Each bimonthly issue of *Health Education & Behavior* (HE&B) features two self-study articles worth 2.0 Category I continuing education contact hours (CECH). HE&B self-study articles are valid up to one year after the issue date. HE&B dates of issues are: February, April, June, August, October and December.

Certified Health Education Specialist (CHES) self-study articles are marked with an asterisk (*) in each issue of HE&B.

**Where Do I Take the Tests?**
Visit The Center for Online Resources & Education (CORE) [https://sophe.peachnewmedia.com](https://sophe.peachnewmedia.com), and log in with your SOPHE member information or create a non-member account. Further instructions on how to receive credit for tests are available on CORE. PDFs of the journal articles are available on CORE, but you must pay for the test before you can access the article.

**What are the fees associated with self-study journal tests?**

- $18.00 per article for SOPHE members
- $34.00 per article for non-members

*Prices subject to change, please visit CORE for up-to-date pricing information.*

**When are test questions available on CORE?**
Test questions will be available by the 15th of the month in which the journal is published.

**How does scoring work?**

- 7 points or more will earn 2.0 credits
- 6 points or fewer will earn 0 credits
- Test questions not answered will be marked incorrect.
- Note: If you do not pass the test the first time you will need to pay in order to try again.

*SOPHE, including its chapters, is a designated multiple event provider of CECHs by the National Commission for Health Education Credentialing, Inc. This program is designated for Certified Health Education Specialists (CHES) to receive up to a total of 2.0 CECHs. Maximum Advanced-level contact hours available is 2.0. For more information, please visit [http://www.sophe.org/](http://www.sophe.org/).*