CHAPTER 6

SOCIOLOGICAL MAINSTREAM THEORIES

Major Sociological Theoretical Approaches in Criminology

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Positive criminology accounts for too much delinquency. Taken at their terms, delinquency [crime] theories seem to predict far more delinquency than actually occurs. If delinquents were in fact radically different from the rest of conventional youth . . . Then involvement in delinquency would be more permanent and less transient, more pervasive and less intermittent than is apparently the case. Theories of delinquency yield an embarrassment of riches, which seemingly go unmatched in the real world.

—David Matza, Delinquency and Drift (1964)

The early classical, biological, and psychological traditions in criminology theory were similar in their relatively conservative view of society (the consensus model) as well as in their search for the cause of crime in either lack of fear of deterrence, defective individual genetics, or the psyche. The individual criminal was the unit of analysis. The only departures from this deviant behavior approach to criminality were found in the writings of the economic theorists (Marx and Bonger) and the ecologists (Quetelet and Guerry). Economic and ecological theories constitute the groundwork for the preeminence of sociological approaches to criminological theory beginning in the 1930s in the United States. Societal conditions, groups, social disorganization, and conflict have become additional units of analysis. Crime is perceived as a status (definition) as well as behavior (pathology), and sociological criminology in general takes a more critical stance toward the society itself as generator of criminal conduct.
Major Sociological Theoretical Approaches in Criminology

Table 6.1 is a more detailed outline of the sociological theories that were briefly presented in Table 4.1, Major Theoretical Approaches in Criminology. These include mainstream sociological theories: anomie, social process, social control, and developmental and life-course theories.

Discussion will begin with the mainstream tradition and the views of late nineteenth-century sociologist Émile Durkheim and the “anomie theories” that he inspired. Other representatives of this approach are Robert Merton, Richard Cloward and Lloyd Ohlin, and Albert Cohen.

Anomie Theories

Émile Durkheim and “Anomie”

The writings of French sociologist Émile Durkheim (1858–1917) were in sharp contrast to the Social Darwinist, individualist, and psychological and biological positivist theories dominant in the

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*See Table 7.1 for other theoretical approaches in criminology.*
late nineteenth century. The works of Durkheim represented a return to the thinking and orientation of the statistical/ecological theories advocated by Quetelet and Guerry, an approach that had been preempted by the popularity of Lombroso and the early biological positivists.

In his works—which included *The Division of Labor in Society* (1964), originally published in 1893, and *Suicide* (1951), first released in 1897—Durkheim insisted on the primacy of groups and social organizations as explanatory factors of human misconduct. As we said in Chapter 1, he viewed crime as a normal phenomenon in society because group reactions to deviant actions assist human groups in defining their moral boundaries. In his doctoral dissertation, *The Rules of Sociological Method* (1950), which was completed in 1893, Durkheim defined the sociologists’ role as that of systematic observers of “social facts,” empirically observable group characteristics that impact on human behavior. Durkheim’s analysis of suicide clearly demonstrated his hypothesis of group influences on individual propensity to suicide. In *Suicide* (1951) he identified several types, which included: altruistic (“selfless” suicide), egoistic (self-centered suicide), and anomic (suicide due to “anomie” or a state of normlessness in society). The latter concept is Durkheim’s principal contribution to the field of criminology.

The term *anomie* appeared in the English language as early as 1591 and generally referred to a disregard for law (Fox, 1976, p. 115). *Anomie*, literally from the Greek “without norms,” as used by Durkheim involves a moral malaise; a lack of clear-cut norms with which to guide human conduct (normlessness). It may occur as a pervasive condition in society because of a failure of individuals to internalize the norms of society, an inability to adjust to changing norms, or even conflict within the norms themselves.

Social trends in modern urban-industrial societies result in changing norms, confusion, and lessened social control over the individual. Individualism increases and new lifestyles emerge, perhaps yielding even greater freedom but also increasing the possibility for deviant behavior. The close ties of the individual to the family, village, and tradition (what Durkheim calls “mechanical solidarity”), though confining to the individual, maintained social control. In modern societies (characterized by “organic solidarity”) constraints on the individual weaken. In a theme that would influence many later criminological theories, Durkheim viewed anomie in modern societies as produced by individual aspirations and ambitions and the search for new pleasures and sensations that are beyond achievement even in times of prosperity (Durkheim, 1951, p. 256).

This notion of anomie would influence a number of criminological theories, constituting a theoretical school of thought within mainstream or conventional criminology that began with the work of Robert Merton in the late thirties and continued with Richard Cloward and Lloyd Ohlin and Albert Cohen in the post-World War II period. Chronologically preceding these later developments in the anomie tradition was the work of “the Chicago school” of sociology and another major approach—the social process school of thought. These theories were less concerned with the origin of crime in society and concentrated instead on the social process (learning, socialization, subcultural transmission) by which criminal values were transmitted to individuals by groups with which they were affiliated.

**Merton’s Theory of “Anomie”**

As part of the jointly sponsored American Society of Criminology and Academy of Criminal Justice Sciences “Criminology and Criminal Justice Oral History Project,” Robert Merton described how he developed some of his theories (American Society of Criminology, 2004). He was interested in examining “what is it about our society and cultural institutions, not just individual characteristics such as feeblemindedness, that causes deviance?” There is a dysfunction between the American dream (a cultural value) of success and social structure (means of achieving). Class and ethnic
structures provided differential access. Merton wanted to look at deviance in addition to conformity in society and explain differential rates. Functionalism had concentrated on positive functions of things, and so he wanted to explore their dysfunctions.

Robert Merton’s theory of “anomie” first appeared in 1938 in an article titled “Social Structure and Anomie.” Modifying Durkheim’s original concept, Merton (1957, pp. 131–94) viewed anomie as a condition that occurs when discrepancies exist between societal goals and the means available for their achievement. This discrepancy or strain between aspirations and achievement has resulted in Merton’s conception being referred to as “strain theory.” According to this theory, U.S. society is firm in judging people’s social worth on the basis of their apparent material success and in preaching that success is available to all who work hard and take advantage of available opportunities. In reality the opportunities or means of achieving success (“the American dream”) are not available to all. Merton (1938) states:

*It is only when a system of cultural values extols, virtually above all else, certain common symbols of success for the population at large while its social structure rigorously restricts or completely eliminates access to approved modes of acquiring these symbols for a considerable part of the same population, that antisocial behavior ensues on a considerable scale.* (p. 78)

Thus according to Merton’s theory of anomie, antisocial behavior (crime) is produced by the very values of the society itself in encouraging high material aspirations as a sign of individual success without adequately providing approved means for all to reach these goals. This discrepancy between goals and means (strain) produces various “modes of personality adaptation,” different combinations of behavior in accepting or rejecting the means and goals. Given this high premium placed on individual success without concomitant provision of adequate means for its achievement, individuals may seek alternate (nonapproved) means of accomplishing this goal. American fiction, the Horatio Alger stories of “rags to riches,” the media, and literature constantly pound home the theme of success. “Social Darwinism” (the theme that the capable or fit will succeed) and the “Protestant ethic” (the attachment of religious value to work) have been persistent philosophies. These values are generally accepted by persons of all social classes.

One of the essential premises of this approach is that organization and disorganization in society are not mutually exclusive, but rather that many of the cultural values that have desirable consequences (“manifest functions”) often contain within them or produce undesirable consequences (“latent functions”; Merton, 1961).

**Modes of Personality Adaptation**

Merton describes five possible *modes of personality adaptation* that represent types of adjustments to societal means and goals: the conformist, the innovator, the ritualist, the retreatist, and the rebel. All except the conformist are deviant responses. The *conformist* accepts the goal of success in society and also the societally approved means of achieving this status, such as through hard work, education, deferred gratification, and the like. Acceptance of the goals does not indicate that all actually achieve such satisfactory ends, but that they have faith in the system.

The *innovator* accepts the goal of success, but rejects or seeks illegitimate alternatives to the means of achieving these aims. Criminal activities such as theft and organized crime could serve as examples, although societally encouraged activities such as inventing could also provide illustrations. An interesting example is the case of Fred Demara, Jr., well known through the book *The Great Imposter* (Crichton, 1959). A high school graduate, Demara was disappointed that people had to spend much of their lives preparing—usually for only one occupation. Forging credentials and
identities he launched into careers as a college professor, Trappist monk, penitentiary warden, and surgeon in the Canadian Navy, to mention just a few.

The ritualist is illustrated by the “mindless bureaucrat” who becomes so caught up in rules and means to an end that he or she tends to forget or fails to place proper significance on the goal. This individual will compulsively persist in going through the motions with little hope of successful achievement of goals.

The retreatist represents a rejection of both societally approved means and ends. This adaptation might be illustrated by the advice of Timothy Leary, the prophet of psychedelic drugs in the sixties, who preached, “tune in, turn on, and drop out.” Chronic alcoholics and drug addicts may eventually reject societal standards of jobs and success and choose the goal of “getting high” by means of begging, borrowing, or stealing.

The rebel rejects both means and goals and seeks to substitute alternative ones that would represent new societal goals as well as new methods of achieving them, such as through revolutionary activities aimed at introducing change in the existing order outside normal, societally approved channels.

