Theory, Practice, and Research

Shoshana Ringel, *University of Maryland Baltimore* • Jerrold R. Brandell, *Wayne State University*

Trauma: Contemporary Directions in Theory, Practice, and Research is a comprehensive text on trauma, including such phenomena as sexual abuse, childhood trauma, PTSD, terrorism, natural disasters, cultural trauma, school shootings, and combat trauma. Addressing multiple theoretical systems and how each system conceptualizes trauma, the book offers valuable information about therapeutic process dimensions and the use of specialized methods and clinical techniques in trauma work, with an emphasis on how trauma treatment may affect the clinician. Intended for courses in clinical practice and psychopathology, the book may also be useful as a graduate-level text in the allied mental health professions.

CONTENTS Overview / Cognitive-Behavioral Theory / Psychoanalytic Theory (/ PART I) / Psychoanalytic Theory (/ PART II) / Attachment Theory, Infant Research, and Neurobiology / Art Therapy with Traumatically Bereaved Children / Military Bereavement and Combat Trauma / The Trauma of Bullying Experiences / Traumas of Development in the Gay Male / Cultural and Historical Trauma Among Native Americans / The Effects of Trauma Treatment on the Therapist / Implications for Teaching and Supervision

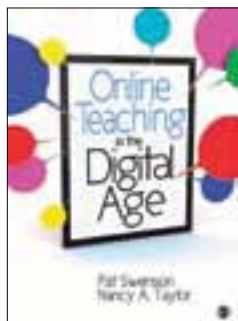
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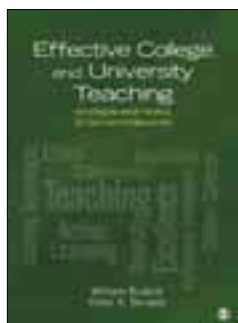
ONLINE TEACHING IN THE DIGITAL AGE

Pat Swenson • Nancy A. Taylor, both at California State University, Northridge

Online Teaching in the Digital Age provides educators with the essential knowledge needed to successfully develop and teach an online course. Throughout this practical hands-on guide, the authors offer 15 years of personal online teaching experience in language accessible to both the novice and advanced online educator. Developed through theory and practice, the text shows educators how to take the materials used in a traditional classroom and transfer them to a new virtual environment. Additionally, it gives educators the confidence and skills needed to run real-time (synchronous) and time-arranged (asynchronous) online discussions. Most reassuring of all, this book shows that few traditional course elements need to change in order to start teaching online.

CONTENTS 1. What You Need to Know about Online Teaching / 2. The Learning Management System / 3. Web 2.0 - A World Wide Web of Options / 4. Choosing Your Course Format and Features / 5. Planning Future Semesters

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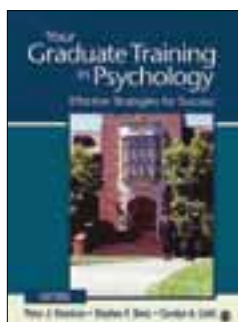
EFFECTIVE COLLEGE AND UNIVERSITY TEACHING: Strategies and Tactics for the New Professoriate

William Buskist, Auburn University • Victor A. Benassi, University of New Hampshire, Durham

Using empirical research, **Effective College and University Teaching: Strategies and Tactics for the New Professoriate** gives faculty and graduate teaching assistants the tools for understanding why certain teaching practices work and how to adjust their teaching to changing classroom room and online environments. The majority of books on college and university teaching are "how to" books. This book takes a unique approach and provides both the rationale and a detailed guide for how to use and teach these practices to others. Written by leading scholars and expert master teachers, this book outlines, reviews, and discusses the best practices for preparing graduate students to become effective in their duties as teaching assistants and as teachers of record and for new faculty teaching earlier in their careers. The book provides full coverage of those topics central to developing efficacious training practices aimed at the professional development of teachers at the college and university level.

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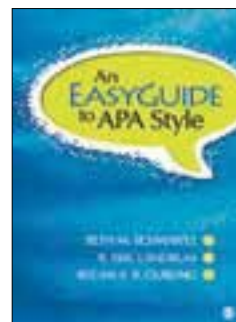
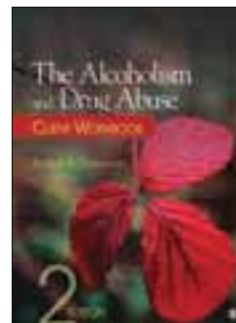
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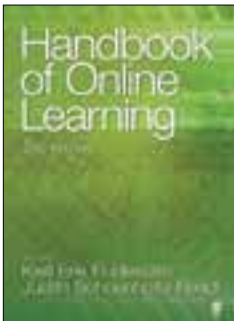
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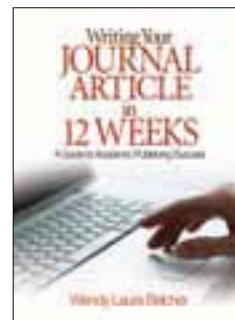
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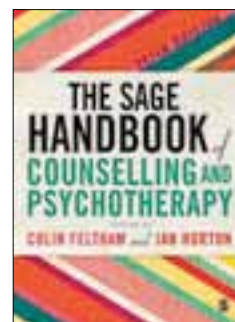
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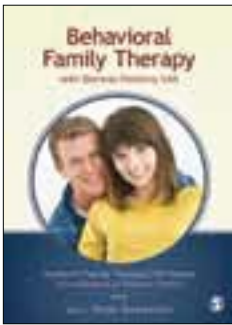
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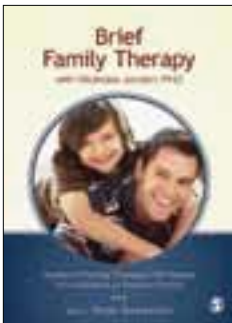
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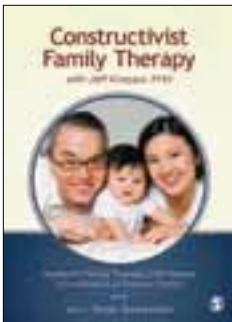
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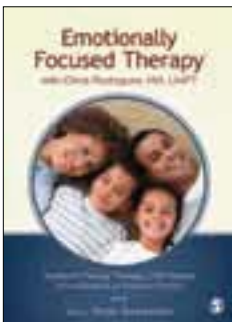
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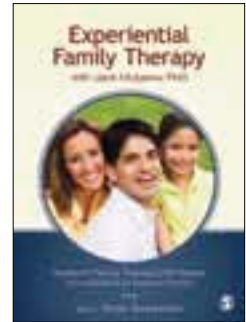
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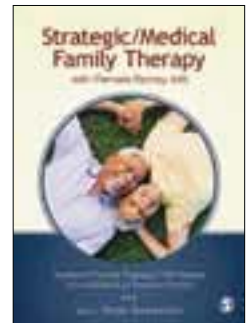
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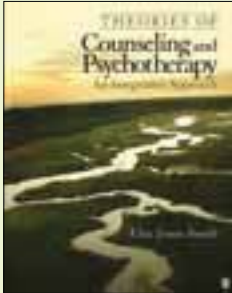


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