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Foot & Ankle Specialist

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Foot & Ankle Specialist (FAS) is a bimonthly journal offering peer-reviewed clinical information for foot and ankle caregivers. Written and edited by podiatrists and orthopaedic surgeons, FAS offers the latest techniques and advancements in foot and ankle treatment through research reports and reviews, technical perspectives, case studies, and other evidence-based articles. FAS enables practitioners to address a broad range of disorders and provide their patients with the best current diagnosis and therapy.

The “Current Trends in Foot and Ankle Surgery” column focuses on surgical techniques; however, other treatments, including technological (ie. extracorporeal shock wave therapies or orthotic and prosthetics) or biological (ie. platelet rich plasma) advancements, will also be described. A detailed description of these techniques, with simplicity, will be provided to minimize the inherent learning curve for the clinician. This column provides practical pearls for the treating physician in the context of addressing the difficult ethical questions posed above, highlighting techniques that will optimize the care for our patients while maintaining the ethical integrity of the foot and ankle field.

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