A Critique of Merton’s Theory

Merton’s theory, very well received in sociology and in criminology, became the basis of a number of subcultural theories of delinquency to be discussed shortly. Criticisms of the theory include that:

- His assumption of uniform commitment to materialistic goals ignores the pluralistic and heterogeneous nature of U.S. cultural values.
- The theory appears to dwell on lower class criminality, thus failing to consider law breaking among the elite. Taylor et al. (1973, p. 107) express this point: “Anomie theory stands accused of predicting too little bourgeois criminality and too much proletarian criminality.”
- The theory is primarily oriented toward explaining monetary or materialistically oriented crime and does not address violent criminal activity.
- If Merton is correct, why does the United States now have lower property crime rates than many other developed countries?

While many writers (Hirschi, 1969; Johnson, 1979; Kornhauser, 1978) have concluded that Merton’s theory does not hold up empirically, more recent research by Farnworth and Lieber (1989) argues in favor of its durability. They indicate that strain (anomie) theory combines psychological and structural explanations for crime and thus avoids purely individualistic explanations, and that the research of the critics failed to examine the gap or strain between economic goals and educational means. Farnworth and Lieber found this a significant educational predictor of delinquency in their sample of juveniles, and concluded that the theory is “...A viable and promising theory of delinquency and crime” (1989, p. 273).

Classic strain theory (as it is sometimes called given the strain or discrepancy between goals and means) has had additional conflicting support. Research did not find higher delinquency among those with the greatest gap between aspirations and expectations. Those with low aspirations and low expectations had the highest offense rates. Other studies, however, have shown support (Agnew et al., 1996; Cullen & Agnew, 2003, p. 119).
There have been a variety of efforts to revise strain theory. One revision involves using the concept of “relative deprivation,” one’s felt sense of deprivation relative to others, such as a reference group. Another alteration is to view adolescents as pursuing a number of goals besides monetary and status ones. These might include popularity with peers and romantic partners, good grades, athletic prowess, and even positive relationships with parents (Agnew et al., 1996; Cullen & Agnew, 2003).

**Robert Agnew’s General Strain Theory (GST)**

A persistent writer in the strain tradition has been Robert Agnew (1992, 1995, 1997). He views strain as due to negative relationships in which individuals feel that they are being mistreated. These negative relationships may take a variety of forms: others preventing the achievement of goals such as monetary success; activities that threaten to remove valued relationships such as the loss or death of a significant other; finally, the threat of negatively valued stimuli such as insults or physical assault. For some, such activities increase the likelihood for anger and frustration, as well as the likelihood that crime becomes a means of resolving this. Agnew and White (1992) claim that delinquency was higher among those experiencing negative life events, for example, parental divorce or financial problems. It was also higher for those with interactional problems with teachers, parents, and others. Why some react to the strain by committing crime and others not needs to be specified.

Agnew (1992, 1994) has revised traditional anomie (strain) theory by going beyond Merton’s presumed economic strain and identifying other sources of strain. His general strain theory (GST) views strain as a more general phenomenon than the discrepancy between aspirations and expectations. Strain can also take place when others take something of value from us or when one is confronted with negative circumstances. A psychological state of negative affect is critical and includes disappointment, frustration and anger. Delinquency becomes a means to regain what one has lost or been prevented from obtaining (instrumental), or retaliatory (a means of striking back), or escapist (a means of getting away from anger and strain). Thus, Agnew identifies three major types of strain. In addition, other types of strain may:

- Prevent one from achieving positively valued goals.
- Remove or threaten to remove positively valued stimuli that one possesses.
- Present or threaten to present one with noxious or negatively valued stimuli.

In a test of GST, Paternoster and Mazerolle (1999) obtained mixed findings. Negative relationships with adults, dissatisfaction with friends, and school life and stress were related to delinquency. Such strain may, however, be managed by other strategies such as drug use, compensatory success in school, athletics, or after school jobs. Strain does weaken conventional social bonds and strengthen unconventional bonds.

An extension of Merton’s theory has been offered by Steven Messner and Richard Rosenfeld in their *Crime and the American Dream* (1994) and their “institutional anomie theory.” The hunger for wealth is viewed as insatiable, and all social institutions become subservient to the economic structure. Culturally induced pressure to accumulate material rewards combined with weak controls by noneconomic institutions produces an institutionalization of anomie (Chamlin & Cochran, 1995) and an institutionalization of the use of deviant means for success. The unimpeded pursuit of monetary success is the “American Dream.” Economic institutions predominate, subordinating all other institutions such as the family, church, or school, reducing their power particularly in the socialization of children.
Subcultural Theories

Merton’s modification of Durkheim’s notion of anomie began the “anomie tradition” in U.S. criminology, with further influential theoretical work by writers such as Richard Cloward and Lloyd Ohlin and Albert Cohen, which directed itself toward subcultural theories of delinquency.

Merton’s theory had a major impact on many of the more sociologically oriented theories of crime and delinquency. A major area of theoretical focus from the thirties through the sixties in U.S. criminology related to juvenile gangs, as studies of citations in recent criminology textbooks (Schichor, 1982) and frequently cited books and journal articles (Wolfgang, 1980b) show.

Cohen’s “Lower Class Reaction” Theory

Albert Cohen was an undergraduate student of Robert Merton and later a graduate teaching assistant for Edwin Sutherland at Indiana University. In the “Oral History Project” tapes (American Society of Criminology, 2004), he explains that, despite having been a 1939 Phi Beta Kappa graduate of Harvard, he had been turned down for aid in graduate schools because he was Jewish. He even received a letter from a department chair of a state university saying it was not their policy to hire Jews. Fortunately, Sutherland had offered him a teaching assistantship at Indiana.

Albert Cohen’s (1955) Delinquent Boys presents a theory about lower class subcultural delinquency. According to his theory, delinquency is a lower class reaction to middle class values. Lower class youth use delinquent subcultures as a means of reacting against a middle class–dominated value system in a society that unintentionally discriminates against them because of their lower class lifestyles and values. Unable to live up to or accept middle class values and judgments, they seek self-esteem by rejecting these values. Cohen (1955, p. 25) carefully qualifies his remarks by indicating that this theory is not intended to describe all juvenile crime.

He views much lower class delinquency as nonutilitarian, malicious, and negativistic. Much theft, for instance, is nonutilitarian, performed for status purposes within the gang rather than out of need. Maliciousness is expressed in a general disdain for middle class values or objects and a negative reaction to such values. The delinquent gang substitutes its own values and sources of self-esteem for the middle class values it rejects. Some examples of middle class values include: ambition, individual responsibility, verbal skills, academic achievement, deferred gratification (postponement of rewards), middle class manners, nonviolence, wholesome recreation, and the like. The gang subculture, as depicted in the accompanying photo, offers a means of protection and of striking back against values and behavioral expectations the lower class youth is unable to fulfill.

A Critique of Cohen’s Theory

Major criticisms of Cohen’s theory relate to:

- His overconcentration on lower (working) class delinquency.
- His assumption that lower class boys are interested in middle class values (Kitsuse & Dietrick, 1970).
- Cohen, like other subcultural theorists, fails to address ethnic, family and other sources of stress as well as the recreational (“fun”) aspects of gang membership (Bordua, 1962).
- By emphasizing the nonutilitarian nature of many delinquent activities, Cohen tends to underplay the rational, for-profit nature of some juvenile criminal activities.
Cohen's theory fits into the “anomie tradition” in that he views lower class delinquency and gang membership as a result of strain or a reaction to unfulfilled aspirations. A related subcultural theory by Walter Miller disagrees with this strain hypothesis and argues instead—in the social process tradition of Shaw, McKay, and Sutherland—that lower class delinquency represents a process of learning and expressing values of one’s membership group. Miller’s theory will be discussed in detail shortly.

Cloward and Ohlin’s “Differential Opportunity” Theory
An extension of the works of both Merton and Sutherland (to be discussed) appeared in Richard Cloward and Lloyd Ohlin’s (1960) Delinquency and Opportunity. A Theory of Delinquent Gangs. According to their theory of differential opportunity, working-class juveniles will choose one or another type of subcultural (gang) adjustment to their anomie situation depending on the availability of illegitimate opportunity structures in their neighborhood. Borrowing from Merton’s theme, Cloward and Ohlin view the pressure for joining delinquent subcultures as originating from discrepancies between culturally induced aspirations among lower class youths and available means of achieving them through legitimate channels. In addition to legitimate channels, Cloward and Ohlin stress the importance of available illegitimate opportunities, which may also be limited, depending on the neighborhood. Neighborhoods with highly organized rackets provide upward mobility in the illegal opportunity structure. Individuals occupy positions in both legitimate and illegitimate opportunity structures, both of which may be limited. Illegitimate opportunities are dependent on locally available criminal traditions.

