

Intended for healthcare professionals

## Sage Journals

### The Science of Diabetes Self-Management and Care

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Your article must be within the scope of the journal and be of sufficient quality. If not, it will not be reviewed. Please read the journal's [Aims and Scope](#) to see if your article is appropriate.

The manuscript must be your original work, you must have the rights to the work, and you must have obtained and be able to supply all necessary permissions for the reproduction of any copyright works not owned by you, including figures, illustrations, tables, lengthy quotations, or other material previously published elsewhere.

### Article types

#### Features

All feature articles must include a structured abstract of 250 words. Feature articles include: Original Research; Meta-analysis, Systematic Reviews and Integrative Reviews and ADCES Position/Consensus Statements.

There is no limit on the number of references allowed for Original Features.

#### Original Research

This type of feature reports original investigations that are relevant to the aims and scope of the journal. Research papers should be 12-14 double-spaced pages, excluding tables, figures, and references. The following elements should be included in reports of original research: (1) structured abstract; (2) introduction with statement of the purpose of the study; (3) complete description of the methods (eg, design, sample, evaluation instruments, procedures, statistical analyses); (4) clear report of the results; and (5) conclusions/discussion of the findings.

All randomized controlled trials submitted for publication should include a completed [CONSORT flow chart](#) as a cited figure and the completed [CONSORT checklist](#) should be uploaded with your submission as a supplementary file.

#### Quality Improvement (QI) Projects and Evidence-Based Practice (EBP) Reports

We encourage full-scale quality improvement (QI) projects and evidence-based (EBP) initiatives that have been implemented with solid practice, educational, or policy implications and are associated with the science of self-management related to diabetes and comorbid conditions.

Manuscripts that report pilot studies with small samples will not typically be considered for publication.

Please use the SQUIRE 2.0 guidelines as a framework for reporting new knowledge about improving healthcare. Consider all SQUIRE 2.0 guidelines. However, it may be inappropriate or unnecessary to include every SQUIRE 2.0 item in the manuscript.

### **Meta-analysis, Systematic Reviews, and Integrative Reviews**

Meta-analysis manuscripts are systematic, critical assessments of literature and data sources.

Integrative and Systematic literature involves a rigorous and specific methodology that addresses a specific clinical question or issue relevant to clinical practice and provides an evidence-based, balanced, patient-oriented review on a focused topic.

Reviews should include the clinical question or issue and its importance for diabetes care and education, description of how the relevant evidence was identified, assessed for quality, and selected for inclusion; synthesis of the available evidence such that the best-quality evidence (eg, well-conducted clinical trials, meta-analyses, and prospective cohort studies) should receive the greatest emphasis; and discussion of controversial aspects and unresolved issues.

Integrative literature reviews include experimental and nonexperimental studies (diverse methodologies) to understand various perspectives on a topic. Systematic literature reviews include experimental designs and often only randomized controlled trials (RCTs)

The specific type of study or analysis, population, intervention and outcomes should be described for each article or data source. Grading of scientific evidence of studies along with a description of the grading system used should be included in the table. Authors should submit the 2020 PRISMA flow diagram and checklist. A structured abstract is required.

*The Science of Diabetes Self-Management and Care* journal publishes reviews using a scientific method and does not publish comprehensive literature reviews, nor scoping reviews.

### **Position Statements/Consensus Statements of the ADCES**

Official position statements or consensus statements of The Association of Diabetes Care & Education Specialists are published in *The Science of Diabetes Self-Management and Care*.

### **Letters to the Editor**

These letters provide a forum for commenting on articles published in *The Science of Diabetes Self-Management and Care*. The length should not exceed 800 words of text with a minimal number of references. One table or figure may be included, if necessary. Any comments regarding a specific article must include the title, author(s), and date of publication. Letters that contain questions or criticisms in response to a previously published paper will be forwarded to the author(s) of that article for a reply. The sharing of ideas, experiences, opinions, and alternative views is encouraged. The editor-in-chief reserves the right to accept, reject, or excerpt letters for clarity and appropriateness of content, and to accommodate space requirements.

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The journal conforms to the [ICMJE requirement](#) that clinical trials are registered in a [WHO-approved public trials registry](#) at or before the time of first participant enrollment as a condition of consideration for publication. The trial registry name and URL, and registration number must be included at the end of the abstract.

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Other resources can be found at [NLM's Research Reporting Guidelines and Initiatives](#).

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Please include a structured abstract of 250 words between the title and main body of your manuscript that concisely states the purpose of the research, major findings, and conclusions. If your research includes clinical trials, the trial registry name and URL, and registration number must be included at the end of the abstract. Submissions that do not meet this requirement will not be considered.

For clinical trials, the trial registry name and URL, and registration number must be included at the end of the abstract.

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- Any other identifying information related to the authors and/or their institutions, funders, approval committees, etc, that might compromise anonymity.