Delinquent Subcultures
Cloward and Ohlin identified three types of illegitimate juvenile subcultures: criminal, conflict, and retreatist. The criminal subculture occurs in stable slum neighborhoods in which a hierarchy of available criminal opportunities exist. Such a means of adaptation substitutes theft, extortion, and property offenses as the means of achieving success. Disorganized slums (ones undergoing invasion-succession or turnover of ethnic groups) are characterized by a conflict subculture. Such groups, denied both legitimate and illegitimate sources of access to status, resort to violence, “defense of turf,” “bopping,” and/or “the rumble,” as a means of gaining a “bad rep” or prestige. The retreatist subculture is viewed by Cloward and Ohlin as made up of “double failures.” Unable to succeed either in the legitimate or illegitimate opportunity structures, such individuals reject both the legitimate means and ends and simply drop out; lacking criminal opportunity, they seek status through “kicks” and “highs” of drug abuse. These subcultures become the individual’s reference group and primary source of self-esteem. According to this theory, delinquent gang members do not generally reject the societal goal of success, but lacking proper means to achieve it, seek other opportunities.

A Critique of “Differential Opportunity” Theory
Cloward and Ohlin’s theory, building as it had on other respected theories, was well received in the field of criminology. Criticisms of the theory have generally involved:

- This theory focused exclusively on delinquent gangs and youths from lower and working-class backgrounds, ignoring, for instance, middle class delinquent subcultures.
- It is doubtful that delinquent subcultures fall into only the three categories they identified. In fact, much shifting of membership
and activities among members appears common (Bordua, 1961; Schrag, 1962).

- The orientation and specialization of delinquent gangs, even if the analysis is restricted to the United States, appear far more complex and varied than their theory accounts for.

Despite criticism, Cloward and Ohlin’s ideas were very influential in the field and comprised a broader theory than that of Albert Cohen (1955). Where Cloward and Ohlin viewed delinquency as an anomic reaction to goals, means discrepancy, and the particular form of adaptation dependent on available illegitimate opportunities, Cohen perceived delinquency as a reaction of lower class youth to unobtainable middle class values.

The implications of Cloward and Ohlin’s theory were not lost on policymakers. By improving legitimate opportunities, delinquency could be controlled. Then-Attorney General Robert Kennedy read *Delinquency and Opportunity* and was impressed and asked Lloyd Ohlin to assist in drafting legislation that resulted in the passage of the Juvenile Delinquency Prevention and Control Act of 1961. Such community action programs later became the basis of President Lyndon Johnson’s “War on Poverty” (Vold, Bernard, & Snipes, 2002).

Social Process Theories

*Social process theories* emphasize criminality as a learned or culturally transmitted process and are presented as an outgrowth of the “Chicago school of sociology” in the works of Henry Shaw and David McKay, Edwin Sutherland, Walter Miller, and David Matza.

The Chicago School

In 1892 the first American academic program in sociology was begun at the University of Chicago, marking the inception of sociology’s *Chicago school*. Names associated with this school would constitute a virtual Camelot of sociology: Park, Burgess, Wirth, Shaw, McKay, Thrasher, Zorbaugh, Anderson, Mead, Faris, Dunham, Thomas, Znaniecki, Cressy, and Sutherland, to mention just a few. Originally begun by sociologist Albion Small, the school would have a primary influence on the development of sociology as a distinctive American discipline in the twenties and thirties with Robert Park, Ernest Burgess, and Louis Wirth as the primary mentors. This group would develop a comprehensive theoretical system—urban ecology—that would generate a remarkable number of urban life studies (Stein, 1964).

Human Ecology

Like Durkheim, Park (1952) saw that freedom from group constraints often also entailed freedom from group supports. While Durkheim referred to this as anomie, Park used the notion of “individualization due to mobility.” *Ecology* is a field that examines the interrelationship between *human organisms and environment*. Park’s theory was based on *human ecology*, looking at humans and the environment and, more specifically, at urban ecology, viewing the city as a growing organism, heavily employing analogies from plant ecology. According to Park, the heterogeneous contact of racial and ethnic groups in the city often leads to competition for status and space, as well as conflict, accommodation, acculturation, assimilation, or amalgamation—terms all quite similar to concepts in botany (plant biology), such as segregation, invasion, succession, and dispersion. One of Park’s key notions was that of *natural areas*, *subcommunities that emerge to serve specific,*
specialized functions. They are called “natural” since they are unplanned and serve to order the functions and needs of diverse populations within the city. Natural areas provide institutions and organizations places to socialize its inhabitants and to provide for social control. Such natural areas include: ports of embarkation, Burgess’s “zone of transition,” ghettos, bohemos, hoboheimas, and the like. Burgess’s (1925) “concentric zone theory,” which views cities as growing outward in concentric rings, served as the graphic model for the Chicago school’s theory of human ecology. Figure 6.1 presents Burgess’s “concentric zone” theory.

Wirth’s (1938) theory of “Urbanism as a Way of Life” viewed the transition from the rural to the urban way of life as producing social disorganization, marginality, anonymity, anomie, and alienation because of the heterogeneity, freedom, and loneliness of urban life. The “Chicago school” expressed an antiurban bias in its analysis and a nostalgia for the small Midwestern towns in which most of its theorists had originated.

Using Park’s concept of natural areas as a building block, Chicago school students were enjoined to perform case studies of these areas in order to generate hypotheses as well as, it was hoped, generalizations. Park (1952) expressed the hope:

**Figure 6.1** Burgess’s Concentric Zone Theory

The natural areas of the city, it appears from what has been said, may be made to serve an important methodological function. They constitute, taken together, what Hobson has described as “a frame of reference,” a conceptual order within which statistical facts gain a new and more general significance. They not only tell us what the facts are in regard to conditions in any given region, but insofar as they characterize an area that is natural and typical, they establish a working hypothesis in regard to other areas of the same kind. (p. 198)

This empirical orientation, as opposed to armchair theorizing, was the chief contribution of the Chicago school. Among the students inspired to perform field research were Clifford Shaw and David McKay, and Edwin Sutherland.

Shaw and McKay’s “Social Disorganization” Theory
Ironically, although Clifford Shaw and Henry D. McKay are pointed to as members of the Chicago school, they never enjoyed faculty status at the University of Chicago, but performed their research while employed by the Illinois Institute for Juvenile Research in Chicago. Snodgrass (1972) indicates that neither Shaw nor McKay received his doctorate because of foreign language requirements, but worked closely with many faculty and students from the University (Carey, 1975). The lasting contribution of Shaw and McKay’s ecological studies in the thirties was their basic premise that crime is due more to social disorganization in pathological environments than the deviant behavior of abnormal individuals (Gibbons, 1979).

In the tradition of the statistical school of criminological theory, Shaw and McKay made extensive use of maps and official statistics to plot the ecological distribution of forms of social disorganization such as juvenile delinquency (Shaw, 1929; Shaw & McKay, 1942). Using Burgess’s concentric zone theory as a schema, as well as Park’s notion of natural areas, they were able to document the ecological impact on human behavior. For instance, one transitional area (an area undergoing invasion/succession) was shown to exhibit very high crime rates despite considerable change in its ethnic makeup. Such areas breed criminogenic influences that predispose occupants to crime and social disorganization. In other research, Shaw utilized ethnographic and autobiographical field methods in order to provide case studies of criminals and delinquents (Shaw, 1930; Shaw, McKay, & MacDonald, 1938). Imposing concentric circles on mapped areas of Chicago on which rates of social disorganization had been plotted, Shaw (1930) was able to demonstrate the highest rates of truancy, crime, delinquency, and recidivism in Zone II (area of transition), while such rates declined as one moved further out from the rings. Criminal attitudes and social pathology were viewed as culturally transmitted within the social environment.

A Critique of “Social Disorganization” Theory
The human ecologists’ insistence on ecological and social conditions having criminogenic impacts on otherwise normal individuals would inspire later criminologists such as Sutherland. Their stress on field studies and an empirical orientation would provide credibility to the fledgling disciplines of sociology and criminology and win them greater academic acceptance. A number of shortcomings, however, have been identified:

- Their theories at times border on ecological determinism: that an area or physical environment causes social pathology. Concentration on the geophysical environment tends to make the social structure and institutions secondary.
The attempt to borrow an organic analogy and adapt biological concepts, such as competition, invasion, succession, and the like to criminology, saddled the field with unnecessarily primitive concepts.

Some of the studies tend to commit the ecological fallacy (Robinson, 1950), in which group rates are used in order to describe individual behavior. Aggregate statistics do not yield accurate estimates if the intended unit of analysis is the behavior of individuals.

Although Shaw and McKay studied other cities, the theories and conceptions of the Chicago school (such as the concentric growth of cities) were perhaps applicable to Chicago, a city undergoing fantastic urbanization during the twenties and thirties, but may not apply to other urban communities, particularly since the post-World War II period.

These theories assume stable ecological areas, which in fact do not exist. Such areas disappeared in the post-World War II decentralization of urban areas (Bursik, 1988, pp. 523–24; Schuerman & Kobrin, 1986).

Problems in operationalizing (measuring) key concepts, such as delinquency rate and disorganization, arise when there is a heavy reliance on official statistics (Pfohl, 1985, p. 167).

There is an overemphasis on consensus in community and a lack of appreciation of political conflict (Bursik, 1988, p. 524).

In defense of Shaw and McKay, Brantingham and Brantingham (1984, p. 312) point out that they were not as guilty of falling into the ecological fallacy trap as many of their followers, since they supplemented many of their statistical studies with case studies. This was illustrated by ethnographic works such as Shaw, McKay, and MacDonald’s (1938) *Brothers in Crime* and Shaw’s (1930) *The Jack Roller*. Focusing on group or social process, the urban ecologists—Shaw and McKay in particular—were influential in shifting criminological analysis from an overconcentration on the individual deviant and instead toward the criminogenic influences of social environments.

**Routine Activities Approach**

A resurgence and rediscovery of interest in the ecological and social disorganization theories of crime have been rekindled by formulations such as Cohen and Felson’s (1979) and Felson’s (1983) “routine activities approach” to crime causation. This approach says, “The volume of criminal offenses will be related to the nature of normal everyday patterns of interaction. . . . There is a symbiotic relationship between legal and illegal activities” (Messner and Tardiff, 1985, pp. 241–42). In summarizing the routine activities approach, Felson (1987) indicates that:

1. It specifies three earthy elements of crime: a likely offender, a suitable target, and the absence of a capable guardian against crime. (2) It considers how everyday life assembles these three elements in space and time. (3) It shows that a proliferation of lightweight durable goods and a dispersion of activities away from family and household could account quite well for the crime wave in the U.S. in the 1960s and 1970s without fancier explanations. Indeed modern society invites high crime rates by offering a multitude of illegal opportunities. (p. 911)
Koenig (1991) explains that one of the origins of this theory was the Hindelang et al. (1977) “lifestyle exposure” theory, which proposes that the probability of crime varies by time, place, and social setting. An individual’s lifestyle places him or her in social settings with higher or lower probabilities of crime.

Other works that illustrate the reaffirmation of social disorganization theory are by Simcha-Fagan and Schwartz (1986), who include social disorganization and subcultural approaches in explaining urban delinquency. Similarly Byrne and Sampson (1986) indicate that the social-ecological model is based on the premise that community has independent impacts on crime that are not able to be separated from the individual level. White (1990) found that neighborhood burglary rates varied by highway accessibility; ease of entry increases both familiarity with escape routes and vulnerability. In “Deviant Places,” Stark (1987) argues that “kinds of places” explanations are needed in criminology in addition to the “kinds of people” explanations. He codifies thirty propositions from over a century of ecological explanations of both the Chicago school and the moral statisticians of the nineteenth century.

Stark identifies five aspects of high deviance areas: density, poverty, mixed use, transience, and dilapidation. These elements create criminogenic conditions for crime. His propositions include that density is associated with interaction between least- and most-deviant populations, higher moral cynicism, overcrowding, outdoor gatherings, lower levels of supervision of children, poorer school achievement, lower stakes in conformity, and increased deviant behavior. Crowding will increase family conflict, decrease the ability to shield wrongdoing, and thus increase moral cynicism. While Stark’s hypotheses are too numerous to cover here, his systematic extraction of propositions from over a century of social disorganization/ecological research represents a reaffirmation and resurgence of such literature (see also Taylor & Harrell, 1996). Crime Files 6.1 reports on the environmental crime prevention and “Designing Out Crime.”

In the News 6.1 presents the CAP Index. This is used to assess crime vulnerability of various localities.

Crime Files 6.1  Designing Out Crime

Issues
Our failure to bring crime under control through a wide range of modifications to the criminal justice system has blinded us to the successful efforts continuously being made by a host of private and public entities—municipalities, schools, hospitals, parks, malls, bus companies, banks, department stores, taverns, offices, factories, parking lots—to bring a wide range of troublesome and costly crimes under control. In most cases these successes are achieved by identifying ways to reduce opportunities for highly specific kinds of crime, the approach advocated by environmental crime prevention.

The essential tenets of environmental crime prevention, of which Crime Prevention through Environmental Design (CPTED) and Situational Crime Prevention are the best known examples, are to:

- Increase the difficulty of committing crime (e.g., credit card photos).
- Increase the perceived risks (e.g., burglar alarms).
- Reduce the rewards associated with criminal acts (e.g., PIN for car radios).
- Reduce the rationalizations that facilitate crime (e.g., simplify tax forms).

(Continued)
While the federal government gave some support to CPTED in the 1970s, interest in environmental crime prevention has languished in our country. One reason for this loss of support was the concern that blocking opportunities for crime would result in its displacement to some other target, time, or place (i.e., the net amount of crime would remain the same, although its manifestations would be different). This belief was bolstered by criminological theories that generally failed to recognize important situational determinants of crime, such as the availability of tempting goods to steal and the absence of adequate guardianship of vulnerable property and persons.

In recent years, however, new criminological theories have emphasized the role of opportunities in crime causation. These theories, which include routine-activity theory and rational-choice theory, argue that as the number of opportunities for crime increases, more crimes will be committed; conversely, as opportunities are reduced, so crime will decline. Whether or not displacement takes place depends on the ease with which offenders can obtain the same criminal rewards without greatly increased effort or risks. Somebody who has developed the habit of shoplifting from the supermarket will not inevitably turn to some other form of crime, involving greater risk of detection and more severe penalties, if the store takes effective preventive action. In fact, particular crimes serve special purposes for the offender. A thwarted rapist will not turn to mugging or drug dealing.

Policy Recommendations

• **Federal Crime Prevention Department:** A crime prevention department should be established in the Department of Justice along the lines of similar units now functioning in a number of European countries. This unit would have a research and dissemination role and would also initiate action to "design out crime" that more naturally falls to central government than to state or local agencies. For example, the department could ensure the security of the phone system, of credit cards, or of ATM cards through federal influence on manufacturers and service providers at an industry level. Important preventive initiatives that currently need federal government sponsorship include development of effective personal alarms for repeat victims of domestic violence and the use of PIN numbers for VCRs and other electronic devices that are targets for burglary.

• **Crime Prevention Extension Service:** A Crime Prevention Extension Service, linked to local universities, along the lines of the successful agricultural model, should be developed within the Department of Justice. Its mandate should be to deliver expert crime prevention advice to small businesses and local communities. Such a service would complement rather than compete with the work of the police, especially as community policing ideas take hold.


Research Project

Search the name "Oscar Newman." What is his main thesis regarding the impact of defensible space on crime?

Sutherland’s Theory of “Differential Association”

Perhaps the most influential general theory of criminality was that proposed initially in 1934 by Edwin Sutherland (1883–1950) in his **theory of differential association**. Simply stated, the theory indicates that *individuals become predisposed toward criminality because of an excess of contacts that advocate criminal behavior.* Due to these contacts a person will tend to learn and accept values and attitudes that look more favorably on criminality.
The CAP (Crimes Against Persons and Property) Index was developed by criminologists Robert Figlio and Steven Aurand. CAP Index, Inc. claims to be the leading provider of crime risk assessment to corporate America and Canada. It can be accessed at www.capindex.com. CAP Index, Inc. has used demographic data to assess the average crime risk in a given area. Enter a ZIP code for local crime maps; a risk rating of one indicates that the risk of violent crime for that area is less than one-fifth the national average, while a rating of ten indicates the risk is ten times the national average. The rating is a weighted statistical average for the entire ZIP code. Such crime risk for residents is different than that for businesses.

The CAP Index is compiled using 21 demographic variables including: population data, housing data, population mobility, economic data, and educational information. These data are more detailed and predictive than standard Uniform Crime Report (UCR) data. A crimecast model is constructed using these data as an indicator of “social disorder.”

Source: www.capindex.com

Research Project
Visit the CAP Index, Inc. site (www.capindex.com) and examine the various services available.

Sutherland’s theory was strongly influenced by Charles Horton Cooley’s (1902) theory of personality—“the looking-glass self.” Cooley viewed the human personality as a “social self,” one that is learned in the process of socialization and interaction with others. The personality as a social product is the sum total of an individual’s internalization of the impressions he or she receives of the evaluation of others—“mirror of alters.” “Significant others,” people who are most important to the individual, are particularly important in this socialization process. Thus in Cooley’s perception, the human personality is a social self, a product of social learning and interaction with others. Sutherland was also influenced by Shaw and McKay’s (1942) notion of social disorganization and cultural transmission of crime, as well as by French sociologist Gabriel Tarde’s (1912 [1890]) concept of imitation as the transmitter of criminal values. Similarly, in Sutherland’s explanation of criminality, crime is a learned social phenomenon, transmitted in the same manner that more conventional behavior and attitudes are passed on.

In explaining how he developed the theory, Sutherland indicated that he was not even aware that he had done so until, in 1935, Henry McKay referred to “Sutherland’s theory”: “I asked him what my theory was. He referred me to pages 51–52 of my book” (Sutherland, 1956b, p. 14). The first edition of Sutherland’s text was published in 1924; while the 1934 edition to which McKay referred contained the nexus of a theory, it was in the 1939 edition that Sutherland outlined its major propositions. These were slightly modified in the 1947 edition and have remained essentially the same in subsequent editions, which have been coauthored or (since Sutherland’s death in 1950) authored by Donald Cressey.