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- Cite this data in your research

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Authors are responsible for the accuracy and completeness of all reference citations. Format the reference list according to the style shown in the *AMA Manual of Style* 11th ed. Reference numbers should be typed in Arabic superscript numerals in the text, outside periods and commas and inside colons and semicolons. A hyphen should be used to join a series of references. For example, As supported by previous research,<sup>1,5-8,23</sup>

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List all authors if six or less; for more than six, list only first three authors followed by "et al."

Davis J, Fischl AH, Beck J, Browning L, Carter A, et al. 2022 National standards for diabetes self-management education and support. *Sci Diabetes Self Manag Care*. 2022;48(1):44-59. doi:10.1177/26350106211072203

Powers MA, Bardsley JK, Cypress M, et al. Diabetes self-management education and support in adults with type 2 diabetes: a consensus report of the American Diabetes Association, the Association of Diabetes Care & Education Specialists, the Academy of Nutrition and Dietetics, the American Academy of Family Physicians, the American Academy of Pas, the American Association of Nurse Practitioners, and the American Pharmacists Association. *Diabetes Educ*. 2020;46(4): 350-369. doi:10.1177/0145721720930959

#### Book With Editor(s)

Cornell S, Halstenson C, Miller DK, eds. *The Art and Science of Diabetes Care and Education*. 5th ed. Association of Diabetes Care & Education Specialists; 2021.

#### Electronic Citations

Centers for Disease Control and Prevention. National diabetes statistics report, 2020: estimates of diabetes and its burden in the United States. Accessed month, date year. <https://www.cdc.gov/diabetes/data/statistics/national-diabetes-statistics>

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Review and follow *The Science of Diabetes Self-Management and Care* author and submission guidelines.

Designate a corresponding author. Please note *The Science of Diabetes Self-Management and Care* contributor policy.

Provide an abstract for all manuscripts.

Double-space manuscript and references.

Check all references for accuracy and completeness. Follow the reference style of the *AMA Manual of Style* 11th ed. Italicize and abbreviate journal names according to National Library of Medicine's abbreviations.

Include a title for each table and figure and explanatory legend including abbreviations used as needed.

Upload the title page, main document (including references), and each table and figure separately.

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Manuscripts must be typed double-spaced throughout including references. Use margins of at least 1 inch on the top, bottom, and sides of each page. Nothing should be typed in all uppercase letters. Number pages consecutively in the upper right-hand corner, beginning with the title page, and provide a running head (not exceeding 50 characters) at the top of each page.

The manuscript should be organized in the following manner:

Title Page (including Acknowledgments)

Structured Abstract

Introduction (no heading)

Research Design, Methodology, Results, Conclusions (for features)

Text Divided into Logical Headings and Subheadings as Appropriate

References

Tables, Figures, Legends, and Illustrations/photos on Separate Pages

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### **Structured Abstract**

All original feature articles, quality improvement (QI) reports, and evidence-based practice (EBP) initiatives must include a structured abstract of no more than 250 words using the following headings:

- a. Purpose (Begin this section with the sentence: The purpose of this study is to . . . Include the rationale for the study, hypotheses, objectives)
- b. Methods (study design, setting, characteristics of the sample, intervention, data collection procedures, evaluation measures)
- c. Results (key findings only, no details or statistics)
- d. Conclusions (information supported by the data, implications)

In general, the structured abstract should be written in a brief, concise style that provides an overview of the information in the article and allows the reader to survey the contents. Use simple, concrete words and short sentences that provide information rather than describing what information will appear in the article.

### **Terminology**

*The Science of Diabetes Self-Management and Care* journal supports person-first language. Do not use the word diabetic. For a list of language to avoid (such as blood glucose control, medication adherence or compliance) see suggested substitutions. Please refer to the following publication:

Dickinson JK, Guzman SJ, Marynuik MD, et al. The use of language in diabetes care and education. *Diabetes Educ.* 2017; 43(6):551-564. doi: 10.1177/0145721717735535

Use “blood glucose monitoring” (not blood sugar monitoring), “blood glucose check” (not test), and “blood glucose” (not blood sugar).

Use “type 1 diabetes” (Arabic numeral) and “type 2 diabetes.” Do not use “Type I or II” nor “IDDM” or “NIDDM.”

“T1DM” and “T2DM” are acceptable abbreviations for “type 1 diabetes” and “type 2 diabetes.”

“A1C” (not A1c or HbA1c) should be used.

“Low income” and “no income” are preferred over “the poor” or “the unemployed.”

“First world/third world” and “developed/developing” not recommended for descriptors for countries/regions.

The term “diabetes educator” has been replaced by “diabetes care and education specialist.”

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All clinical laboratory data including A1C should be given in traditional units followed in parentheses by units in the metric system according to the Systéme International d'Unités (SI units). Use the NGSP's A1C converter at <http://www.ngsp.org/convert1.asp> to calculate A1C values as both percent and mmol/mol. For example, blood glucose levels should be stated in the following manner: 80 mg/dL (4.44 mmol/L). Abbreviate units of measure in the text only when accompanied by numbers; units of measure should be abbreviated in tables.

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### Peer review policy

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Reviewer interacts with: Editor

Review information published: None

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