The nine propositions of the differential association theory are these (Sutherland, 1947, pp. 6–7):

- Criminal behavior is learned.
- Criminal behavior is learned in interaction with other persons in a process of communication.
- The principal part of the learning of criminal behavior occurs within intimate personal groups.
When criminal behavior is learned, the learning includes:
(a) techniques of committing the crime, which are sometimes
very simple; and (b) the specific direction of motives, drives,
rationals, and attitudes.

The specific direction of motives and drives is learned from
definitions of the legal codes as favorable or unfavorable.

A person becomes delinquent because of an excess of
definitions favorable to violation of law over definitions
unfavorable to violation of law.

Differential association may vary in frequency, duration, priority,
and intensity.

The process of learning criminal behavior by association with
criminal and anticriminal patterns involves all of the mechanisms
that are involved in any other learning.

While criminal behavior is an explanation of general needs and
values, it is not explained by those general needs and values
since noncriminal behavior is an expression of the same needs
and values.

Differential association theory is not directed at the issue of the origin of crime in society,
but concentrates instead on the transmission of criminal attitudes and behavior. It is a behavioris-
tic theory—“previous behavior causes subsequent behavior”—and contains elements of a “soft
social determinism,” that is, exposure to groups does not cause but predisposes individuals to crim-
inal activity or causes them to view it more favorably. Why, then, do not all with similar exposure
become similarly criminal? Sutherland’s notion of variations in contacts provides for individual
reaction to social groups and exposures.

Contacts in Differential Association
Contacts in differential association vary according to frequency, duration, priority, and intensity.
Frequency deals with the number of contacts, duration with the length of time over which an indi-
vidual is exposed to such contacts. The sheer length and volume of association with criminogenic
influences impact on different people in different ways. Humans are not robots responding in a pre-
dictable manner to a given number of influences. Priority refers to the preference individuals express
toward the values and attitudes to which they are exposed, while intensity entails the degree of mean-
ing the human actor attaches to such exposure. While Sutherland (1947) admits an inability to reach
a quantitative or exact measurement of these modalities, a very general example should illustrate
their operation. What explains the good child in the bad environment? Despite a great frequency
and long duration of exposure to criminal attitudes, such individuals fail to prefer such values and
attach greater meaning to noncriminal attitudes that, although less frequently available, may be
found in “significant others,” perhaps role models such as teachers, coaches, peers, and the like.

A Critique of “Differential Association”
Because it is a general theory of criminality and is relatively compatible with many other criminolog-
ical explanations of crime, differential association theory enjoyed widespread acceptance in the field.
It was not, however, without critics. Donald Cressey, Sutherland’s coauthor, explains that since
Sutherland’s principal propositions are presented in only two pages in his textbook, the theory is
often misinterpreted by some critics, most notably Vold (1958, p. 194). Among these claimed errors of interpretation, Cressey (Sutherland & Cressey, 1974, pp. 78–80) mentions the following:

- The theory is concerned only with contacts or associations with criminal or delinquent behavior patterns. (It actually refers to both criminal and noncriminal behavior, as demonstrated by the use of terms such as “differential” and “excess” of contacts.)
- The theory says persons become criminals because of an excess of associations with criminals. (It actually says that criminal attitudes can be learned from the unintentional transmission of such values by noncriminals.)
- Using the 1939 version of the theory, critics believe the theory refers to “systematic criminals.” (This has been modified since the 1947 version to refer to all criminal behavior.)
- The theory fails to explain why persons have the associations they have. (It does not pretend to do so.)

Cressey (1960) also addresses other criticisms that he feels are misinterpretations; however, a number of shortcomings have been identified:

- While Sutherland traces the roots of criminality to culture conflict and social disorganization, a comprehensive theory of criminality should provide more explanation of the origin of crime.
- Since it is a general theory, it is difficult to either empirically prove or disprove it by means of research, and reformulations are necessary in order to permit testing (see Burgess & Akers, 1966; DeFleur & Quinney, 1966).
- The theory fails to account for all forms of criminality.
- The theory fails to acknowledge the importance of non-face-to-face contacts such as media influences (Radzinowicz & King, 1977, p. 82).

Despite these and other criticisms, differential association remains important as a useful general theory of criminality even though it may fail to specify the process for each individual case of criminality. The theory of differential association remains one of the most cited theories in modern criminology and will probably remain so until a more acceptable general theory of criminality appears. It has also received support in recent research (Matsueda, 1988; Orcutt, 1987), although Warr and Stafford (1991) indicate that attitude is not as important as actual peer behavior and group pressures to conform.

A variation of differential association can be found in Ronald Akers and Robert Burgess’s (Burgess & Akers, 1966) “differential reinforcement” (social learning) theory.

“Differential reinforcement” refers to the balance of anticipated or actual rewards or punishments that follow or are consequences of behavior. Whether individuals will refrain from or commit a crime at any given time . . . depends on the past, present, and anticipated future rewards and punishments for their action. (Akers, 1994, p. 98)
Akers's theory combines Sutherland’s concept with behavioral conditioning and even classical concepts of rewards and punishments and has found considerable empirical support (Burgess & Akers, 1966, pp. 102–104).

Miller’s “Focal Concerns”
Walter Miller’s (1958) ideas appeared in an article titled “Lower Class Culture as a Generating Milieu of Gang Delinquency.” Miller limits the applicability of his theory to “...members of adolescent street corner groups in lower class communities” (1958, p. 5). Unlike Cohen, who viewed such delinquency as a lower class reaction to middle class values, Miller views such activity as a reflection of the focal concerns of dominant themes in lower class culture. These are “...areas or issues which command widespread and persistent attention and a high degree of emotional involvement” (p. 7). Faced with a chasm between aspirations and the likelihood of their achievement, lower class youth seek status and prestige within one-sex peer units (gangs) in which they exaggerate focal concerns already in existence in lower class culture. Thus gang delinquency, rather than representing an anomic reaction to unobtainable middle class goals, represents, in the tradition of social process theory, a pattern of subcultural transmission or learning of values prevalent in the local environment.

The focal concerns of lower class culture emphasize: trouble, toughness, smartness, excitement, fate, and autonomy. Getting into trouble often confers prestige and a means of obtaining attention. The “class clown” and the “bad dude” become attention-getting roles. Toughness, “machismo,” having physical prowess, or being able to handle oneself are highly prized characteristics among lower class males. The “hard guy” is preferable to the “chump,” “wimp,” or “sissy.” Smartness involves the capacity to outsmart, outfox, outwit, dupe, ‘take,’ or ‘con’ another... (p. 7). This is illustrated by the “streetwise” game of “playin’ the dozens” (Berdie, 1947), a highly ritualistic game of razzing, “ranking,” or “cappin’ on someone’s Mom” practiced by lower class black males in particular. Extremely foul insults are traded by two antagonists, the themes usually relating to sexual matters and female relatives of one’s opponent. Such insults are rhythmically presented one-liners whose object is to leave the opponent speechless or “humbled out.” “Playin’ the dozens” is also known as signification. A young man engaging in such activities, creating poetry of the streets, would be regarded in conventional society as having a “bad mouth.”

The theme of excitement emphasizes the quest for skill, danger, risk, change, activity. Rather than a subject of control and planning, the future is perceived as a matter of fate, luck, or good fortune. Gambling’s popularity in lower class culture makes it the “poor person’s stock exchange.” Autonomy (independence) looms as a dominant concern in lower class culture, particularly among males, even though it is less likely to be achieved given their narrow occupational and life options. “Being one’s own man”—that is, being free from authority, “the man,” and external constraint—is a strong value.

A Critique of Miller’s Theory
- Like the other subcultural theories, Miller’s theory also ignores middle and upper class delinquent/criminal activity.
- By focusing exclusively on the lower class, Miller and others in this tradition are perhaps most responsible for the criticism that mainstream sociology ignores deviance of the powerful.
- Miller’s theory rests very heavily on the assumption of the existence of a distinctive lower class culture that holds values and attitudes distinct from, if not at odds with, dominant middle class
values. The pluralistic nature of U.S. society makes it quite uncertain that such a distinctive value system, solely based on class, indeed exists.

Miller’s theory views criminogenic influences as learned or transmitted as part of subcultural values. Similarly, the writings of David Matza present delinquency as part of a general social process of learned cultural values rather than as an anomic reaction to unobtainable goals.

**Matza’s "Delinquency and Drift"**

The theories of David Matza are presented in his book, *Delinquency and Drift* (1964), and in a coauthored article with Gresham Sykes (Sykes & Matza, 1957), titled “Techniques of Neutralization.” Matza’s theories including that of delinquency and drift are an example of soft determinism, which holds that, although human behavior is determined to some extent by outside forces, there still exists an element of free will or individual responsibility (Matza, 1964, pp. 5–7). Humans are neither entirely constrained nor entirely free, nor is the individual entirely committed to delinquent or nondelinquent behavior. Matza (p. 28) explains the drift theory of delinquency:

> The delinquent exists in a limbo between convention and crime responding in turn to the demands of each, flirting now with one, now the other, but postponing commitment, evading decision. Thus he drifts between criminal and conventional action.

*Subterranean Values.* Rather than being wholly committed to delinquency, most delinquents are dabbling in it and are acting out subterranean values of society (pp. 63–64) that exist alongside more conventional values in a pluralistic society such as the United States. Conventional society attempts to control the expression of these values and reserve it for the proper time and place; in a sense, it is the practice of “morality with a wink.” The delinquent, rather than being committed to goals that are alien to society, exaggerates society’s subterranean values and acts them out in caricature. Sykes and Matza explain (1957):

> The delinquent may not stand as an alien in the body of society but may represent instead a disturbing reflection or caricature. His vocabulary is different, to be sure, but kicks, big time spending and rep have immediate counterparts in the value system of the law abiding. The delinquent has picked up and emphasized one part of the subterranean values that coexist with other, publicly proclaimed values possessing a more respectable air. (p. 717)

Thus, while conventional mores disapprove of subterranean values, they often represent “hidden” patterns or themes in the culture. Illicit sexual behavior, slick business practices, a dislike of work, substance abuse, and media violence as a popular form of entertainment are examples. Delinquents simply have poor training and timing in the expression of subterranean values. The pervasiveness of subterranean values might be illustrated by the attempt of conventional members of “straight” society to appear “hip,” “with it,” and “streetwise.” “Can you dig it?”

**Techniques of Neutralization**

Sykes and Matza’s (1957) term techniques of neutralization refers to rationalizations or excuses that juveniles use to neutralize responsibility for deviant actions. In drift situations, offenders can lessen their responsibility by exaggerating normal legal defenses (for example, self-defense or insanity) or by pointing to the subterranean values prevalent in society. They identify five techniques of neutralization:
1. Denial of responsibility, such as appeals based on one's homelife, lack of affection, and social class.

2. Denial of harm to anyone, such as defining stealing as "borrowing" or drug abuse as harming no one but the offender.

3. Denial of harm to victim, in which the assault is justified since the person harmed was also a criminal.

4. Condemning the condemners, reversing the labeling process by claiming that authorities are more corrupt than the offender, and are hypocritical as well.

5. Appeal to higher authority, which claims that the offense was necessary in order to defend one's neighborhood or gang.

As an illustration of the techniques of neutralization, the song “Gee, Officer Krupke” from the musical *West Side Story* has members of the Jets arguing that they are victims of “a social disease.”

Sykes and Matza (1957) explain:

*The delinquent both has his cake and eats it too, for he remains committed to the dominant normative system and yet so qualifies its imperatives that violations are “acceptable” if not “right.” Thus the delinquent represents not a radical opposition to law abiding society but something more like an apologetic failure, often more sinned against than sinning in his own eyes. We call these justifications of deviant behavior techniques of neutralization; and we believe these techniques make up a crucial component of Sutherland’s “definitions favorable to the violation of the law.” It is by learning these techniques that the juveniles become delinquent, rather than by learning moral imperatives, values or attitudes standing in direct contradiction to those of the dominant society. (p. 668)*

**A Critique of Matza’s Theory**

Matza provides a transition between Sutherland’s social process theories and the social control theories to be discussed next. By combining deterministic models with the notion of free will, he avoids the overly deterministic nature of many earlier theories and explains why the majority of individuals who find themselves in criminogenic settings do not commit crime. His concept of neutralization enables him to escape the problem inherent in previous subcultural theories of delinquency, which rested on the premise that delinquent values were at variance with conventional values. Some possible shortcomings of Matza’s views include the following:

- While some research has shown offenders to be prone to rationalizing their behavior (Ball, 1980; Regoli & Poole, 1978), Hindelang (1970) found different value systems among delinquents. Obviously more research is needed.

- In order for his theory to be correct, empirical evidence must demonstrate that Matza’s neutralization takes place during the period of drift preceding the act, a concept that may be difficult to operationalize.

Hamlin (1988) argues that the notion of rational choice in neutralization theory has been misplaced and that such rationalizations are utilized after the fact only when behavior is called into question (see Minor, 1981, 1984, for additional analysis).
The transitional nature of Matza's theories with social control approaches can be found in his notion of drift, in which individuals become temporarily detached from social control mechanisms. This release from group bonds is the basic unit of analysis in social control theories.

**Social Control Theories**

The final grouping of mainstream socio-criminological theories to be discussed is referred to as social control theories and is represented by the work of Walter Reckless and Travis Hirschi.

Social control theories address the issue of how society maintains or elicits social control and the manner in which it obtains conformity or fails to obtain it in the form of deviance. As Gibbons (1979, p. 113) points out, this once-major area of sociological investigation is still viable. While one aspect of the concept dealt with penology or corrections, another aspect, the subject of this discussion, was concerned with socialization and learning processes, the internalization of societal norms (inner controls), and external influences (outer controls; Clark & Gibbs, 1965). Although a number of writers have contributed to social control theories, this presentation will concentrate primarily on the formulations of Walter Reckless and his associates (1956, 1961; Reckless & Dinitz, 1967) and Travis Hirschi (1969).

**Reckless's “Containment” Theory**

One of the earliest and best-known examples of social control theory was Walter Reckless's (1961) containment theory. Like his contemporary Sutherland, Reckless was a product of the Chicago school of sociology and one of the mainstream pioneers in U.S. criminology (Gibbons, 1979). Reckless wrote an early textbook called *The Crime Problem* in 1940, and in a much later edition began to state his theories. Containment theory basically holds that *individuals have various social controls (containments) that assist them in resisting pressures that draw them toward criminality*. This theory attempts to account for social forces that may predispose individuals to crime as well as for individual characteristics that may insulate them from or further propel them toward criminality. Various social pressures, treated in previously discussed deterministic theories, exert pushes and pulls on the individual; these pressures interact with containments (protective barriers), both internal and external to the individual, and these containments add the element of free will in resisting criminality. Thus the presence or absence of social pressures interacts with the presence or absence of containments to produce or not produce individual criminality.

The basic elements of Reckless's containment theory (Reckless & Dinitz, 1967; Reckless, Dinitz, & Kay, 1957) can be summarized:

Layers of Social Pressures:

- **External pressures** push an individual toward criminality. Variables impinging on an individual include: poor living conditions, adverse economic conditions, minority group membership, and the lack of legitimate opportunities.
- **External pulls** draw individuals away from social norms and are exerted from without by bad companions, deviant subcultures, and media influences.
- **Internal pressures** push an individual toward criminality; they include personality contingencies such as inner tensions, feelings of inferiority or inadequacy, mental conflict, organic defects, and the like.
Containments:

- **Inner containments** refer to the internalization of conventional behavioral values and the development of personality characteristics that enable one to resist pressures. Strong self-concept, identity, and strong resistance to frustration serve as examples.

- **Outer containments** are represented by effective family and near support systems that assist in reinforcing conventionality and insulating the individual from the assault of outside pressures.

Reckless and his colleagues (Reckless, Dinitz, & Kay, 1957) felt that the theory was helpful in explaining both delinquency and nondelinquency, as indicated by the title of one article, “The ‘Good Boy’ in a High Delinquency Area.” Individuals may become predisposed toward criminality because of strong external pressures and pulls and weak inner and outer containments, while others with these same pressures may resist because of a strong family or through a strong sense of self. Weak containments plus strong external pressures provide the conditions for individual criminality. The attractiveness of containment theory is its general ability to subsume variables discussed in other more specific theories as well as its attempt to link the deterministic and free will models and to intersect socioeconomic factors, as well as biological and psychological factors, with individual biography.

A Critique of “Containment” Theory

Reckless and associates (Reckless, Dinitz, & Kay, 1957; Reckless, Dinitz, & Murray, 1957; Scarpitti et al., 1960) have attempted to verify his theory. In one study, they had teachers in a high-delinquency area nominate “good boys”; they found strong self-images as well as more conventional behavior among this group four years later. But critics call for more research, indicating that poor operationalization and weak methodology have plagued these studies (Schrag, 1971; Schwartz & Tangri, 1965). As a very general sensitizing theory that attempts to account for both criminogenic forces and individual responses, the containment theory is a useful descriptive model; but actual empirical specification of the process is problematic.

Hirschi’s “Social Bond” Theory

Travis Hirschi (1969) in *Causes of Delinquency* presented his **social bond theory**, which basically states that delinquency takes place when a person’s bonds to society are weakened or broken, thus reducing personal stakes in conformity. Individuals maintain conformity for fear that violations will rupture their relationships (cause them to “lose face”) with family, friends, neighbors, jobs, school, and the like. In essence, individuals conform not for fear of prescribed punishments in the criminal law, but rather from concern with violating their groups’ mores and the personal image of them held by those groups. These bonds to society consist of four components: attachment, commitment, involvement, and belief.

**Attachment** refers to a bond to others (such as family and peers) and important institutions (such as churches and schools). Weak attachment to parents and family may impair personality development, while poor relationships with the school are viewed as particularly instrumental in delinquency. **Commitment** involves the degree to which an individual maintains a vested interest in the social and economic system. If an individual has much to lose in terms of status, job, and community standing, he or she is less likely to violate the law. Adults, for instance, have many more such commitments than do juveniles. **Involvement** entails engagement in legitimate social and
recreational activities that either leaves too little time to get into trouble or binds one’s status to yet other important groups whose esteem one wishes to maintain. Finally, belief in the conventional norms and value system and the law acts as a bond to society. Like Reckless’s containment theory and Matza’s delinquency and drift, Hirschi’s social bond theory combines elements of determinism and free will; individual choice still enters the equation.

A Critique of “Social Bond” Theory

Social bond theory has been relatively well received because as a general theory it subsumes and is supported by many more specific findings with respect to relationships between crime/delinquency and particular variables. School performance, family relationships, peer group attachments, and community involvement as predictors of norm violation have been stock items in criminological research. Research by Hirschi (1969), a partial replication by Hindelang (1973), and review of studies by Bernard (1987) provide some strong support for control theory. Strong parental attachments, commitment to conventional values, and involvement in conventional activities and with conventional peers were found to be predictive of nondelinquent activity. While Agnew (1985) found that social control variables explained only 1 to 2 percent of future delinquency and that cross-sectional studies exaggerated the importance of Hirschi’s theory, Rosenbaum (1987) found that the theory explained some types of delinquency better than others. The theory accounted for more female than male crime and for more drug use than violence or property offenses. Variations of social control theory have been offered by Briar and Piliavin (1965), who theorize that individuals evaluate the risk of being caught and punished once bonds are weakened, and Glaser (1978), who combines elements of differential association, control, and classical theory. While Hirschi’s social control appears to be quite useful in explaining the general process of commitment/non-commitment to delinquency, more research is certainly needed in order to specify and modify it. Hirschi’s theory is not concerned with societal origins of crime but with individual deviation from given societal norms.

Gottfredson and Hirschi’s “General Theory of Crime”

As a successor to his “social bond” theory, Hirschi joined with Michael Gottfredson in proposing another theory. Combining elements of classical, positivistic, and social control theories, Gottfredson and Hirschi (1990; Hirschi & Gottfredson, 1990) claim to have developed a “general theory of crime.” This general theory is that “low self-control” in the pursuit of “self-interest” causes crime. Deficiencies in parenting distinguish those who express this trait from those who do not, who express themselves in greater deviance and criminality. Those with high self-control would be less likely to become involved in such activity. Surprisingly, Hirschi and Gottfredson also claim that this same “self-control” theory explains “white collar crime” (Hirschi & Gottfredson, 1987) and that the causes of white collar crime are not distinct from the causes of other crimes (see Cullen et al., 1991; Daly, 1989).

Glaser (1990) notes that Gottfredson and Hirschi’s “general theory of crime” is “usefully complemented, and not contradicted, by differential association, deviant subculture, and social learning theories. These theories explain why socially disorganized neighborhoods provide the greatest opportunities, social support, and learned rationalizations for persons to express low self control in street felonies (p. 2).”

While Gottfredson and Hirschi’s “general theory of crime” is a very ambitious effort, it is regarded as severely flawed in relation to what later in the next chapter is described as the “global fallacy,” the tendency to make a useful specific theory of crime explain all crime. Is this theory intended to explain corporate price fixing, insider trading on Wall Street, international terrorism?
Hirschi and Gottfredson also rely upon the Uniform Crime Reports (UCR) for their measurement of white collar crime. This is a “baffling” (Reed & Yeager, 1991) error since, as any student of criminology is aware, the UCR measures only “the white collar crimes” of fraud, forgery, and embezzlement, and even these tend to be less serious cases (Steffensmeier, 1989b). The UCR is a worthless measure of white collar crime. Reed and Yeager (1996) further point out that Hirschi and Gottfredson test their theory by focusing on white collar crimes that most resemble conventional crimes. When Reed and Yeager examined the theory using organizational (corporate) offenders, they found it inadequate.

Finally, as discussed in Chapter 3 in the section on the family, there is a tendency in this theory to commit what Currie (1985, p. 185) calls the “fallacy of autonomy,” to assume that what happens in the family (poor parenting creating low self-control) is somehow separate from other social policies, inequality, racism, unemployment, and social neglect.

John Hagan’s “Power-Control” Theory

John Hagan (1989) in his power-control theory of crime, attempts to rectify a major shortcoming in delinquency theory—it’s almost total ignoring of female offenders. Viewing much delinquency as risk-taking or fun, children who are exposed to strong parental controls will avoid risk, which lessens delinquency. According to John Hagan, power relationships between father and mother influence the control exercised over sons and daughters.

In traditional patriarchal households, boys are exposed to fewer controls than girls and are, therefore, greater risk takers and more delinquent than girls. In more equalitarian family structures, both sexes are subject to similar social controls and have more similar delinquency levels. Cullen and Agnew (2003) indicate that the empirical validity of Hagan's thesis is still in doubt. The theory does not appear to address single parent families or more serious, violent crime.

Developmental and Life Course (DLC) Theories

Developmental and life course theories address three ideas:

- The development of offending and antisocial behavior.
- Risk factors of committing delinquency/crime at different ages.
- Effects of life events on life course development (Farrington, 2003).

David Farrington, one of the leading advocates of these theories, carefully delimits their purpose when he indicates that the theories are intended to explain “crimes of theft, burglary, robbery, violence, vandalism, minor fraud and drug use” as exhibited in official records and self-reports. Thus, DLC theories are intended to apply to offending by lower class, urban males in Western society (Farrington, 2003). Developmental theories in criminology began in the 1980s with the work of Alfred Blumstein and associates (Blumstein et al., 1986) with longitudinal studies of criminal careers. Large-scale longitudinal studies during the 1990s supplied the raw material for developmental theories. These included studies in Denver, Pittsburgh, Rochester, New Zealand, and Montreal (Huizinga et al., 2003).
Farrington (2003, pp. 223–224) identifies ten assumptions about offending that DLC theories must explain:

1. Offending prevalence peaks between 15–19 years of age.
2. Onset offending peaks between 8–14 and desistance occurs between 20–29.
3. Early onset portends long criminal duration and the commission of many offenses.
4. There is continuity in offending from childhood to adolescence to adulthood. High offenders in one period tend to be high offenders in the next, even though most eventually desist from crime.
5. Chronic offenders have an early onset, high offense frequency and long criminal careers.
6. Offenders are versatile rather than specialized, with violent offenders indistinguishable from other frequent offenders.
7. Offenders are versatile at crimes as well as antisocial behavior such as bullying, truancy and heavy drinking.
8. Crimes in the teenage years tend to take place in groups, while offenses after age 20 are committed alone.
9. Prior to age 20, revenge, excitement or anger may motivate offenders; while after this age, utilitarian motives predominate.
10. The onset of different types of offenses occurs at different ages. Shoplifting takes place sooner than burglary, which occurs before robbery. Diversification in crime increases to age 20, after which specialization increases (Piquero et al., 1999). Gang membership as depicted in our photograph has its onset in the teens and desistance in the early twenties.

Desistance (quitting criminal activity) after age 20 is predicted by “life events” such as marriage, employment, military service, and better residential environments. The task of DLC theories is to specify risk factors and protective factors for persistence or desistance after age 20. Farrington (2003) denotes a variety of DLC theories that are too detailed to cover other than in a cursory
manner in this text. This includes Farrington’s Integrated Cognitive Antisocial Potential (ICAP) theory, which features his key variable of “antisocial potential” (AP).

**Farrington’s “Antisocial Potential” (AP) Theory**

Farrington’s ICAP on “antisocial potential” (AP) theory posits that relatively few people have high AP or potential to commit antisocial acts. Long-term AP involves impulsiveness, strain and life events, while short-term AP depends on situational and motivating factors. Desires for material goods, peer status, excitement, and sexual experience combined with antisocial means of satisfying these needs that are denied legitimately result in high AP. Attachments, the socialization process, and other factors associated with the individual and his or her social environment affect AP.

Other DLC theories include Catalano and Hawkins’s (1996) “Social Development Model” (SDM), which explores the balance between antisocial and prosocial bonding. The prosocial pathway rewards prosocial behavior, while the antisocial pathway leads to antisocial bonding. Offending in teenage years is affected primarily by bonding to antisocial peers, while life events such as marriage and moving out of the city leads to desistance. Terrie Moffit (1999) distinguishes between “life-course persisters” (LCP) and “adolescence-limited offenders” (AL). LCP is predicted by neuropsychological problems such as hyperactivity, impulsivity, low self-control, and childhood temperament (Farrington, 2003, p. 241). LCPs fail to learn prosocial behavior, while AL offending is only temporary.

Marc LeBlanc (1996) proposed an integrated control theory which argues that bonding and personality influence modeling and constraints that influence offending. Social disorganization, rational choice, self-control, and opportunities all influence crime commission. Terence Thornberry and Marvin Krohn’s (2001) “interactional theory” sees offending (onset, duration, and desistance) as affected by other life course trajectories such as attachment to parents and commitment to school and work. Social class, race, and neighborhood influence behavioral trajectories. Causal processes (poverty, ineffective parents) interact with negative temperament and neuropsychological defects. Rolf Loeber and associates (1993), on the basis of their Pittsburgh longitudinal study, suggest different pathways to crime and delinquency. These include an “authority conflict pathway” that features stubborn behavior that leads to disobedience and defiance and a “covert pathway” characterized by lying and property destruction and street property crime. The “overt pathway” involves aggressive acts. Perhaps the best known of recent DLC theories is found in the writings of Robert Sampson and John Laub.

**Sampson and Laub’s “Life Course” Criminality**

Robert Sampson and John Laub in *Crime and Deviance over the Life Course* (2003) look at social bonds as they affect adult offending and examine continuities and change in criminality over time. What accounts for persistence or desistance in adult criminal behavior? Sampson and Laub find the answer in social interaction with adult institutions of social control, particularly jobs and marital relations that serve as inhibitors of crime. The “life course” is defined as “pathways through the age differential life span” during which events take place that influence life stages, transitions, and turning points (Sampson & Laub, 2003). Trajectories and transitions are key components in life course theory. The timing and ordering of significant life events affect criminality. A “trajectory” is a long-term pathway such as worklife, marriage, parenthood, self-esteem, and criminal behavior. “Transitions” are specific events that take place in these trajectories such as first job or first marriage. The same event followed by adaptations may lead to different trajectories (Sampson & Laub, 2003).
Sampson and Laub contend that childhood antisocial behavior is associated with a variety of later adult misconduct, such as offenses in the military, educational failure, employment instability, and marital discord. Furthermore, they posit that “social bonds to adult institutions of informal social control (e.g., family, education, neighborhood, work) influence criminal behavior over the life course despite an individual’s delinquent and anti-social background” (Sampson & Laub, 2003). The importance of social controls varies across the life course. In childhood and adolescence, family, school and peer groups are important; in early adulthood, higher education, training, work and marriage take precedence; while in later adulthood, work, marriage, parenthood and community become important.

In developing their theory, Sampson and Laub did a secondary (reanalysis) of longitudinal data gathered by Sheldon and Eleanor Glueck (1930), which had begun in the 1930s. The Gluecks had followed matched cohorts of 500 delinquent and nondelinquent boys. Involving detailed follow-up with parents, teachers, and officials, they were interviewed at age 14, age 25, and age 32 and measured on a wide range of variables including biological, sociological, and psychological. In examining the Glueck data, Laub and Sampson found as Hirschi described it that, when social bonds are weakened, delinquency increased. In addition, adult bonds such as marriage and jobs also explained criminality beyond earlier delinquency. Strong social relationships were also found to build “social capital” (what Hirschi called “stakes in conformity”) that inhibit deviance.

In 2003, Sampson and Laub (2003) published the longest longitudinal study in criminological history. The follow up on the Glueck’s data tracked their cohort literally from age seven to age seventy. Examining whether they could identify a distinct offender group whose crime persisted with increasing age and the effect of individual, childhood, and family background on offending trajectories, they came up short, finding that crime declined with age eventually for all offenders. Desistance worked for even the most active offenders and life-course persists. Even childhood background predictors were ineffective in predicting long-term offending trajectories. All offenders were “life-course desisters” in that all desisted, but at different times in the life course.

DLC theory has been very popular and influential both in the field of criminology as well as in juvenile justice policymaking. It has been endorsed by the Office of Juvenile Justice and Delinquency Prevention as a component of its comprehensive plan for delinquency prevention. It has also been adopted by states such as Washington and Pennsylvania.

**Summary**

Theory is necessary for capturing the essence of criminology. The major sociological theoretical approaches in criminology are: mainstream theories (anomie, social process, and social control approaches) and critical theories (labeling, conflict, and radical [Marxist] theories).

Emile Durkheim is the father of the “anomie tradition,” which also includes Merton’s notion of “anomie and personality adaptations,” Cloward and Ohlin’s “differential social organization,”
and Cohen's theory that delinquency is a “lower class reaction” to middle class values. While Durkheim viewed anomie as a state of normlessness, a moral malaise experienced by individuals when they lack clear-cut guidelines, later theorists such as Merton adapted the theory to refer to a situation that results from a gap between societal goals and the means provided to achieve them. This, according to Merton, results in “modes of personality adaptation”: conformity, innovation, retreatism, ritualism, or rebellion. Cloward and Ohlin argue that the juvenile-subculture gang response to anomie depends on the “differential social organization” (legal and illegal opportunity structures) in the neighborhood. Depending on the type, one of three juvenile delinquent subcultures may emerge: the criminal, conflict, or retreatist. Cohen’s theory of delinquency presents it as “lower class reactions to unobtainable or rejected middle class values” such as ambition, verbal skills, nonviolence, and the like. He views much delinquency as nonutilitarian, malicious, and negativistic.

The social process tradition concentrates on learning, socialization, and subcultural transmission of criminal values. Originating in the work of the “Chicago school” of sociology in the twenties and thirties, and in particular with the works/ideas of Burgess (“concentric zone model”), Park (“natural areas”), and Wirth (“urbanism as a way of life”), human ecology was seen, at least initially, as an organizing perspective. This approach examines the interrelationship between humans and their physical/social environment. Included among better-known Chicago school criminologists are Clifford Shaw and David McKay, and Edwin Sutherland.

Making extensive use of maps and official statistics, Shaw and McKay viewed delinquency as reflecting the “social disorganization” of areas in which individuals lived, so delinquency was less a matter of individual abnormality and more a matter of “cultural transmission” or social learning. Concern that Shaw and McKay committed the “ecological fallacy” (attributed group characteristics to individuals) may be alleviated by the fact that they performed a number of case studies of criminals. Cohen and Felson’s (1979) “routine activities approach” views crime as related to everyday, normal activities such as the proliferation of consumer goods and the lack of guardians. Sutherland’s “differential association theory,” the most popular theory in U.S. criminology, states that individuals become predisposed toward criminality because of an excess of contacts that advocate criminal behavior, contacts that vary according to frequency, priority, intensity, and duration. Differential association aims at describing the process by which crime is transmitted but does not address itself to origins of crime. Miller’s theory of delinquency views it as reflecting “the focal concerns of the lower class,” such as an emphasis on trouble, toughness, smartness, excitement, fate, and autonomy.

David Matza’s “delinquency and drift” theory claims that individuals are often in a limbo or uncommitted status between delinquent and nondelinquent behavior. He and Gresham Sykes view delinquents as acting out “subterranean values” (underground values that exist along with more conventionally approved values) and utilizing “techniques of neutralization” (rationalizations) in order to justify their behavior.

Social control theories argue that individuals deviate when removed or weakened. Reckless’s “containment theory” views containments (Walter Reckless) or social bonds (Travis Hirschi) as individuals resisting or giving in to various pressures based on social controls (self-concept or close support systems). Hirschi’s “social bond theory” states that delinquency arises when bonds to society are reduced and the individual has fewer stakes in conformity. These bonds consist of: attachment, commitment, involvement, and belief.

Developmental and life course criminality theories are an attempt to track the onset, persistence and desistance of criminal behavior. They represent an effort to track crime commission longitudinally.
CHAPTER 6: Sociological Mainstream Theories

Key Concepts

- Anomie
- Antisocial potential
- Chicago School
- Cohen’s Lower Class Reaction Theory
- Containment Theory
- Delinquency and Drift
- Desistance
- Developmental/Life Course Theory
- Differential Association Theory
- “Differential Opportunity”
- Ecological Fallacy
- Human Ecology
- “Looking-Glass Self”
- Miller’s Focal Concerns
- Modes of Personality Adaptation
- Natural Areas
- Power Control Theory
- Social Bond Theory
- Social Control Theory
- Social Disorganization Theory
- Soft Determinism
- Subcultural Theories
- Subterranean Values
- Techniques of Neutralization

Review Questions

1. How does Merton’s concept of anomie differ from that of Durkheim? What is your assessment of the usefulness of Merton’s anomie/strain theory in explaining crime in the United States?

2. What contribution did the Chicago School of Sociology make to the study of criminology?

3. What are Sutherland’s “Differential Association” theory’s assumptions regarding crime causation?

4. What is Miller’s notion of delinquency reflecting the focal concerns of the lower class? How does this differ from Albert Cohen’s notion of delinquency being a “lower class reaction to middle class society”?

5. David Matza had three important concepts: “delinquency and drift,” “subterranean values,” and “techniques of neutralization.” Discuss each of these and explain how they explain delinquency/crime.

6. Discuss Reckless’s “Containment Theory.” What are some containments that enable individuals to overcome the various layers of social pressures?

7. What is the major premise of “social bond theory”? How do these bonds vary for each individual? What have been some criticisms of this theory?

8. What is your assessment of Gottfredson and Hirschi’s “General Theory of Crime”?

9. How do mainstream sociological theories differ from the earlier classical, economic, ecological, and positivistic theories?

10. What is “routine activities” theory? Give an example of the practical application of this theory.
Criminology on the Web

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Selected Readings


This book provides excellent coverage of major classical and contemporary theories.


This anthology has a selection of 38 classic and contemporary articles and features excellent introductory essays to each section.


This book provides an excellent discussion of criminological theories.


This is a classic article by the author discussing the need to limit the scope of most theories.


This work contains many of the seminal ideas of a giant in American criminology—Robert Merton.


In a well-received update of Merton’s strain theory, Messner and Rosenfeld discuss an institutionalization of deviant means to economic success as pervasive in American society. This theory can be used to explain white collar crime.


This remains the standard reference on past and current developments in criminological theory.


This is an excellent general reference work that covers the entire range of criminological theory.